

PORT CITY OF ST. JOHN'S, NEWFOUNDLAND
INFORMATION FOR DESTINATION PLANNERS

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Email: dcook@stjohns.ca

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P.O. Box 6178

St. John's, NL A1C 5X8

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Fax: (709) 738-4784

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Manager Business Development

Telephone: (709) 738-4770

Email: bmccarthy@sjpa.com

Harbour Master

Telephone: (709) 738-4777

Fax: (709) 738-4784

Email: hflight@sjpa.com

Affiliated with: Cruiseship Association of Newfoundland and Labrador
www.cruisefoundlandandlabrador.com

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ST. JOHN'S "THE CITY OF LEGENDS" HIGHLIGHTS

Cultural Capitals of Canada

St. John's is proud to receive the designation "Cultural Capital of Canada" for 2006 by the Government of Canada. St. John's is noted for its residents' pride in and commitment to arts and culture. To celebrate this designation, an ambitious program of activities will be launched. Watch out for our multicultural noontime concerts, a re-enactment of the building of Fort Townshend, an Aboriginal Youth Cultural Gathering, and many more activities. Information on these and other events can be found on the City of St. John's website www.stjohns.ca and at our Visitor Information Centre.

The Oldest City in North America

For more than 500 years, St. John's has been visited by European explorers, adventurers, soldiers and pirates. St. John's, the provincial capital, is the economic and cultural centre for Newfoundland and Labrador. First discovered in 1497 by John Cabot and later claimed as the first permanent settlement in North America for the British Empire by Sir Humphrey Gilbert, St. John's has a rich and colourful history.

St. John's offers an enticing combination of old world charm, unique architectural, historic and natural attractions, top notch facilities and services, and is located in close proximity to spectacular coastlines, historic villages and a diverse selection of wildlife.

Signal Hill National Historic Site

Signal Hill overlooks the historic port city, witness to a bygone era. As early as 1704 signal flags were flown from this site to inform merchants of approaching ships, whether hostile or friendly. With its panoramic view of the Atlantic ocean, port and city, Signal Hill has been the site of countless military endeavours over the centuries, and in 1901, was on the receiving end of the first transatlantic wireless signal by Marconi. www.parkscanada.pch.gc.ca (see page II-7 for more details)

Cape Spear National Historic Site

This site is the most easterly point in North America, better known as the *Fast East of the Western World*. Besides the breathtaking coastal scenery, the major attraction is the lighthouse which is fully restored and is the oldest surviving lighthouse in Newfoundland. www.parkscanada.pch.gc.ca (see page II-1 for more details)

A City of Firsts

In December 1901, Guglielmo Marconi received the first transatlantic wireless transmission in an old hospital building on Signal Hill. On June 14, 1919, Alcock and Brown left St. John's and successfully completed the first transatlantic flight landing in Clifden, Ireland some 16 hours later. In addition, many adventurers leave from St. John's to cross the Atlantic in everything from hot air balloons to sail boards, and small crafts of all sorts. St. John's is also the first to see the sun rise and set in the western world.

Natural Environment

Besides humpback and minke whales, one can see fin, sperm, blue, pothead, sei and right whales in the coastal waters surrounding Newfoundland and Labrador. A variety of whales, marine life and icebergs in season, can be seen from vantage points within the city and from tour boats operating out of St. John's harbour. Just outside the city limits a marine bird sanctuary comes alive with seabirds and other marine life during the summer months.

ST. JOHN'S "THE CITY OF LEGENDS" HIGHLIGHTS

The Fluvarium

This attraction is the only public Fluvarium in North America where one can view Brook and Brown Trout in their natural habitat. www.fluvarium.ca (see page II-5 for more details)

Historic Downtown

Museums, galleries, historical buildings, parks, restaurants, pubs and specialty shops can be found along the narrow winding streets and laneways of one of the oldest mercantile districts in North America.

Grand Concourse

Major attractions in St. John's are connected by a series of urban walkways connecting parks, historic sites, the fluvarium, magnificent Victorian architecture and scenic ponds and river systems teeming with trout, waterfowl, songbirds and other wildlife. www.grandconcourse.ca (see page XVII-1 for more details)

Johnson GEO Centre

The Johnson GEO Centre, a geological interpretation centre opened in June 2002, under primary sponsorship of the Johnson Family Foundation, is located on an 18-acre site on Signal Hill, adjacent to Signal Hill National Historic Site. Most of the 30,000 sq. ft. building, including the exhibits area (approx. 13,500 sq. ft), is underground. Being below ground permits interpretation of interesting geological features on the natural rock walls which remains exposed in the exhibits area. In addition to the exhibits area, the building houses a variety of spaces including an auditorium, a classroom, a gift shop, and food vending, as well as special exhibits for the oil and gas industry and the mines and minerals industry.

With the theme of "Our Earth and Our People", the exhibits in the GEO Centre tells the remarkable story of the geological history of Newfoundland and Labrador, which extends back for an incredible 3.7 billion years. Only a handful of places in the entire world have such an extraordinary story of Earth to tell. The Centre's exhibits also illustrates how humankind has fit into this picture – how the Earth and its systems impact on one approach to survival on Earth, what uses we make of Earth, and how those uses affect the well-being of Earth.

The Johnson GEO Centre now houses The Titanic Story, and is one of only a few exhibits in the world authorized to display items from James Cameron's *Titanic*. www.geocentre.ca (see page II-5 for more details)

Railway Coastal Museum

In this magnificent heritage building this museum relates to the 100 year history of the Newfoundland Railway and Coastal Boat Service. The facility also houses the City of St. John's Archives. www.railwaycoastalmuseum.ca (see page II-7 for more details)

The Rooms at Fort Townshend

The Rooms is a state-of-the-art cultural centre that preserves and protects the province's heritage, history and culture. The Rooms houses the Newfoundland Museum, Provincial Archives of Newfoundland and Labrador, and the Art Gallery of Newfoundland and Labrador. www.therooms.ca

MAJOR ATTRACTIONS – ST. JOHN’S AREA

ADMIRALTY HOUSE MUSEUM & ARCHIVE

During World War I, HMS Wireless Station was occupied by a crew of 22. The Station provided North Atlantic communications for the Royal Navy and could intercept transmissions of the German Navy which was carrying out covert operations along the North Atlantic seaboard. It later served as a radio relay unit for iceberg tracking following the disastrous sinking of the Titanic in April 1912.

Visitors can see many exhibits related to the growth of communications in Newfoundland and receive instruction in the use of the latest ham radio equipment operated by SONRA. The Mount Pearl Sports Hall of Fame here. Admiralty House also contains: Naval Officers’ Quarters restored to early 1900s, Crew Quarters restored with artifacts from the H.M.S. Calypso and a Communications Museum.

Location: 23 Old Placentia Rd., Mt. Pearl
Season: Daily, 10 am - 4 pm
Mon. - Fri. (*off season*)
Telephone: (709) 748-1124
Email: sirjames@nfld.com
Website: www.nfld.com/~sirjames

APOTHECARY HALL

James O’Mara Pharmacy Museum

Heritage drug store circa 1895, is a replica of a working apothecary complete with a set of antique store fixtures (1889), a display of pharmaceutical implements as mortars and pestles, scales, pill makers, many shop bottles which contain ingredients to make medicines and patent medicines in their original containers.

Location: 488 Water Street
Season: June to Sept, or by appointment
Telephone: (709) 753-5877
Fax: (709) 753-8615
Email: jomara@nlpb.ca
Website: www.nlpb.ca

BOWRING PARK

This historic park located on Waterford Bridge Road, was presented to the people of St. John’s by the Bowring family in 1911, to celebrate their centenary in business in Newfoundland. A beautiful natural setting with meandering streams, shady walks, beautiful flower beds and friendly swans, geese and ducks in shady pools. There are excellent picnic sites in the park, a swimming pool and a playground for children. Special attractions include the famous statue of Peter Pan, unveiled in 1925, just west of the Duck Pond, the Connaught Stone, Horses Trough, Whale-Back Falls, Fighting Newfoundlander, and Caribou. To arrange access for motorcoaches into the park, please call in advance.

Location: Waterford Bridge Road
Telephone: (709) 576-6134/6112
Fax: (709) 576-8073
Email: bpf@bowringpark.com
Website: www.bowringpark.com

CAPE SPEAR NATIONAL HISTORIC SITE

Situated at the most easterly point in North America, Cape Spear is the site of the oldest surviving lighthouse in Newfoundland and Labrador. This two storey wooden structure was built in 1835 and served as an important approach light and beacon for mariners for St. John’s from 1836 until 1955 when a new light tower went into service. Today the Cape Spear lighthouse has been restored to 1839 and shows how a light keeper and his family might have lived in the mid-nineteenth century. A Visitor Centre nearby contains exhibits on the history of lighthouses and the tradition of light keeping. During the Second World War a coastal defence battery of two ten inch guns was built at Cape Spear to protect the approach to St. John’s harbour. The bunkers and massive gun barrels of this battery remains on site. Spectacular scenery and natural resources, including whales, seabirds, icebergs, and flora. (It is suggested that Parks Canada be notified, in advance of tours, at 772-5367).

Location: 11 km southeast of St. John’s
Newfoundland on Highway 11
Telephone: (709) 772-5367
Fax: (709) 772-6302
Email: cape.spear@pc.gc.ca
Website: www.pc.gc.ca

MAJOR ATTRACTIONS – ST. JOHN’S AREA

COLONIAL BUILDING

Constructed of finely wrought white limestone imported from Cork, Ireland, this stately edifice served as the home of the Government of Newfoundland from 1850 to 1960.

Telephone: (709) 729-0862
Fax: (709) 729-0870
Email: tcinfo@gov.nl.ca
Website: www.tcr.gov.nl.ca/tcr/historicsites/Colonial%20B.htm

COMMISSARIAT HOUSE

This provincial historic site was constructed in 1818 - 1821. This gracious Georgian structure is located in the east end and served as the home and office of the Assistant Commissary General. Guides in period costumes are on hand to show visitors through the site which is restored, furnished and decorated to the 1830 time period.

Location: King’s Bridge Road
Season: June - September
10:00 am - 5:30 pm daily
Telephone: (709) 729-6730
Off Season Tel: (709) 729-0592
Fax: (709) 729-6745
Off Season Fax: (709) 729-7989
Email: commissariat@nf.aibn.com

CONFEDERATION BUILDING

Standing on a hill overlooking historic St. John’s, Confederation Building houses the Legislative Assembly. The 12 storey East Block was opened in 1960 and, at that time, housed all Provincial Government departments, boards and commissions. The main floor lobby contains a mural by Newfoundland artist Harold B. Goodridge, which represents Newfoundland before and after confederation. The grounds also contain a number of sculptures. The six-storey West Block accommodates more than 2,000 Provincial Government employees.

Location: Prince Philip Drive
Telephone: (709) 729-2300
Season: Mon.-Fri., 8:30 am - 4:30 pm
Summer: Mon.-Fri.,
8:30 am - 4:00 pm (*summer*)

THE FLUVARIUM

A unique facility on the shores of Long Pond in the heart of Pippy Park. A series of nine panoramic viewing windows gives visitors a chance to see the secret underwater life of a river. This is the only year round public fluvarium in North America. Also displays exhibits related to freshwater ecology; live exhibits displaying frogs, toads, eels freshwater fish and invertebrates. Guided tours year round.

This building was built by the Quidi/Vidi Rennie’s River Development Foundation to educate people on freshwater resources and environments in Newfoundland and Labrador. The bottom floor of the Centre has a fluvarium which has an underwater viewing chamber which will allow visitors to see inside Nagle’s Brook. The visitors will be able to see fish in three different natural habitats and see the interactions, behaviours and competition between the different fish species. Visitors will also be able to view the fish at the various stages of their life cycles. On the main floor there are exhibits and interpretive materials on fluvial and marine ecosystems throughout Newfoundland and Labrador.

Location: Pippy Park, Nagle’s Place
Season: Open Year Round
Telephone: (709) 754-FISH (3474)
Fax: (709) 754-5947
Email: info@fluvarium.ca
Website: www.fluvarium.ca

FORT AMHERST

The first lighthouse in Newfoundland was built by the British Military Garrison in 1810 and is located at the base of the Southside Hills at the entrance to St. John’s Harbour Narrows opposite Signal Hill. Spectacular view of St. John’s Harbour and the Atlantic Ocean, as well as Signal Hill.

MAJOR ATTRACTIONS – ST. JOHN’S AREA

GASPAR CORTE REAL

This sculpture located on Prince Philip Drive commemorates the historical association between Portugal and Newfoundland over the past five centuries. Corte Real was a Portuguese navigator and explorer who visited Newfoundland at the beginning of the 16th century. The bronze statue is the work of Martins Correia and was presented to Newfoundland by the Portuguese Fisheries Organization on behalf of the Portuguese Grand Banks fishermen on September 8, 1965.

Location: Prince Philip Drive, St. John's

GEORGE STREET

George Street is the hub of activity both day and night for it is lined with pubs, dance bars, restaurants and cafes. Prince Edward Plaza is located on George Street. This is part of the heritage revitalization area of downtown.

GOVERNMENT HOUSE

This building is one of only a few in North America to have a moat surrounding it. It was commissioned by Governor Cochrane in 1824 and now serves as the private residence of the Lieutenant Governor as well as the guest home for visiting members of the Royal family.

Location: Military Road, St. John's
Season: Open Year Round
Telephone: (709) 729-4494
Fax: (709) 729-2234
Email: governmenthouse@gov.nl.ca
Website: www.mun.ca/govhouse/government_house.html

GRAND CONCOURSE AUTHORITY

WALKING TRAILS

120 kms of walking trails spanning across 3 municipalities. The Grand Concourse incorporates a network of lakes, ponds and rivers with supportive boardwalk to make the walk most comfortable.

Location: Primarily St. John's
Telephone: (709) 737-1077
Fax: (709) 737-1014
Email: info@grandconcourse.ca
Website: www.grandconcourse.ca

HISTORY OF MUSIC DISPLAY

A chronological display of artifacts, photographs, printed programmes, etc., reflecting music in Newfoundland and Labrador from about 1870 to the present.

Location: Lobby, School of Music
Memorial University of
Newfoundland
Season: Year round
Telephone: (709) 737-7487

MAJOR ATTRACTIONS – ST. JOHN’S AREA

JOHNSON GEO CENTRE

The Johnson GEO Centre, a geological interpretation centre opened in June 2002, under primary sponsorship of the Johnson Family Foundation, is located on an 18-acre site on Signal Hill, adjacent to Signal Hill National Historic Site. Most of the 30,000 sq. ft. building, including the exhibits area (approx. 13,500 sq. ft), is underground. Being below ground permits interpretation of interesting geological features on the natural rock walls which remains exposed in the exhibits area. In addition to the exhibits area, the building houses a variety of spaces including an auditorium, a classroom, a gift show, and food vending, as well as special exhibits for the oil and gas industry and the mines and minerals industry.

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Location: 175 Signal Hill Road
Telephone: (709) 724-7625
(709) 737-7886 (group visits)
Toll Free: 1-866-868-7625
Fax: (709) 737-7885
Season: Open Year Round
Email: info@geocentre.ca
Website: www.geocentre.ca

THE MURRAY PREMISES

Situated on the harbour front, this building was built in 1846 as an office and warehouse for trade and fishing. It is one of the oldest buildings in St. John's and was restored in 1979. It houses restaurants, offices, speciality boutiques and a new hotel.

Location: Harbour Drive, St. John's
Season: Open Year Round
Telephone: (709) 738-7773
Fax: (709) 738-7775
Email: info@murraypremiseshotel.com
Website: www.murraypremiseshotel.com

Newfoundland Science Centre

New exhibits arrive up to three times a year bringing science and technology into our everyday lives.

Location: 5 Beck’s Cove, Murray Premises
Season: Year Round
Telephone: (709) 754-0823
Fax: (709) 738-3276
Email: nsc@nl.rogers.com
Website: www.nlsiencecentre.com

NEWMAN WINE VAULTS

In the summer of 1679, a vessel sailed from Oporto, Portugal laden with port headed for London. Attacked by pirates and damaged by storms, the skipper sailed for St. John’s to find shelter at the plantation of Newman & Company.

In the spring the vessel returned to London. When the port was opened, it was discovered that it had taken on a new flavour. From then ‘til 1996, Newman’s sent port to Newfoundland.

The Newman Wine Vaults have been restored and opened to the public so that their heritage and history will be forever preserved and shared.

Location: Corner of Water St./Springdale St.
Telephone: (709) 739-7870/7871
Email: vaults@historictrust.com
Website: www.historictrust.com/newman.shtml

MAJOR ATTRACTIONS – ST. JOHN’S AREA

C. A. PIPPY PARK

Established in 1968, this 1,343 hectare park is located within the northern boundaries of St. John's and offers numerous recreational facilities; picnic areas, a fully-serviced campground, a golf course (753-7110), lounge, hiking and cross-country skiing. This 1342 hectare park in the north end of St. John's was given in 1968 to the citizens of Newfoundland and Labrador by Mr. Ches Pippy, a local benefactor. Other activities include bird watching, fishing and berry picking. Wild animals such as moose and rabbits frequent Pippy Park. Facilities include a playground, convenience store and a 156 site travel trailer park.

Telephone: (709) 737-3655
Fax: (709) 737-3303
Email: pippyparkinfo@nf.aibn.com
Website: www.pippypark.com

Memorial University’s BOTANICAL GARDENS AT OXEN POND

The Botanical Gardens at Oxen Pond cover 45 hectares of land close to the heart of St. John's. It is unusual in its dual purposes of botanical garden and nature reserve. The flower gardens include a rock garden, peat and woodland beds, cottage garden, perennial garden, rhododendrons and a display of Newfoundland heritage plants.

In the nature area, the garden has managed to attract many kinds of wildlife. One hundred and twenty species of birds and 26 butterfly species have been identified, while 212 species of flowering plants and ferns naturally grow within its boundaries. Guided tours are available from May to November on Saturdays & Sundays.

Location: 306 Mt. Scio Road (Pippy Park)
Season: May - Nov.
Telephone: (709) 737-8590
Off Season Tel: (709) 737-3422
Fax: (709) 737-8596
Email: garden@mun.ca
Website: www.mun.ca/botgarden/

Memorial University’s MARINE INSTITUTE

A world class centre of advanced marine technology and education. Its capabilities allow it to be the most comprehensive education, training and applied research resource in Canada in support of the fishing and marine transportation sectors. This institute has marine simulation facilities, the world’s largest flume tank, an aquaculture facility, a fully equipped and licensed food processing facility, marine diesel labs, and planetarium.

Location: 155 Ridge Road
Season: July 1 - mid August
Telephone: (709) 778-0372
Fax: (709) 778-0672
Email: public.relations@mi.mun.ca
Website: www.mi.mun.ca

INSTITUTE FOR MARINE DYNAMICS

An innovative research facility for the ship technology and oil/gas industries. Learn how scale model ocean vessels are made and tested. See models of Hibernia and Terra Nova. View the ocean simulated indoors and the world’s largest Ice Tank. Hull testing of cruise ships, yachts, etc., effects of ice on offshore industry.

Location: Prince Philip Drive
Telephone: (709) 772-4366
Website: www.nrc.ca/imd/

PROVINCIAL COAT OF ARMS

The Provincial Coat of Arms was recently erected on the front grounds of the Confederation Building on Prince Philip Drive and is made of polished granite. This coat of arms was officially adopted by the Newfoundland and Labrador Government on January 1st, 1928 and was donated by the Johnson Family Foundation.

MAJOR ATTRACTIONS – ST. JOHN’S AREA

THE PROVINCIAL WAR MEMORIAL

Newfoundland's tribute to her war dead is situated at Queen's Beach on Water Street East where Sir Humphrey Gilbert took possession of the island in 1583. The memorial was unveiled on July 1, 1924, by the late Field Marshall, Earl Haig.

Location: Water Street, St. John's

QUIDI VIDI AREA

Quidi Vidi Battery Provincial Historic Site

Quidi Vidi Battery, overlooking scenic Quidi Vidi Village, was originally erected by the French during their capture of St. John's in 1762. Later rebuilt by the British, it was occupied until well into the 19th century. Restored to the 1812 period, this battery is now staffed by guides dressed in period uniforms of the Royal Artillery.

Location: Cuckhold's Cove Rd.,
Quidi Vidi Village

Season: June to September

Telephone: (709) 729-2977

Fax: (709) 729-6745

Off Season Tel: (709) 729-0592

Off Season Fax: (709) 729-7989

Email: comissariat@nf.aibn.com

Quidi Vidi Village

Quidi Vidi Village is a picturesque fishing village within the City of St. John's. While wandering through the narrow winding roads you can visit Mallard Cottage or you can walk the Quidi Vidi Rennies River Trail.

Quidi Vidi Brewery

Fondly referred to as "The Gut" by locals, Quidi Vidi Village is one of Newfoundland's best kept secrets. Situated in the heart of St. John's, this rustic and historic fishing village manages to escape the hustle and bustle of the City.

Amongst this tranquillity, at the mouth of the harbour, sits Quidi Vidi Brewing Company. Formerly Cabot Seafoods fish plant, the building has undergone extensive renovations. It now houses a microbrewery with an annual production capacity of 6,000 hectolitres of beer. Tours of the Brewery are available daily during the summer (June to August). Off season tours are available by appointment.

Location: 35 Barrows Rd., Quidi Vidi Village

Telephone: (709) 738-4040

Fax: (709) 722-7373

Email: info@newfoundlandbeer.com

Website: www.newfoundlandbeer.com

Quidi Vidi Lake

Quidi Vidi Lake is the home of the annual Royal St. John's Regatta, the oldest continuing sporting event in North America. The Regatta runs the first Wednesday in August dating back to 1826. Stores and businesses close down so everyone can join in the festivities.

Mallard Cottage

The oldest cottage in North America. It is also a Provincial and National Heritage Site. An array of items including antiques, china, pictures, coins, stamps, etc.

Location: 2 Barrow's Rd., Quidi Vidi Village

Telephone: (709) 576-2266

Fax: (709) 738-5322

MAJOR ATTRACTIONS – ST. JOHN’S AREA

The United States Armed Forces Monument

Erected and dedicated in August, 1990. Located on the former Pepperrell Air Force Base property on the north bank of Quidi Vidi Lake. The concrete monument is the original one constructed by the United States Marines after they landed at Argentia Naval Station, Placentia Bay, on January 25, 1941. Here they raised the first American flag on Newfoundland soil on February 13, 1941. The setting, located in the area overlooking Pepperrell and Quidi Vidi Lake, is outlined with beautiful trees, bushes and floral arrangements. Three flag poles are erected and the flags of the United States, Canada and Newfoundland fly continuously.

Location: Former Pepperrell Air Force Base Property, North Bank of Quidi Vidi Lake, St. John’s
Season: Year round

RAILWAY COASTAL MUSEUM

In this magnificent heritage building this museum relates to the 100 year history of the Newfoundland Railway and Coastal Boat Service. The facility also houses the City of St. John’s Archives.

Location: 495 Water Street West
(former Railway Station)
Telephone: (709) 724-5929
Toll Free: 1-866-600-7245
Fax: (709) 724-5932
Email: info@railwaycoastalmuseum.ca
Website: www.railwaycoastalmuseum.ca

SIGNAL HILL NATIONAL HISTORIC SITE

As early as 1704, flag signals were flown from Signal Hill to inform St. John’s residents and merchants of the approach of ships both friendly and hostile. From that time until 1958 flag signal stations were maintained here. Construction of the most recent, Cabot Tower, began in 1897 to commemorate the 400th anniversary of John Cabot’s voyage of discovery and Queen Victoria’s Diamond Jubilee. A new era in communications was ushered in at Signal Hill on December 12, 1901, when Guglielmo Marconi received the first transatlantic wireless signal. In addition to communications, Signal Hill has a rich military history.

The English and the French fought several times for control of Signal Hill and it was here that the last battle of the "Seven Years War" was fought in North America (1762). Attractions of the site include: Cabot Tower, the Queen’s Battery, an Interpretation Centre, Gibbett Hill and battle re-enactments by the Signal Hill Tattoo during July and August. The site offers an excellent view of St. John’s, the Harbour and the Atlantic Ocean.

Today, on-site exhibits feature both the communications and military history of Signal Hill and St. John’s amidst a spectacular, panoramic view of the city and the sea.

It is suggested that Parks Canada be notified in advance of tours.

Location: Signal Hill Road
Interpretation Ctr: Open Year Round
Cabot Tower: Call for hours
Telephone: (709) 772-5367/4444
Fax: (709) 772-6302
Email: signal.hill@pc.gc.ca
Website: www.pc.gc.ca

MAJOR ATTRACTIONS – ST. JOHN’S AREA

ST. JOHN’S CITY HALL

A tour through St. John’s City Hall will take you on a fascinating journey over almost 500 years of history. City Hall on New Gower Street contains many pieces of art and historical items which tell the story of St. John’s. To book a guided tour telephone 709-576-8106, 24 hours notice is required for a tour. Site of Mile “0” and St. John’s Tourism Information.

Location: New Gower Street
Season: Year round, Monday to Friday
9:00 am - 4:30 pm
Telephone: (709) 576-8106
Website: www.stjohns.ca

ST. JOHN’S HAUNTED HIKE

An ambulatory theatrical exploration of the macabre, June to September, every Sunday to Thursday night. Starts at 9:30 pm from the west entrance to the Anglican Cathedral, Church Hill, St. John’s. Wear comfortable shoes.

Location: Anglican Cathedral, Church Hill
Season: June - Sept.
Contact: Dale Jarvis
Telephone: (709) 685-3444
Email: info@hauntedhike.com
Website: www.hauntedhike.com

ST. JOHN’S WATERFRONT

To get a real sense of St. John’s, a walk along the waterfront is a must. The harbour, located in historic downtown, has provided shelter to explorers, merchants, soldiers, pirates and mariners of all kinds over the last 500 years. Historic buildings, coves, plaques and parks along the route help depict the history of St. John’s since discovery by John Cabot in 1497.

SIR HUMPHREY GILBERT PLAQUE

Situated below the War Memorial on Water Street, this plaque marks the general area where Sir Humphrey Gilbert planted the Royal Standard of Elizabeth I in 1583, claiming Newfoundland for England.

Location: Water Street
(Harbourside Park)

THE ROOMS

A state-of-the-art cultural centre that preserves and protects the province’s heritage, history and culture. The Rooms houses the Newfoundland Museum, Provincial Archives of Newfoundland and Labrador, and the Art Gallery of Newfoundland and Labrador.

Location: 9 Bonaventure Ave.
Fort Townshend
Season: Open Year Round
Mon, Tues, Fri, Sat. 10 am - 6 pm
Wed. & Thurs. 10 am - 9 pm
(Closed Mondays Oct. - May)
Telephone: (709) 757-8099
Fax: (709) 757-8017
Email: therooms@gov.nl.ca
Website: www.therooms.ca

Newfoundland Museum

An absolute must for any visitor to St. John’s, this museum houses collections and exhibitions reflecting the 9,000 year history of Newfoundland and Labrador. Visitors can take a step into the world of Newfoundland’s native people and gain an appreciation of their great ingenuity in learning to live in harmony with their natural environment. Take documents the varied living styles of Newfoundland’s settlers, from the harsh life of the fishermen to the elegant salons of the townspeople. In addition to the permanent collection, other attractions include temporary exhibits highlighting particular areas of Newfoundland’s heritage and travelling displays from other areas.

Telephone: (709) 757-8023

MAJOR ATTRACTIONS – ST. JOHN'S AREA

Provincial Archives

Offers researchers a large genealogical collection and a variety of both public and private documents pertaining to Newfoundland's past.

Telephone: (709) 757-8030

Art Gallery of Newfoundland and Labrador

The Rooms is responsible for the largest and most diverse collection of Newfoundland and Labrador visual art that is part of their permanent collection.

The Gallery also features many temporary displays by many different artists.

Telephone: (709) 757-8040

GOWER STREET UNITED CHURCH

This is the church of the original Methodist (later United Church of Canada) congregation in St. John's. Opened in 1896, after the Great Fire of 1892 destroyed its predecessor, the present church is of a modified Romanesque style of architecture. Among its impressive features are the interior woodwork of pitch pine, hammerbeam roof, iron grillwork, and over fifty stained glass windows including a large rose window by a local artist. Home of the oldest United Church congregation in St. John's.

Location: 99 Queen's Road
Season: Tours - July & August
Telephone: (709) 753-7286
Fax: (709) 753-7320
Email: gsuc@nl.rogers.com
Website: www.gowerunited.ca

HISTORICAL CHURCHES

ANGLICAN CATHEDRAL OF ST. JOHN THE BAPTIST

The historic site, one of the finest examples of ecclesiastical Gothic architecture in North America, was designed by Sir Gilbert Scott and the first cornerstone was laid in 1843. It was destroyed by fire in 1892, rebuilding began in 1893 and construction was completed by 1905. A silver communion service presented by King William IV and other precious religious objects are kept in the cathedral vault and chapter room. The parish was established 1699.

Location: 9 Cathedral Street
Season: Tours late May until mid October
Telephone: (709) 726-1999
(709) 726-5677 (*office*)
Email: angcathedral@nf.aibn.com
Website: www.infonet.st-johns.nf.ca/cathedral/

The Cathedral Crypt Tea Room

Tea, coffee, selection of home-baked goods such as tea biscuits, scones, breads and cookies served in the unique setting of the Crypt of a gothic cathedral.

Crypt Season: July - Sept., 2:30 pm - 4:30 pm

BASILICA OF ST. JOHN THE BAPTIST

This national historic site began construction in 1841 and was completed in 1850. Built with limestone and Irish Granite in the shape of a Latin cross with 43 metre towers, the Basilica houses rare sculptures and religious symbols, amongst them is Hogan's "Dead Christ" which lies at the base of the high altar. Beautiful ornamental ceiling designs are highlighted in gold leaf.

Location: 200 Military Road
Telephone: (709) 754-2170
Fax: (709) 754-5608
Email: basilica@nf.aibn.com
Website: www.thebasilica.ca

The Veiled Virgin

A unique statue carved out of solid marble is among many treasured artifacts on display at the Presentation Convent. It has been with the Presentation Sisters for a remarkable 139 years, and was sculpted by Giovanni Strazza in Milan in 1818. It was brought to Newfoundland from Rome in 1856.

Telephone: (709) 753-7291
Fax: (709) 739-6458

MAJOR ATTRACTIONS – ST. JOHN’S AREA

Basilica Museum

Located in the Episcopal Library, the museum displays one of the largest collections of church artifacts of artistic and historical significance in Canada. Artifacts on display include sacred vessels, furniture, liturgical garb, paintings, books, and much more.

Telephone: (709) 726-3660
Email: ldohey@nf.aibn.com
Website: www.stjohnsarchdiocese.nf.ca

GEORGE STREET UNITED CHURCH

This is the oldest surviving Methodist church in St. John’s. Church is built of Newfoundland stone and slate quarried from the Southside Hills of the city. Designated a Heritage Structure in April, 2000.

Location: George Street West
Season: Year Round (call for appointment)
Telephone: (709) 726-8775/5304
Fax: (709) 726-8780
Email: apowell@georgestunitedchurch.nf.net
Website: www.georgestunitedchurch.com

ST. ANDREWS PRESBYTERIAN CHURCH (The Kirk)

St. Andrews was built in 1894 after the original Presbyterian church on Duckworth was destroyed in the Great Fire of 1892. It is an imposing Gothic Revival building with an impressive spire. With tall trees as guards, this centenary gothic style church with its Balantine stained glass windows sits atop a hill and commands a magnificent view of the Southside Hills.

Location: 76 Queen’s Road (*at Long’s Hill*)
Season: Year Round
Telephone: (709) 726-5385
Fax: (709) 726-5740
Email: standrews@nl.rogers.com

ST. PATRICK'S CATHOLIC CHURCH

This church, constructed of granite, is situated on Patrick Street in the west end of St. John’s. It was built in early Gothic style with massive circular pillars and pointed arches. Constructed in 1881, the corner stone was laid by Bishop Mullock in 1885.

Location: Patrick Street
Season: Call for appointment
Telephone: (709) 754-1195
Fax: (709) 754-3302
Email: kwalsh@nl.rogers.com
Website: www.angelfire.com/ca/StPatricksChurch/history.html

ST. THOMAS' ANGLICAN CHURCH (The Old Garrison Church)

A striking black wooden building opened in 1836, it is the oldest church in St. John’s. It originally served the members of the British Garrison at Fort William. Its exterior decor features the Hanoverian Coat of Arms which was the Royal Coat of Arms when it was constructed. Tours include the main church building plus a small museum and chapel located in the basement.

Location: 8 Military Road
Season: Tours - June - August
Telephone: (709) 576-6632/6641
Fax: (709) 737-0472
Email: office@st-thomaschurch.com
Website: www.st-thomaschurch.com

WESLEY UNITED CHURCH

Wesley is the home of VOWR, Newfoundland’s oldest operating radio station, dating to July 24, 1924. Operated now by over 80 volunteers. Wesley United Church was founded in 1908.

Location: Patrick Street (at Hamilton Ave.)
Season: Year Round
Telephone: (709) 579-3682
Fax: (709) 579-3703
Email: info@wesleychurch.ca

MAJOR ATTRACTIONS – THE ADMIRAL’S COAST

CUPIDS ARCHAEOLOGICAL SITE

Archaeologists are uncovering the original plantation site of the 1610 colony founded by John Guy. This site is of prime importance to understanding the earliest history of European settlement in North America. Cupids, formerly known as Cupper’s Cove, was established in 1610, making the colony the first post-Norse European settlement in Newfoundland, the first official English settlement in Canada, and one of the first European settlements established anywhere in North America. Excavation has been ongoing since 1995.

Location: Cupids, Route 60
Season: Open daily, mid June - Sept. 30
(*while dig is in progress*)
Telephone: (709) 596-1906
Fax: (709) 596-2121
Email: baccalieuheritage@hotmail.com
Website: www.baccalieutourism.com/muscupidsdig.htm

CUPIDS MUSEUM

Displaying items from life in a rural Newfoundland fishing and farming community, as well as artifacts from the ongoing archaeology of the first official English colony in Canada. Exhibits include a postal history of Newfoundland and an exhibit of school days in Cupids.

Location: Cupids
Season: Open daily mid June to Sept. 30
Wheelchair accessible
Telephone: (709) 528-3500
Tel (off season): (709) 528-3477
Email: cupidshistorical@nf.sympatico.ca
Website: www3.nf.sympatico.ca/cupidshistorical/

HAWTHORNE COTTAGE NATIONAL HISTORIC SITE

A one hour drive from St. John’s, Hawthorne Cottage was the Brigus home of Captain Robert Bartlett, famous arctic explorer. Born in 1875, "Captain Bob's" involvement in Peary's expeditions to the North Pole, the Canadian Arctic Expedition commanding the Karluk in 1913-14 and numerous scientific arctic voyages for The National Geographic, the Smithsonian and other scientific groups have made him a significant figure in the history of arctic exploration.

This site is leased and operated by the Newfoundland Historic Parks Association, a non-profit organization which works in partnership with Parks Canada is pre-serve and interpret the history and heritage of Newfoundland and Labrador.

Location: Brigus, Route 70
Season: May - October
Tel./Fax: (709) 528-4004
Off Season Tel: (709) 753-9262
Off Season Fax: (709) 753-0879
Email: info@historicsites.ca
Website: www.historicsites.ca

YE OLDE STONE BARN MUSEUM

Historical artifacts, photos, displays. Guided tours available.

Location: Brigus, NL
Telephone: (709) 528-3298

MAJOR ATTRACTIONS – THE BACCALIEU TRAIL

CARBONEAR RAILWAY STATION

Built in the common architectural style of railway stations in Newfoundland, this building was constructed circa 1917. The last passenger run was made on September 25, 1984 between Carbonear and St. John's. During the summer historical exhibits are featured and tourist information is provided. The station also houses fairly extensive genealogical records.

Location: Water Street, Carbonear
Season: June - Sept. daily
Off-season by appointment
Telephone: (709) 596-2532/0714
Off Season Tel: (709) 596-2849
Fax: (709) 596-2582
Email: bertparsons@gmail.com

HEART'S CONTENT CABLE STATION PROVINCIAL HISTORIC SITE

Visit the site where the first successful transatlantic telegraph cable was landed in 1866. Tour the Cable Station and see the equipment used there as well as displays explaining the important role Heart's Content has played in transatlantic communications for over 100 years. Guides in period costume are on hand to show visitors through the site.

Location: Heart's Content, Trinity Bay,
Route 80
Season: June - September
Telephone: (709) 583-2160
Off Season Tel: (709) 729-0592
Fax: (709) 729-0870 (*off season*)
Email: heartcontent@nf.aibn.com
Email: lbadcock@tourism.gov.nl.ca

ST. PAUL'S CHURCH

The oldest stone church in Newfoundland, built in 1835.

Location: Cochrane Street, Carbonear
Telephone: (709) 596-6041

SHEILA NAGEIRA FESTIVAL

Irish Princess Sheila NaGeira is said to have been kidnapped by pirates while en route to France and rescued by an English ship carrying Gilbert Pike. They married in 1602 and settled in Carbonear where Princess Sheila was alleged to have lead the defence of Carbonear against the French invasion.

A Memorial is also now in place: The Princess Sheila Memorial Park

This Festival now ranks as one of the largest and most popular annual cultural events in the Province. Comedy, music and drama that reflects local history and culture. Highly engaging live entertainment at innovative indoor and outdoor venues. A pirate's feast of fun for everyone!

Location: Carbonear
Season: Mid July - Late August
Telephone: (709) 596-7453/7529
Fax: (709) 596-5021
Email: info@rebelisland.com
Website: www.rebelisland.com

MAJOR ATTRACTIONS – THE BACCALIEU TRAIL

VICTORIA HYDRO-ELECTRIC STATION MUSEUM

The Victoria Hydro Electric Station was the second hydro electric station to be built in Newfoundland and came on stream in November 1904. The turbines and generators, installed in 1904 and 1907, are among the oldest in Canada. The turbine installed in 1914 is still in operation.

Few know about the internment camps in downtown St. John's, at Pleasantville and at Victoria near the town of Carbonear. Between 1939 and 1945 the Commission of Government in Newfoundland was involved in at least three different types of internment operations in response to security concerns from its own population and from the United Kingdom. At Pleasantville, near St. John's, an internment camp was operated for a group of thirty-eight enemy aliens who were arrested in Newfoundland during the first year of the war. These consisted of local German residents as well as German and Italian merchant seamen, all of whom were transferred to Canadian camps by 1941. In downtown St. John's, various spacious facilities (such as the YMCA building, West End Fire Hall, the Sudbury Building and Caribou Hut) were converted to temporary internment facilities for Norwegian, Finnish, Danish, French, Greek, Dutch, Hungarian, Romanian and Japanese seamen between 1939 and 1943. Some of these internees were eventually deported to Canadian internment camps as well.

The subject of this article is the history of a large camp built for 1,000 internees in 1940. Its location was at Victoria, near Carbonear, about eighty miles northeast of St. John's and two miles inland from the shore of Conception Bay. The camp was originally planned for 1,000 civilian internees to be received.

Location: Victoria, Conception Bay
Season: July - August
Telephone: (709) 596-9003
Fax: (709) 596-9090

MAJOR ATTRACTIONS – THE CAPE SHORE

ATLANTIC CHARTER MONUMENT

The monument symbolizes the drafting of the Atlantic Charter by the British Prime Minister, Sir Winston Churchill, and United States President, Franklin Roosevelt, on a battleship off Ship Harbour Point.

Location: Ship Harbour, Placentia Bay
24 kms along Route 102
(3 kms drive over gravel road).
Season: Open Year Round

CAPE ST. MARY'S ECOLOGICAL RESERVE

The Seabird Sanctuary at Cape St. Mary's is approximately 200 km southeast of St. John's. It can be reached via a 13 km road which branches off Route 100 about 5 km past the community of St. Bride's. About a ½ hour walk from the lighthouse, you will have the opportunity to photograph seabirds such as gannets, murres and kittiwakes. During the summer months interpreters are on hand to answer questions. Interpretation Centre, guided and interpretive hikes; boardwalk extends half way to bird rock.

Location: Cape St. Mary's, off Route 100
Season: May - October
Telephone: (709) 337-2473/277-1666
Off Season Tel: (709) 635-4520
Fax: (709) 337-2273
Email: parksinfo@gov.nl.ca
Website: www.gov.nl.ca/parks&reserves

CATARACTS PROVINCIAL PARK

A deep river gorge with two cascading waterfalls providing a scenic setting. Stairs and walkways enable the visitor to descend the gorge and cross the river.

Location: Route 91, near Colinet
Telephone: (709) 635-4520
Toll Free: 1-800-563-6353

CASTLE HILL NATIONAL HISTORIC SITE

This site preserves the remains of Placentia's French and English fortifications built in the 17th and 18th centuries to protect the colony of "Plaisance" and its fishery. "Plaisance", or Placentia as the English renamed it, was a focal point in the struggle between the French and the English for control of the Newfoundland fishery. The park's Visitor Centre houses a new exhibit which deals with "life at Plaisance" and the hardships endured by those who once lived here. The centre is wheelchair accessible and equipped with washrooms and a gift shop. Trails connect the various stabilized ruins and picnic tables are located throughout the park.

Location: Placentia, off route 100
(approx. 1 ½ hours drive from St.

John's)

Season: June 15 - Labour Day
Telephone: (709) 227-2401
Off Season Tel: (709) 772-5367
Fax: (709) 227-2452
Off Season Fax: (709) 772-6302
Email: castle.hill@pc.gc.ca
Website: www.pc.gc.ca/lnh-nhs/nl/castlehill

Faces of Fort Royale

An historical drama set in 1696 in the French Capital of Plaisance.

Staged at Castle Hill National Historic Park through July and August, this bilingual play brings to life the characters of the period.

Telephone: (709) 227-2299

GOOSEBERRY COVE PROVINCIAL PARK

A sandy beach and grassy meadow provide an ideal spot for a picnic.

Location: Route 100
Telephone: (709) 337-2473
Toll Free: 1-800-563-6353

MAJOR ATTRACTIONS – THE CAPE SHORE

RODRIGUES WINERY

From humble beginnings in 1993 with and filtering, bottling, and corking, the wine to produce the first shipment of 300 cases for the Newfoundland Liquor Commission, the Rodrigues Winery undertook a major \$300,000 expansion in 1998. The production capacity is now 25,000 cases annually and permits export to new Canadian and international markets.

Also in 1998 the Kashruth Council of Toronto certified the Rodrigues Winery as kosher and pareve COR530, the *only* Canadian winery with this designation.

Guided winery tours available in five languages: English, French, Bulgarian, Chinese and Russian. Sample exotic wines made from wild blueberries, lingonberries, cloudberry, strawberries, raspberries and plums.

Location: Bond Road, Whitbourne
(45 minutes from St. John's)
Hours: Open Year Round
Reservations required for groups of
12 persons or more.
Telephone: (709) 759-3003
Fax: (709) 759-3097
Email: info@rodrigueswinery.com
Website: www.rodrigueswinery.com

O'REILLY HERITAGE HOUSE

O'Reilly Heritage House was built in 1902 by Magistrate William O'Reilly. It remained the home of Placentia Magistrates until 1972. The House was restored in 1989. The original woodwork, plaster and wooden ceilings and coloured glass surrounding windows were retained. Period furniture gives character.

Location: 48 Orcan Drive, Placentia
Season: Mid June - August
Contact: Placentia Area Historical Society
Telephone: (709) 227-5568
Email: pahs37@hotmail.com

MAJOR ATTRACTIONS – THE IRISH LOOP

AVALON CARIBOU HERD

A natural wonder! Hundreds of woodland caribou can be seen grazing near the roadside.

Location: Highway, Route 10, between
Trepassey and Peter's River
Season: Spring - late Summer

AVALON WILDERNESS RESERVE

The 1,070 km² of the Avalon Wilderness Reserve comprises one of North America's most southerly, unspoiled barrens. It is a sanctuary for a medley of wildlife and plant species. Numerous hiking trails and a canoe route make access to the area enjoyable.

Location: Avalon Peninsula, situated
between
Route 1, Route 90 and Route 10
Season: Year Round
Toll Free: 1-800-563-6353
Fax: (709) 729-1100
Email: parksinfo@gov.nl.ca

THE COLONY OF AVALON

The Colony of Avalon was founded by Lord Baltimore in 1621, more than a decade before the establishment of the better-known Maryland colony. Archaeologists are excavating remains of seventeenth-century settlements around the inner harbour, known as "The Pool", at Ferryland each summer. Visitors may view the ongoing excavations, see the structures thus far uncovered and visit the on-site archaeology laboratory. Site attractions include an Interpretation Centre, archaeological dig sites, conservation laboratory, gift shop, gardens and café. Walk through excavation sites.

Location: Ferryland ("The Pool"), Route 10
Telephone: (709) 432-3200
Toll Free: 1-877-326-5669
Fax: (709) 432-2842
Email: info@colonyofavalon.ca
Website: www.colonyofavalon.ca

FERRYLAND MUSEUM

Located in the Courthouse, overlooking beautiful Ferryland Downs and Isle aux Bois, this museum is a delight both for the exhibit it houses and for the breath-taking view it offers of the harbour and surrounding countryside. Of particular interest is the fisherman's room, depicting the life of those hardy men to whom Lord Baltimore bequeathed "this place" on his departure in 1629. The museum tells of Ferryland's endurance and of its role in the colonization of North America. Mementos of your visit may be purchased at the museum's craft shop, Shoreline Crafts.

Location: Near the Church off Route 10,
Ferryland
Season: Mid June - Labour Day
Telephone: (709) 432-2711
Off Season Tel: (709) 432-2155

MISTAKEN POINT ECOLOGICAL RESERVE

This ecological reserve was established in 1983. Fossilized marine creatures that lived more than 620 million years ago can be seen along this rugged sea coast. Mistaken Point is one of the most important fossil sites of its kind in Canada.

Location: Off Route 10, 16 km
southeast of Portugal Cove South
Season: Year Round
Telephone: (709) 635-4520
Fax: (709) 635-4541
Email: parksinfo@gov.nl.ca
Website: www.gov.nl.ca/parks&reserves/

MAJOR ATTRACTIONS – THE IRISH LOOP

SALMONIER NATURE PARK

Within a 1214 hectare wilderness reserve area, the division has established an enclosed 40 hectare exhibit area where, in addition to enjoying the natural environment, visitors can view over a dozen species of animals and birds indigenous to Newfoundland and Labrador. A unique zoological display of wildlife native to Newfoundland and Labrador. A 2-3 km nature trail winds through a mixture of wood and wetlands. Along the way wild animals are displayed in sensitively developed enclosures representing their natural habitat.

Location: Salmonier Line
12 kms from Route 1
Season: June- Mid October, Open Daily
Telephone: (709) 229-7189/7888
Fax: (709) 229-7078
Email: brenda.pike@gov.nl.ca
Website: www.gov.nl.ca/snp

TREPASSEY MUSEUM

A variety of exhibits from the community including furniture and photographs of Amelia Earhart who flew as a passenger from Trepassey to become the first woman to travel across the Atlantic by air. Artifacts from the old church and photographs of the U.S. Navy “NC” flying boats prior to attempt at trans-Atlantic flight.

Location: Main Road, Trepassey, Route 10
Season: Open July - August
Contact: (709) 438-2044

WITLESS BAY ISLAND ECOLOGICAL RESERVE

(Witless Bay Bird Sanctuary)

There is a seabird sanctuary located on these islands which are situated approximately 5 km off the coast from the community of Witless Bay, 32 km south of St. John's on Route 10. A boat trip to the islands may be arranged where you will see Puffins, Atlantic Razorbills, Southern Black Guillemots, Black-legged Kittiwakes, Great Black-back Gulls and Herring Gulls. The islands are possibly the largest known nesting colony of Leach's Storm-petrels in the world. A number of boat tours operations offer tours to this sanctuary, in season.

Location: Witless Bay, via Route 10
Season: Year round
Telephone: (709) 635-4520
Fax: (709) 635-4541
Email: parksinfo@gov.nl.ca
Website: www.gov.nl.ca/parks&reserves/

MAJOR ATTRACTIONS – THE KILLICK COAST

BELL ISLAND

Once a thriving mining town, you'll see the giant murals that commemorate the island's rich heritage. Visit the miners' museum and discover the many historic artifacts including samples of the iron ore that made Bell Island one of the richest and oldest mining operations in the world. Take an underground tour of the mine.

Bell Island is the only place in North America to have seen enemy action in World War II. The pier, where 80,000 tons of iron ore was stored for shipping, was torpedoed by German U-boats in 1942. At low tide you can see the relics of the 4 ships that were sunk during the attack and on shore stands a memorial to the 69 men who lost their lives.

Location: A 20 minute drive from St. John's and a 20 minute ferry ride.
Season: Mine Tours: June - Sept., daily
Off Season: By appointment only
Telephone: (709) 488-2990
Fax: (709) 488-3181
Email: dianecbutler@aol.com
Website: www.bellisland.net

CAPE ST. FRANCIS LIGHTHOUSE

Cape St. Francis Lighthouse was first established in 1887. Like many Newfoundland Lighthouses, this also was a dwelling and light tower combined. Today, the light is located in an octagonal aluminum tower situated on top of the fog signal building.

Location: Cape St. Francis, Route 20

FLATROCK GROTTTO

This grotto was built by volunteer labour and is a shrine to our Lady of Lourdes. Blessed by Pope John Paul II, it is the largest grotto east of Montreal.

Location: Flatrock, Route 20,
Windgap Road
Season: Year Round
Telephone: (709) 335-2863
Fax: (709) 335-8240

OCEAN SCIENCES CENTRE AT LOGY BAY

Harp and harbour seals may be viewed all year. An outdoor touch tank allows summer visitors to become acquainted with a variety of Newfoundland sea creatures.

Location: Marine Drive, Logy Bay,
off Route 30
Season: Year Round (*to view seals*)
Public Education Program opens
May 1
Telephone: (709) 737-3708/737-2459
Fax: (709) 737-3220
Email: wsparkes@mun.ca
Website: www.osc.mun.ca

POUCH COVE MUSEUM

The artifacts depict the history of this small outport community, one of the oldest settlements on the Avalon Peninsula. Spectacular scenery is an extra bonus for the visitor.

Location: Pouch Cove Town Hall,
Pouch Cove, Route 20
Season: Year round
Telephone: (709) 335-2848
Fax: (709) 335-2840

TORBAY MUSEUM

A two section museum - the interior of one room is a Parlour setting - the next section is of an outdoor setting with fishing, farming, carpenter corner as well as a large photograph case.

Location: 1288 Torbay Road,
Torbay Municipal Centre
Season: Summer Hours
Telephone: (709) 437-6534, ext. 308
Off Season Tel: (709) 437-5561
Fax: (709) 437-1309
Email: jerripellegrinetti@hotmail.com

GENERAL INFORMATION

CLIMATE

Winters are generally mild with an average temperature of 0 degrees celsius. During the summer months the temperature ranges from cool to hot with an average of 20 - 23 degrees Celsius. (mean maximum temperature in Celsius.)

January	-0.7°C
February	-1.4°C
March	1.0°C
April	4.8°C
May	10.3°C
June	15.8°C
July	20.2°C
August	19.5°C
September	15.6°C
October	10.6°C
November	6.2°C
December	1.5°C

On average, the annual rainfall is 1250 millimetres and annual snowfall is 240 centimetres.

EMERGENCY NUMBERS

Emergency Number	911
Ambulance	777-6320
Fire Department	722-1234
Police Department	729-8000
Poison Control	722-1110
Environmental Emergency	772-2082

St. John's has excellent health care facilities and services which include:

Health Science Complex	777-6300
St. Clare's Mercy Hospital	777-5465
Janeway Children's Hospital	777-6300
Waterford Hospital	777-3300

POPULATION (2001)

City Proper	99,181
Census Metropolitan Area	172,918
Newfoundland and Labrador	512,930

CIVIC HOLIDAYS 2006

Most businesses, government offices, banks and stores are closed on the following days:

	<u>Date of Observance</u>
New Year's Day (<i>Jan. 1</i>)	January 2
St. Patrick's Day (<i>March 17</i>)	March 20
Good Friday (<i>April 14</i>)	April 14
St. George's Day (<i>April 23</i>)	April 24
Victoria Day (<i>May 24</i>)	May 22
St. John's Day (<i>June 24</i>)	June 26
Canada Day (<i>July 1</i>)	July 3
Orangemen's Day (<i>July 12</i>)	July 10
Regatta Day (<i>1st Wed. in Aug.</i>)	August 2
Labour Day (<i>1st Mon. in Sept.</i>)	September 4
Thanksgiving Day (<i>2nd Mon. in Oct</i>)	October 9
Armistice Day (<i>Nov. 11</i>)	November 13
Christmas Day (<i>Dec. 25</i>)	December 25
Boxing Day (<i>Dec. 26</i>)	December 26

TIME ZONE

Newfoundland Standard Time is ½ hour ahead of Atlantic Standard Time, 1 ½ hours ahead of Eastern Standard Time.

HARMONIZED SALES TAX REBATE

A 15% federal-provincial Harmonized Sales Tax is applied to most goods and services in Newfoundland and Labrador. Non-Canadian visitors and non-Canadian businesses can apply for a rebate of sales taxes paid on certain items. In general, you can apply for a rebate of a portion of the sales tax paid on accommodations and on items you export. Keep your original receipts because you will have to submit them with your claim, and you will have to provide proof of export for rebate claimed on exported goods. To qualify for a refund, each receipt must be a minimum of \$50 before taxes, the total of all receipts must be at least \$200 before taxes, the goods purchased must be removed from Canada within 60 days of purchase, and the rebate application must be filed within one year. For further information from within Canada call Toll Free: 1-800-668-4748; outside Canada: 1-902-432-5608. Forms and complete details are available online at www.ccra.gc.ca/visitors

GENERAL INFORMATION

VISITING CANADA

PASSPORTS

American citizens and permanent residents of the United States do not need a passport to visit Canada, but should carry a birth, baptismal or voter's certificate, or other documents establishing their citizenship such as a naturalization certificate. Visitors from other countries must have valid national passports. Visitors from certain countries also require a visa.

CUSTOMS REGULATIONS

You can bring sporting equipment such as fishing tackle, cameras, outboard motors, camping equipment, portable boats, hunting rifles, etc. into Canada by declaring these items to Customs at your point of entry. Carrying a duplicate list that includes the description and serial number of each item is the quickest way to clear Customs on your return.

ONLINE INFORMATION

The Government of Canada maintains a website with links to government services, information and resources for people planning a visit to our country including downloading forms, frequently asked questions and a currency converter to help you plan your trip. Go to www.canadainternational.gc.ca and click on *Going to Canada*.

VISITING ST. PIERRE AND MIQUELON

St. Pierre and Miquelon is a part of France, only 12 miles from Fortune, Newfoundland and Labrador. For information on travel and customs regulations call the St. Pierre Tourism Office at 1-800-565-5118, or visit: www.st-pierre-et-miquelon.com If you visit St. Pierre and Miquelon you have to clear Canadian Customs in Fortune on your return.

BANKING SERVICES/CURRENCY EXCHANGE

All major Canadian banks have branches in St. John's. Banks are located in all parts of the city, mostly concentrated in the downtown area. Banking hours are normally 10:00 am - 3:00 pm, Monday through Thursday, with extended hours on Friday. Banking machines are easily accessible and conveniently located throughout the city. Currency exchange is also available.

GENERAL INFORMATION

BANKS

ROYAL BANK

226 Water Street
Tel: (709) 576-4222
Hours: Mon. - Fri., 9:30 am - 5:00 pm
Currency: US, German, French, Euro
(ATM also provides US currency)

BANK OF MONTREAL

238 Water Street
Tel: (709) 758-2055
Hours: Mon. - Fri., 10:00 am - 3:00 pm
Currency: US only

CIBC

215 Water Street
Tel: (709) 576-8800
Hours: Mon. - Fri., 10:00 am - 5:00 pm
Currency: US, Sterling

NEWFOUNDLAND AND LABRADOR CREDIT UNION

189 Water Street
Tel: (709) 754-2630
Hours: Mon. - Fri., 9:00 am - 5:00 pm
Currency: US, Euro, Sterling

SCOTIA BANK

235 Water Street
Tel: (709) 576-6000
Hours: Mon. - Fri., 8:30 am - 4:30 pm
Currency: US, Euro, Sterling

TD BANK

140 Water Street
Tel: (709) 758-1860
Hours: Mon. - Fri., 8:00 am - 6:00 pm
Currency: US, German, Euro, Sterling

INTERNET/E-MAIL SERVICES

A. C. HUNTER LIBRARY

Arts & Culture Centre
Allandale Road
Telephone: (709) 737-2348
Hours: Tues. - Thurs., 10 am - 9 pm
Fri. & Sat. 10 am - 5:30 pm
Sun. & Mon. CLOSED

QUEEN ELIZABETH II LIBRARY

Memorial University
Telephone: (709) 737-7427
Hours: Mon. - Thurs., 8:00 am - 11:45 pm
Fri., 8:00 am - 5:45 pm
Sat., 10 am - 5:45 pm
Sun., 12:00 noon - 9:45 pm

ST. JOHN'S NATIVE FRIENDSHIP CENTRE

716 Water Street
Telephone: (709) 726-5902
Hours: Mon. - Fri., 9:00 am - 5:00 pm
(3 computers)

WIRELESS INTERNET ACCESS

GREAT CANADIAN BAGEL

17 Elizabeth Avenue
Telephone: (709) 738-2825

HAVA JAVA COFFEE HOUSE

216 Water Street
Telephone: (709) 753-5282

A. C. HUNTER LIBRARY

Arts & Culture Centre
Allandale Road
Telephone: (709) 737-2348
Hours: Tues. - Thurs., 10 am - 9 pm
Fri. & Sat. 10 am - 5:30 pm
Sun. & Mon. CLOSED

DESTINATION MANAGEMENT COMPANIES

Many tour alternatives for St. John's and the surrounding area can be arranged. The St. John's and Avalon Region offers something unique for everyone including spectacular scenery, historic sites, parkland and walking trails. World renowned ecological reserves, archaeological sites, a variety of entertainment, festivals and special events, great shopping and many opportunities to sail on the Atlantic Ocean to go whale-watching and bird-watching. While much of the areas culture and heritage has been preserved, visitors will see that St. John's and the metropolitan area has become a thriving progressive city with topnotch facilities and services.

Local Destination Management Companies offer a variety of tour programs. Customized tours can be designed to accommodate the individual needs of each company depending upon the length of time in the area and the type of tour being conducted.

Tour Options include choices of: (1) Half Day City Tours; (2) Historic St. John's and Cape Spear; (3) Walking and Hiking Tours; (4) Boat Tours; (5) Kayaking and Canoeing; and (6) Specialty Tours to specific areas of the Avalon.

As there are many points of interest in and around St. John's, suggestions for tours to surrounding areas like the **Southern Shore, Conception Bay, St. Mary's Bay, and Trinity Bay** can be provided upon request by companies listed in this section.

ATLANTIC CRUISE SHIP SERVICES

Suite 35, 2625 Joseph Howe Drive
Armada Professional Bldg.
Halifax, NS B3J 4G4

Contact: Gerald Begg, Vice President
Telephone: (902) 492-3406
Fax: (902) 453-1637
Email: gbegg@atlanticcruiseship.ca

OR

Phyllis Barter
LeGrows Travel
Beothuk Bldg., 20 Crosbie Pl.
St. John's, NL A1B 3Y8

Telephone: (709) 758-6761
Fax: (709) 726-5337
Email: pbarter@legrowstravel.ca

BRITISH ISLAND TOURS INC.

15 Tracey Place
St. John's, NL A1A 4T1

Contact: Sandra Linehan/Larry Daley
Telephone: (709) 738-8687
Fax: (709) 738-3293
Email: doubledeckerbus@nfld.net
Website: www.britishislandtours.com

CITY AND OUTPORT ADVENTURES

524 Water Street
P.O. Box 1211
St. John's, NL A1C 5M9

Contact: Darin Steele
Tel./Fax: (709) 754-8687
Toll Free: 1-866-819-8687
Email: moreinfo@newfoundlandtours.com
Website: www.newfoundlandtours.com

Specializing in motorcoach and marine adventures.

DRL COACHLINES

P.O. Box 40
Triton, NL A0J 1V0

Contact: Patricia Roberts/John Harding
Telephone: (902) 450-1987
Toll Free: 1-888-263-1854
Fax: (902)450-1986
(709)263-2172
Email: drl@nfld.com
Website: www.drlgroup.com

Receptive tour operator featuring motorcoach charter service, prepackaged or customized Newfoundland and international tours.

DESTINATION MANAGEMENT COMPANIES

MCCARTHY'S PARTY TOURS AND CONVENTION SERVICES LTD.

P.O. Box 13031, Stn. Topsail
Conception Bay South, NL A1W 2K1

Contact: Mark McCarthy
Tel: (709) 781-2244/2266
Off Season Tel: (709) 781-2288
Toll Free: 1-888-660-6060
Fax: (709) 781-2233
Email: nfldinfo@mccarthyparty.com
Website: www.mccarthyparty.com

Local daily tours - complete services for conventions,
conferences or small meetings - incentive travel -
island wide motorcoach tours - walk on guide service.

MOLEGA TOURS OF ATLANTIC CANADA (2001) LIMITED

45 Beamish Road
East Uniacke, Nova Scotia B0N 1Z0

Contact: John Furzeland, Tour Co-ordinator
Tel: (902) 866-0965
Fax: (902) 866-0273
Email: anchorage.greenbay@ns.sympatico.ca
Website: www.molegatours.ca

WILDLAND TOURS AND CONVENTION SERVICES

124 Water Street
P.O. Box 283
St. John's NL A1C 5J9

Contact: David Snow/Heather Ivany
Tel: (709) 722-3123
Toll Free: 1-888-615-8279
Fax: (709) 722-3335
Email: wildtour@nfld.com
Website: www.wildlands.com

We have provided fun-filled Newfoundland holidays
to thousands of guests since 1984. Ensure that your
clients benefit from our award winning experience.
Discover the world class wildlife, history, culture,
music, and flavours of Newfoundland with Wildland
Tours.

TOURS AND TOUR GUIDES

ADVENTURE TOURS

P.O. Box 116
St. John's, NL A1C 5H5

Contact: Charlie Anonsen
Telephone: (709) 726-5000
Toll Free: 1-800-77WHALE
Fax: (709) 754-1672
Email: scademia@scademia.com
Website: www.nfld.com/scademia

The *Scademia* is a 90 ft. Grand Bank schooner. Several departures daily from St. John's Harbour to Cape Spear, including whale and iceberg watching in season. Live Newfoundland music, full bar, screech-ins, moonlit tour of St. John's Harbour, private charters and group rates. *Bosun*, a Newfoundland dog, joins in the fun.

ANGLICAN CATHEDRAL OF ST. JOHN THE BAPTIST

9 Cathedral Street
St. John's, NL A1C 3Y4

Telephone: (709) 726-1999
Fax: (709) 726-2053
Email: angcathedral@nf.aibn.com
Website: www.sji.ca/cathedral

Free tours given during the summer months, plus take in the Concert Series plus Wednesday lunch time concerts. Visit the Cathedral Tea Room for afternoon tea, Monday - Friday, 2:30 pm - 4:30 pm.

ANN'S TOURS

Ann's Tours
241 Main Highway, Suite 103
Conception Bay South, NL A1W 5J8

Telephone: (709) 682-0754
(709) 834-6666
Email: ann@annstours.ca

Guided tours day or night for 1 to 6 passengers. Tours can also be customized to fit your needs.

AROUND THE BAY TOURS

P.O. Box 116
St. John's, NL A1C 5H5

Contact: Maureen Anonsen
Telephone: (709) 726-5000
Toll Free: 1-800-77WHALE
Fax: (709) 754-1672
Email: info@aroundthebaytours.com
Website: www.aroundthebaytours.com

You will be captivated by this guided sightseeing tour through traditional fishing communities. As you experience the salt sea air and the rugged beauty of the coastline, you'll be regaled with stories of the sea and the outports that dot its shores.

ATLANTIC AVIATION AERIAL SIGHTSEEING TOURS

Hangar 2, St. John's Airport
P.O. Box 29030
St. John's, NL A1A 5B5

Contact: Atlantic Aviation Academy
Telephone: (709) 576-3422
Toll Free: 1-877-469-2359
Fax: (709) 576-3427
Email: ddunphy@provair.com

ATLANTIC OCEAN DINNER CRUISES

Pier 7, St. John's Harbourfront
P.O. Box 664
St. John's, NL A1C 4L4

Contact: Michelle Hyde
Telephone: (709) 726-9693
(709) 834-6663
Fax: (709) 834-7217
Email: michelle@atlanticoceandinnercruises.com
Website: www.atlanticoceandinnercruises.com

Two hour lunch cruise and 4 hour dinner cruise sailing from St. John's harbourfront daily. Kiosk on harbourfront during summer months. Also available from group bookings.

TOURS AND TOUR GUIDES

BOYLE'S WALKING TOURS

6 Thomey Place
Mount Pearl, NL A1N 2N6

Contact: Michael Boyle
Telephone: (709) 364-6845
(709) 364-0202
Email: sircavendishboyle@hotmail.com
Website: www.boyletours.com

Offering 90 minute walking tours of historic downtown St. John's.

BRITISH ISLAND TOURS

15 Tracey Place
St. John's, NL A1A 4T1

Contact: Larry Daley/Sandra Linehan
Telephone: (709) 738- 8687
Fax: (709) 738-3293
Email: doubledeckerbus@nfld.net
Website: www.britishislandtours.com

Three hour double-decker bus tour of St. John's. Includes Quidi Vidi, historic churches, museums, Commissariat House, Government House, old downtown, Bowring Park and the waterfront. Double decker bus also available for special groups and charters.

CITY & OUTPORT ADVENTURES

524 Water Street
P.O. Box 1211
St. John's, NL A1C 5M9

Contact: Darin Steele
Telephone: (709) 754-8687 (TOUR)
Toll Free: 1-866-819-8687
Fax: (709) 754-8687
Email: moreinfo@newfoundlandtours.com
Website: www.newfoundlandtours.com

Offering motorcoach tours of St. John's and the Avalon Peninsula.

DEE JAY CHARTERS

11 Whitehorse Place
St. John's, NL A1A 2Z9

Contact: Capt. Noel Bradbury
Telephone: (709) 753-8687
(709) 726-2141 (*off season*)
Fax: (709) 726-2141
Email: info@deejaycharters.ca
Website: www.deejaycharters.ca

Departs St. John's Harbour to Quidi Vidi Village, Cape Spear and exploring coastal shores. See humpback whales, icebergs and puffins, in season, on a 2 ½ hour cruise. Screech-ins available.

EASTERN EDGE KAYAK ADVENTURES

93 St. Thomas Line
Paradise, NL A1L 2P9

Telephone: (709) 782-KYAK (5925)
Toll Free: 1-866-782-5925
Fax: (709) 782-773-2201
Email: kayakjim@nfld.com
Website: www.kayakjim.com

Explore Newfoundland's coastal paradise by sea kayak. One half day to six day trips. No experience necessary.

GATHERALL'S PUFFIN & WHALE WATCH

P.O. Box 281
Northside Road
Bay Bulls, NL A0A 1C0

Telephone: (709) 334-2887
Toll Free: 1-800-419-4253
Fax: (709) 334-2176
Email: mgwhales@seascape.com
Website: www.gatheralls.com

90 minute boat tour, departing several times daily. The only catamaran cruise on the island. You will be taken to the Witless Bay Ecological Reserve.....home to 500,000 Atlantic puffins and the largest humpback whale population in North America.

TOURS AND TOUR GUIDES

HERITAGE TOURS

200 Frecker Drive
St. John's, NL A1E 5H9

Contact: Lucille Conway
Telephone: (709) 745-4065
Fax: (709) 745-4065
Email: lconway54@hotmail.com
Website: www.newfoundlandtours.nf.ca

Guided tours of historical St. John's and outport areas. Custom tours can be arranged. Also offering province-wide tours and step-on guide service. Visit quaint fishing villages, bird sanctuaries and historic buildings.

LAND-SEA TOURS

P.O. Box 2531
St. John's, NL A1C 6K1

Contact: Colin Mayo
Telephone: (709) 726-TOUR (8687)
Toll Free: 1-888-720-TOUR
Cell: (709) 690-8314
Fax: (709) 726-9811
Email: info@land-seatours.com
Website: www.land-seatours.com

Offering guided land tours of the city and environs. We also offer package and custom tours that connect tourists with their favourite activities. For groups of up to 14 people.

LEGEND TOURS

10 Merasheen Place
St. John's, NL A1E 5P6

Contact: Brendan Quinlan
Telephone: (709) 753-1497 (*Reservations*)
(709) 753-1498 (*Information*)
Fax: (709) 368-4117

Motorcoach tours of St. John's, Marine Drive and surrounding areas. Group tours available.

MAXXIM VACATIONS

251 Empire Ave., Suite 200
St. John's, NL A1C 3H9

Telephone: (709) 754-6666
Toll Free: 1-800-567-6666
Fax: (709) 754-8780
Email: info@maxximvacations.com
Website: www.maxximvacations.com

Many set itineraries for Newfoundland, or build your own. Will provide airline, accommodations, rental vehicles and several tour options.

MCCARTHY'S PARTY TOURS & CONVENTION SERVICES

P.O. Box 13031, Station Topsail
Conception Bay South, NL A1W 2K1

Contact: Mark McCarthy
Telephone: (709) 781-2244
(709) 781-2266
(709) 781-2288
Toll Free: 1-888-660-6060
Fax: (709) 781-2233
Email: nfldinfo@mccarthyparty.com
Website: www.mccarthyparty.com

MIKI ENTERPRISES INC.

Fairmont Hotel, Cavendish Square
P.O. Box 1321
St. John's, NL A1C 5N5

Contact: Miki Ishiwata
Telephone: (709) 747-2233
Fax: (709) 722-3549
Email: miki.enterprises@nf.sympatico.ca
Website: www.mikieco.com

TOURS AND TOUR GUIDES

MULLOWNEY'S PUFFIN & WHALE TOURS

P.O. Box 1474
St. John's, NL A1C 5N8

Telephone: (709) 745-5061
Toll Free: 1-877-PUFFINS
Fax: (709) 745-6422
Email: puffins-whales@nf.sympatico.ca
Website: www.puffinswhales.com

2 ½ hour tour of Witless Bay Ecological Reserve, focused on icebergs, seabirds and whales, in season. Live music and bar. Heated cabins, washrooms. Catering to individuals, private parties, tour groups, conventions.

O'BRIEN'S WHALE AND BIRD TOURS

P.O. Box 300
Bay Bulls, NL A0A 1C0

Telephone: (709) 753-4850
Toll Free: 1-877-639-4253
Fax: (709) 753-3140
Email: info@obriensboattours.com
Website: www.obriensboattours.com

Whale and bird watching, in season, to Witless Bay Ecological Reserve, featuring the largest colony of puffins on the east coast of North America. Shuttle service available to Bay Bulls from major hotels. Select from one of our exciting tours: boat, kayak or zodiac.

OCEAN ADVENTURE BOAT TOURS

Box 11, Site 3
Bauline East, NL A0A 4A0

Telephone: (709) 334-2636
(709) 334-3998 (*summer*)
Fax: (709) 334-2636
Email: colbert@nfld.com
Website: www.oceanadventure.ca

Boat tour to Witless Bay Ecological Reserve, home to millions of seabirds including puffins, murrelets, kittiwakes and razorbill auks. You might even catch a glimpse of a bald eagle. In season you will see towering icebergs and majestic humpback, minke and fin whales.

FRANCOPHONE COMMITTEE OF ST. JOHN'S

65 Ridge Road, Suite 245
St. John's, NL A1B 4P5

Telephone: (709) 757-2818
Toll Free: 1-866-867-1075
Fax: (709) 726-0437
Email: bonjour@acfsj.ca
Website: www.acfsj.ca

Guided walking tours of downtown St. John's, conducted in French. Historical characters will take you on a tour of St. John's through Avalon's French and Acadian heritage, leaving from Harbourside Park.

ST. JOHN'S CARRIAGE TOURS

2 Massey Crescent
Mount Pearl, NL A1N 2H2

Telephone: (709) 364-5120

Experience the oldest city in North America by horse drawn carriage. Relax in our charming white Cinderella carriage while our host/driver relays legends and stories of our distinguished city. We offer the splendour of open carriage or luxurious fully enclosed tours for privacy.

ST. JOHN'S HAUNTED HIKE

70 Fleming Street
St. John's, NL A1C 3A5

Location: Anglican Cathedral, Church Hill
Contact: Dale Jarvis
Telephone: (709) 685-3444
Fax: (709) 739-5413 (*off season*)
Email: info@hauntedhike.com
Website: www.hauntedhike.com

An ambulatory theatrical tour through the historic and haunted streets of St. John's downtown core, with old fashioned storytelling at its dramatic and spine-tingling best. It offers a compelling mix of drama, passion, horror, humour and suspense, guaranteed to provide an unforgettable night of chills and thrills.

TOURS AND TOUR GUIDES

STAN COOK SEA KAYAKING

67 Circular Road
St. John's, NL A1C 2Z4

Contact: Stan Cook, Jr.
Telephone: (709) 579-6353
Toll Free: 1-888-747-6353
Email: info@wildnfld.ca
Website: www.wildnfld.ca

No experience necessary. Located in Cape Broyle, guests can paddle alongside whales, icebergs, see thousands of puffins, in season, go inside sea caves, under waterfalls, and experience pristine wilderness, all inside a protect fjord.

VAULT INTO HISTORY WALKING TOUR

Springdale Street
P.O. Box 2403
St. John's, NL A1C 6E7

Telephone: (709) 739-7870
Email: historictrust@yahoo.ca
Website: www.historictrust.com

A guided walk through the historic west end of downtown St. John's during the summer months. A knowledgeable guide in period costume will lead your through the capital's original industrial heart.

WILDLAND TOURS

124 Water Street
P.O. Box 383
St. John's, NL A1C 5J9

Contact: Dave Snow/Heather Snow
Telephone: (709) 722-3123
Toll Free: 1-888-615-8279
Fax: (709) 722-3335
Email: wildtour@nfld.com
Website: www.wildlands.com

Enjoy whales, puffins, caribou and more, in season. Eight-day packaged holidays and day trips run throughout the summer. Wide variety of pre and post conference tours, social programs and step-on guides.

WITLESS BAY SEA KAYAKING & ZODIAC TOURS

P.O. Box 125
Witless Bay, NL A0A 4K0

Telephone: (709) 334-2722
Fax: (709) 334-2017
Email: elainesbedandbreakfast@nf.sympatico.ca
Website: www.elainesbythesea.com

ACCOMMODATIONS

THE BATTERY HOTEL AND SUITES **1/2

100 Signal Hill Road
St. John's, NL A1A 1B3

125 Rooms and Suites

Telephone: (709) 576-0040
Toll Free: 1-800-563-8181
Fax: (709) 576-6943
Email: info@batteryhotel.com
Website: www.batteryhotel.com

Located on historic Signal Hill, 2 minutes from downtown, the hotel has rooms with windows that open, inviting the clean ocean breezes, as well as an indoor pool, sauna, hot tub, gift shop, restaurant and lounge. Our Harbour Dining Room offers a spectacular view of the city and harbour.

BEST WESTERN TRAVELLERS INN **1/2

199 Kenmount Road
St. John's, NL A1B 3P9

88 Rooms

Telephone: (709) 722-5540
Toll Free: 1-800-261-5540
Fax: (709) 722-1025
Email: tmacdonald@chiphospitality.com
Website: www.bestwestern.com

Meeting facilities, dining room, and outdoor pool. Free in-room coffee, in-room pay movies/cable TV, laundry service. Free parking. On-site billiard room, iron/ironing board/hair dryer.

THE CAPITAL HOTEL *1/2**

208 Kenmount Road
P.O. Box 8614
St. John's, NL A1B 3P2

88 Rooms

Telephone: (709) 738-4480
Toll Free: 1-800-503-1603
Fax: (709) 738-4481
Email: llaite@capitalhotel.ca
Website: www.steelehotels.com

Air conditioning, business centre, dining room, lounge, fitness room. Located near the Avalon Mall.

COMFORT INN AIRPORT *1/2**

106 Airport Road
St. John's, NL A1A 4Y3

101 Guest Rooms & Suites

Telephone: (709) 753-3500
Toll Free: 1-800-424-6423
Fax: (709) 753-3711
Email: ihelp@choicehotels.ca
Website: www.choicehotels.ca

Located 1/2 km from St. John's Airport and minutes from historic downtown. Complimentary airport shuttle service, P. J. Billington's Restaurant & Lounge, banquet/meeting facilities, room service, free parking, business services, laundry facilities, air conditioned public areas, late check-out. Bilingual operator.

COURTYARD BY MARRIOTT

ST. JOHN'S *1/2**
131 Duckworth Street
St. John's, NL A1C 1E9

252 Guest Rooms

Telephone: (709) 722-6636
Toll Free: 1-866-722-3892
1-800-321-2211
Fax: (709) 738-3775
Email: lennis@courtyard-stjohns.com
Website: www.marriott.com/yytcy

Located downtown, featuring harbour view rooms, windows that open, high speed internet, fully air-conditioned, microwave, refrigerator, Vertigo Restaurant, Martini Bar, business centre, car rental agency, guest laundry.

ACCOMMODATIONS

DELTA ST. JOHN'S HOTEL AND CONFERENCE CENTRE ****

120 New Gower Street
St. John's, NL A1C 6K4

403 Rooms
Telephone: (709) 739-6404
Toll Free: 1-888-793-3582
1-800-263-1133
Fax: (709) 570-1622
Email: hmckinnon@fortisproperties.com
Website: www.deltahotels.com

The Delta St. John's is ideally located downtown in the heart of the city's major attractions, close to the business district, entertainment and the harbour.

FAIRMONT NEWFOUNDLAND HOTEL **½**

115 Cavendish Square
P.O. Box 5637
St. John's, NL A1C 5W8

301 Rooms (including 19 Suites)
Telephone: (709) 726-4980
Toll Free: 1-800-441-1414
Fax: (709) 726-2025
Email: hotelnewfoundland@fairmont.com
Website: www.fairmont.com

Includes family and fine dining restaurants, non-smoking rooms and floors, 24 hour business centre, health club, and room service. Situated in the heart of historical downtown St. John's, boasting the finest in Newfoundland.

GUV'NOR INN * ½**

389 Elizabeth Avenue
St. John's, NL A1B 1V1

37 Rooms
Telephone: (709) 726-0092
Toll Free: 1-800-961-0092
Fax: (709) 726-5921
Email: info@guvnor-inn.com
Website: www.guvnor-inn.com

Minutes from Memorial University, Health Sciences Complex and historic downtown. Air conditioning, Guv'nor Pub & Eatery, wireless internet, business centre, some rooms with fridge & microwave, cable tv, telephone/voice mail/phone modem, in-room coffee service, hair dryer, drive-up units.

HILLVIEW TERRACE SUITES *½**

3 Wadland Crescent
Suite 202, Bldg. 4A
St. John's, NL A1A 2J5

139 Apartment Style Units
Telephone: (709) 754-9822
Toll Free: 1-888-754-9822 (Canada)
Fax: (709) 754-9047
Email: reservations@hillviewterracesuites.ca
Website: www.hillviewterracesuites.ca

Minutes from downtown. Offering over 130 one, two and three bedroom suites in five buildings. Conveniently located off the main thoroughfare, close to the airport, shopping and bus routes.

ACCOMMODATIONS

HOLIDAY INN *1/2**

180 Portugal Cove Road
St. John's, NL A1B 2N2

252 Rooms

Telephone: (709) 722-0934
(709) 722-0506

Toll Free: 1-800-933-0506

Fax: (709) 722-9756

Email: pyetman@fortisproperties.com

Website: www.holidayinnstjohns.com

5 minutes from downtown. East Side Marios, pub, fitness centre, outdoor swimming pool, gift shop, in-room coffee maker, mini-bar, meeting and conference facilities.

MURRAY PREMISES HOTEL *1/2**

5 Beck's Cove, Box 208
Murray Premises
St. John's, NL A1C 6H1

28 King/Queen Suites

Contact: Hilda Byrde

Telephone: (709) 738-7773

Toll Free: 1-866-738-7773

Fax: (709) 738-7775

Email: info@murraypremiseshotel.com

Website: www.murraypremiseshotel.com

Boutique hotel. Catering to the business traveller, small corporate/incentive groups and the seasoned leisure traveller. We offer 28 elegantly appointed rooms. All rooms offer central air and include deluxe amenities such as fireplaces and jacuzzi tubs. Meeting facilities on site. All rooms and meeting facilities are non smoking.

QUALITY HOTEL - HARBOURVIEW *1/2**

2 Hill O' Chips
St. John's, NL A1C 6B1

160 Rooms

Contact: Tina Nugent

Telephone: (709) 754-7788

(709) 758-4265

Toll Free: 1-800-228-5151

Fax: (709) 754-5209

Email: cn246sm@whg.com

Website: www.choicehotels.ca/cn246

160 air-conditioned rooms. Ideally situated in the city's historic downtown core, Quality Hotel-Harbourfront offers a breathtaking view of the famous St. John's Harbour. Enjoy Rumpelstiltskin's Restaurant, specializing in Canadian and International cuisine.

RAMADA INN *1/2**

102 - 108 Kenmount Road
St. John's, NL A1B 2R2

84 Guest Rooms and Suites

Telephone: (709) 722-9330

Toll Free: 1-800-2-RAMADA

Fax: (709) 722-9231

Email: pdowden@cityhotels.ca

Website: www.ramada.com

Five minutes to downtown. Complimentary Airport shuttle service, P. J. Billington's Restaurant & Lounge, banquet/meeting facilities, room service, air-conditioned public areas, free parking, in-room kitchen facilities.

ACCOMMODATIONS

THE SPA AT THE MONASTERY *****

63 Patrick Street
St. John's, NL A1E 2S5

19 Jacuzzi Suites

Telephone: (709) 754-5800
Toll Free: 1-877-635-3772
Fax: (709) 754-5802
Email: info@monastery-spa.com
Website: www.monastery-spa.com

Tastefully renovated monastery just moments from downtown. Aveda & phytomer facials, hydrotherapy tub, body wraps, Himalayan rejuvenation treatment, massage therapy, spa deluxe manicure and pedicure, vitality area, hair salon.

THE STANFORD *1/2**

222 LeMarchant Road
St. John's, NL A1C 2H9

93 Efficiency Units

Telephone: (709) 754-7888
Toll Free: 1-866-373-7888
Fax: (709) 754-7695
Email: reservations@thestanford.ca
Website: www.thestanford.ca

Complimentary continental breakfast, pet rooms available, non-smoking hotel, outdoor parking, daily housekeeping.

SUPER 8 MOTEL *1/2**

175 Higgins Line
St. John's, NL A1B 4N4

82 Rooms

Telephone: (709) 739-8888
Toll Free: 1-800-800-8000
Fax: (709) 738-8811
Email: 8j@pacrimhospitality.com
gm@super8stjohns.com
Website: www.super8stjohns.ca

In airport/government/university area, minutes to downtown. Includes 80 foot waterslide, complimentary breakfast, 22 junior suites, 14 jacuzzi suites and 3 kids suites. Free high speed internet, laundry, parking, pets allowed (with permission), meeting room, microwave, coffeemaker, and tv.

**** FOR A COMPLETE LISTING OF
ACCOMMODATIONS, PLEASE GO TO THE
CITY OF ST. JOHN'S WEBSITE.**

www.stjohns.ca

RESTAURANTS

DOWNTOWN AREA

AFGHAN RESTAURANT

375 Duckworth Street

Telephone: (709) 754-2230

Email: info@afghanrestaurant.net

Website: www.afghanrestaurant.net

Serving traditional and ethnic food of Afghan such as lamb, chicken and beef curry. Also do catering.

Closed on Sundays.

AQUA RESTAURANT & BAR

310 Water Street

Telephone: (709) 576-2782

Email: info@aquarestaurant.ca

Website: www.aquarestaurant.ca

Fine dining. A market-fresh approach with an Asian flavour.

ATLANTIC OCEAN DINNER CRUISES

St. John's Harbourfront

Telephone: (709) 726-9693

Toll Free: 1-877-834-6663

Fax: (709) 834-7217

Email: info@atlanticoceandinnercruises.com

Website: www.atlanticoceandinnercruises.com

2 hour lunch cruise and 4 hour dinner cruise sailing from St. John's harbourfront all year round.

AUNTIE CRAE'S DELI

272 Water Street

Telephone: (709) 754-0661

Breads, rolls and cookies baked fresh daily on site.

Also serving soup, salads and sandwiches.

BAGEL CAFÉ/FIGG DINING ROOM

246 Duckworth Street

Telephone: (709) 739-4470

Fresh seafood prepared daily. Smoke free.

BALANCE RESTAURANT

147 LeMarchant Road

Telephone: (709) 722-2112

A fusion of Newfoundland and international foods.

BAMBOO RESTAURANT

252 Duckworth Street

Telephone: (709) 726-7802

Traditional Chinese homestyle restaurant.

BASHO RESTAURANT

283 Duckworth Street

Telephone: (709) 576-4600

Fine dining, Japanese cuisine.

BIANCA'S

171 Water Street

Telephone: (709) 726-9016

Email: biancas@nl.rogers.com

Website: www.biancas.net

Fine dining. One of the 100 best restaurants in Canada. Reservations recommended.

BLUE ON WATER

319 Water Street

Telephone: (709) 754-BLUE (2583)

Toll Free: 1-877-431-BLUE (2583)

Fax: (709) 754-4380

Email: info@blueonwater.com

Website: www.blueonwater.com

Featuring gourmet seafood. Reservations recommended.

THE BONAVISTA

Fairmont Newfoundland Hotel

Cavendish Square

Telephone: (709) 726-4977

Reservations recommended. Colourful Mediterranean themed restaurant. Fabulous Sunday Brunch and buffets.

BRIDIE MOLLOY'S PUB & EATERY

5 George Street

Telephone: (709) 576-5990

Fax: (709) 576-8993

Email: bridiemolloys@nf.aibn.com

Pub and Restaurant

THE CABOT CLUB

Fairmont Newfoundland Hotel

Cavendish Square

Telephone: (709) 726-4944

Fine dining with unmatched view of the harbour. One of Canada's 100 best.

RESTAURANTS

CASA GRANDE

108 Duckworth Street

Telephone: (709) 753-6108

Website: www.casa-grande.net

Mexican and Canadian cuisine.

THE CASBAH

290 Duckworth Street

Telephone: (709) 738-5293

Website: www.thecasbah.ca

Casual dining with fresh ingredients hand-chosen daily. Gourmet food in a casual atmosphere.

CELLAR RESTAURANT

152 Water St., 4th Floor

Telephone: (709) 579-8900

Fax: (709) 579-0941

Fine dining, private rooms, specializing in steak and seafood.

CELTIC HEARTH

298-300 Water Street

Telephone: (709) 576-2880

Fax: (709) 576-8993

Email: bridiemolloys@nf.aibn.com

24 hour bistro.

CLASSIC CAFÉ EAST

73 Duckworth Street

Telephone: (709) 726-4444

Website: www.classiccafeeast.com

Traditional Newfoundland cuisine and seafood.

CORA'S RESTAURANT

Atlantic Place

215 Water Street, Main Floor

Telephone: (709) 722-6720

Email: info@chezcora.com

Website: www.chezcora.com

Serving breakfast and lunch.

DEVITO'S RESTAURANT

183 Duckworth Street

Telephone: (709) 579-7071

DJANGO'S RESTAURANT

190 Duckworth Street

Telephone: (709) 738-4115

Website: www.djangos.nf.ca

Recommended by new York Times. Private dining rooms available.

GIOVANNI CABOT'S EATERY & BAKERY

10 King's Road

Telephone: (709) 739-7999

Website: www.odea.ca

Including Mediterranean cuisine, vegetarian and low carb plus much more. Open 6 days a week, closed on Sundays.

GREEN SLEEVES PUB, LOUNGE & RESTAURANT

14 George Street

Telephone: (709) 579-1070

GUV'NOR PUB & EATERY

210 Water Street

Telephone: (709) 738-3018

Fax: (709) 726-5921

Email: phickey@guvnor-inn.com

Website: www.govnor-inn.com

Bringing old world charm and fine English fare to downtown St. John's.

GYPSY TEA ROOM

195 Water Street

Telephone: (709) 739-4766

HONG KONG RESTAURANT

361 Water Street

Telephone: (709) 753-8838

Chinese and Canadian cuisine. Authentic Chinese chef on staff.

HUNGRY FISHERMAN

The Murray Premises

5 Beck's Cove

Telephone: (709) 726-5791

Website: www.stagehead.ca

Broad menu, specializing in seafood.

RESTAURANTS

INDIA GATE RESTAURANT

286 Duckworth Street
Telephone: (709) 753-6006
Website: www.indiagate.250x.com
Fine Indian and Canadian dishes.

JUNGLE JIM'S

George Street
Telephone: (709) 753-5467
Website: www.junglejims.ca
Charbroiled ribs, fresh seafood, and Mexican favourites.

K CAFÉ

155 New Gower Street
Telephone: (709) 754-2266
Specializing in seafood, offering a wide variety.

THE KEBAB HOUSE

302-304 Water Street
Telephone: (709) 753-8922
Authentic Lebanese food.

THE KEG STEAKHOUSE

135 Harbour Drive
Tel: (709) 726-4534
Website: www.kegsteakhouse.com
Casual steakhouse with a contemporary flavour.

KELLY'S PUB & EATERY

25 George Street
Telephone: (709) 753-5300

THE LANDING RESTAURANT

The Battery Hotel & Suites
Signal Hill Road
Telephone: (709) 576-0040
Fax: (709) 576-6943
Website: www.batteryhotel.com
Overlooking the St. John's harbour, the restaurant features Newfoundland cuisine plus a wide variety of traditional menu items.

MAGIC WOK EATERY

402-404 Water Street
Telephone: (709) 753-6907
Fax: (709) 726-4213
Closed Mondays. Specializing in traditional Chinese food Hong Kong style.

MAGNUM & STEIN'S

284 Duckworth Street
Telephone: (709) 576-6500
Creative dining. Reservations recommended.

MERLO'S PRESS & BEAN RESTAURANT

The Murray Premises
5 Beck's Cove
Telephone: (709) 753-2457
Fax: (709) 753-2578
Email: info@pressandbean.com
Website: www.pressandbean.com
Seafood, sandwiches, steaks, pasta, stirfrys.
Comfortable, casual, reasonable prices.

MEXICALI ROSA'S

36 George Street
Telephone: (709) 739-6394
Website: www.mexicalirosas.com
Serving California style Mexican food.

MICKEY QUINN'S PUB

Delta St. John's Hotel
120 New Gower Street
Telephone: (709) 570-1333
Fax: (709) 570-1620
Casual dining with a relaxed atmosphere

NAUTICAL NELLIES

201 Water Street
Telephone: (709) 738-1120
Pub & Eatery

O'REILLY'S IRISH PUB

15-17 George Street
Telephone: (709) 722-3735
Website: www.oreillyspub.com
Full menu, pub grub.

OLIVER'S RESTAURANT

160 Water Street
Telephone: (709) 754-6444
Email: c.vincent@nl.rogers.com
Website: www.olivers-cafe.com
Featuring pasta, seafood, steaks, and fresh striploin.
Gourmet desserts, specialty coffee & tea. Fully licensed.

RESTAURANTS

OSCAR'S RESTAURANT

377 Duckworth Street
Telephone: (709) 579-7227
Traditional Newfoundland cuisine and seafood.

PASTA PLUS CAFÉ

223 Duckworth Street
Telephone: (709) 739-6676
Large menu featuring fresh made pastas, crepes, gourmet pizzas.

THE PEPPER MILL

178 Water Street
Telephone: (709) 726-7585
Fax: (709) 726-7729
Email: e.collins@nl.rogers.com
Website: www.thepeppermillonline.com
Casual dining, fresh seafood & steaks.

PETER BELBIN'S STEAK HOUSE & SALAD BAR

223 Duckworth Street
Telephone: (709) 753-8530
Fax: (709) 753-8532
Website: www.peterbilbinssteakhouse.com
Steaks are aged, never frozen, and cooked on an open-flame charbroiler. Salad bar.

RESTAURANT 21

21 Queen's Road
Telephone: (709) 576-2112
Reservations recommended. Modern dining with a fine selection of wines, decadent desserts and an abundance of fresh seafood.

RUMPELSTILTSKIN'S

Quality Hotel
Hill O' Chip's
Telephone: (709) 579-6000
Fax: (709) 753-5316
Email: rumpels@nl.rogers.com
Beautiful harbour view, with a versatile menu featuring seafood dishes and steak.

SPIRIT PUB AND THAI ROOM

390 Duckworth Street
Telephone: (709) 722-0911
Newfoundland's first Thai restaurant.

THE SPROUT

364 Duckworth Street
Telephone: (709) 579-5485
Vegetarian restaurant.

THE STAGE HEAD

Quidi Vidi Village
Telephone: (709) 739-8668
Fax: (709) 739-8129
Email: stagehead@nfld.com
Website: www.stagehead.ca
Specializing in seafood as well as steaks, chicken and pasta. Spectacular view.

SUNDANCE

George Street
Telephone: (709) 753-7822
Nightclub and restaurant. Seafood & steak house on the premises.

SUN SUSHI JAPANESE RESTAURANT

186 Duckworth Street
Telephone: (709) 726-8688
Fax: (709) 726-8868
Specializing in sushi and bubble tea. Variety of Japanese dishes available.

TAJMAHAL RESTAURANT

203 Water Street
Telephone: (709) 576-5500
Indian cuisine

TASTE OF THAI

179 Duckworth Street
Telephone: (709) 738-3203
Serving Thai food.

THYMESTONE BISTRO

281 Duckworth Street
Telephone: (709) 722-5769
Specializing in steaks, seafood and French cuisine.
Reservations recommended.

THE TUSCAN DOOR

248 Water Street
Telephone: (709) 739-6977
Fax: (709) 739-6978
Authentic Italian dining.

RESTAURANTS

VELMA'S RESTAURANT & LOUNGE

264 Water Street
Telephone: (709) 576-2264
Newfoundland traditional food.

ZACHARY'S RESTAURANT

71 Duckworth Street
Telephone: (709) 579-8050
Traditional cuisine

ZAPATA'S MEXICAN RESTAURANT

10 Bates's Hill
Telephone: (709) 576-6399
Fax: (709) 753-6215
Website: www.zapatasmexicanrestaurant.com
Mexican food with selected Canadian dishes.

OUTSIDE DOWNTOWN AREA

BIG "R" RESTAURANT

69 Harvey Road
Telephone: (709) 722-2256
Specializing in fish n' chips.

THE BLOOMIN' TEAPOT

306 Mount Scio Road
MUN Botanical Gardens
Telephone: (709) 753-8327
Soups, sandwiches and decadent homemade
desserts. Also a tea room.

BUD'S FAMILY RESTAURANT

207 Kenmount Road
Telephone: (709) 738-2837
Specializing in homemade Newfoundland foods,
breads, desserts.

CHES'S FISH & CHIPS

9 Freshwater Road
Telephone: (709) 726-3434
Specializing in traditional Newfoundland fish & chips.

CHINA HOUSE RESTAURANT

Torbay Rd. Mall
Torbay Road & MacDonald Drive
Telephone: (709) 754-2892
Website: www.chinahouse.ca
Chinese and Canadian cuisine

CLANCY'S RESTAURANT

Comfort Inn
106 Airport Road
Telephone: (709) 753-3585

DON CHERRY'S SPORTS GRILL

290 Freshwater Road
Telephone: (709) 576-2583
Fax: (709) 576-6054
Website: www.doncherrys.ca
Sports grill.

EAST SIDE MARIO'S

Holiday Inn
180 Portugal Cove Road
Telephone: (709) 722-6900
Fax: (709) 722-9756
Website: www.eastsidemarios.com
A family style American-Italian eatery.

EMERALD PALACE

56A Kenmount Road
Telephone: (709) 726-7878
Fax: (709) 579-5843
Chinese lunch and dinner buffet.

FLAT ROCK BAR 'N GRILL

Best Western Travellers Inn
199 Kenmount Road
Telephone: (709) 722-5540
Fax: (709) 722-1025
Home cooked meals in a casual, cozy atmosphere.

FOG CITY BREWING CO.

Avalon Mall
Kenmount Road
Telephone: (709) 726-4949
Wide menu with fresh seafood in season. Four kinds
of beer brewed on premises.

RESTAURANTS

GUV’NOR PUB & EATERY

The Guv’nor Inn
389 Elizabeth Ave.
Telephone: (709) 726-3053
Website: www.guvnor-inn.com
Old English style pub. After 8 pm, adult dining only.

JACK’S RESTAURANT

Capital Hotel
208 Kenmount Road
Telephone: (709) 738-4480
Website: www.steelehotels.com
Specializing in steak and seafood.

JOHNNY’S FISH N’ CHIPS

11 Freshwater Road
Telephone: (709) 739-1810
Specializing in fish and chips.

JUNGLE JIM’S

Topsail Road
Telephone: (709) 745-6060
Charbroiled ribs, fresh seafood, and Mexican favourites.

JUNGLE JIM’S

286 Torbay Road
Telephone: (709) 722-0261
Charbroiled ribs, fresh seafood, and Mexican favourites.

KENMOUNT RESTAURANT

75 Kenmount Road
Telephone: (709) 753-8385
Delicious Chinese & Canadian cuisine. Fully licensed.

KLONDIKE JAKE’S

Village Mall
Topsail Road
Telephone: (709) 747-1897
Specializing in burgers and all day breakfasts, plus much more.

LEO’S FISH N’ CHIPS

27 Freshwater Road
Telephone: (709) 726-2658
Specializing in fish and chips.

MAMA SOULA’S

411 Torbay Road
Telephone: (709) 738-7014
Authentic Green cuisine. Reservations recommended.

MEA MEI WOK EATERY

12 Freshwater Road
Telephone: (709) 726-8424
Specializing in Cantonese, Hong Kong, and Szechuan style Chinese cuisine.

MY BROTHER’S PLACE

270 Torbay Road
Telephone: (709) 754-2767
Fax: (709) 754-2767
Email: brosp3@nf.aibn.com
Website: www.mybrothersplace.ca

NEW CHINA TOWN EATERY

27 Elizabeth Avenue
Telephone: (709) 738-7388
Specializing in traditional Chinese food, Cantonese style, and Canadian dishes. Daily specials & buffet.

NEW MOON RESTAURANT

656 Topsail Rd.
Telephone: (709) 368-6698
Specializing in Chinese & Canadian foods.

P. J. BILLINGTON’S RESTAURANT

102 Kenmount Road
Telephone: (709) 722-9330
Website: www.pjbillingtons.ca

Extensive menu that will satisfy a range of tastes and fit any budget...ribs, chicken, seafood, steak and international selection.

PAPA’S PIER 17

15 Rowan St., Churchill Square
Telephone: (709) 753-7692
Relaxed dining with the finest selection of seafood, steak, ribs, surf & turf, pastas and more.

PASTA PLUS CAFÉ

Avalon Mall
Kenmount Road
Telephone: (709) 722-6006

RESTAURANTS

PASTA PLUS CAFÉ

Terrace on the Square
Churchill Square
Telephone: (709) 739-5818

PASTA PLUS CAFÉ

428 Torbay Road
Telephone: (709) 739-7278

QUINTANAS DE LA PLAZA

57 Rowan Street
Churchill Square
Telephone: (709) 579-7000
Mexican & Canadian cuisine.

RED PEPPER RESTAURANT

31 Peet Street
Telephone: (709) 753-5999
Mongolian food all you can eat.

RED PEPPER RESTAURANT

38 Hamlyn Road
Hamlyn Road Plaza
Telephone: (709) 754-7600
Mongolian food all you can eat.

STAGE HEAD RESTAURANT

Quidi Vidi Village
Telephone: (709) 739-8668
Email: stagehead@nfld.com
Website: www.stagehead.ca
Specializing in seafood as well as steaks, chicken and pasta. Offers extensive wine list. Reservations recommended.

TAIWAN RESTAURANT

394 Kenmount Road
Telephone: (709) 753-1818
Chinese food

TEA/COFFEE SHOPS

AUNTIE CRAE'S DELI

272 Water Street
Telephone: (709) 754-0661
Breads, rolls and cookies baked fresh daily on site.
Also serving soup, salads and sandwiches.

THE BLOOMIN' TEAPOT

306 Mount Scio Road
MUN Botanical Gardens
Telephone: (709) 753-8327
Soups, sandwiches and decadent homemade
desserts. Also a tea room.

COFFEE AND COMPANY

204 Water Street
Telephone: (709) 576-3606
Specializing in Godiva chocolate and decadent
desserts.

ESPRESSO GARDEN

254 Water Street
Telephone: (709) 739-7598
Coffee shop serving soup, salad and sandwiches.

HAVA JAVA

216 Water Street
Telephone: (709) 753-5282
Decadent desserts, plus wireless internet available.

TIM HORTON'S

253 Duckworth Street
Telephone: (709) 753-6566

TIM HORTON'S

78 Harvey Road
Telephone: (709) 722-7808

SHOPPING

KELSEY DRIVE RETAIL PARK

A variety of superstores in vicinity.

This is a new retail development that is continually expanding.

A variety of superstores in vicinity including:

Boston Pizza	<i>Scheduled to open Spring 2006</i>	
Buck or Two		(709) 739-8030
Canadian Tire		(709) 722-5530
E. B. Games		(709) 753-9701
First Choice Haircutters	<i>Scheduled to open Spring 2006</i>	
Home Depot		(709) 570-2400
Mark's Work Wearhouse		(709) 576-6275
Sobey's		(709) 576-0420
Subway		(709) 738-8292
Wal-Mart		(709) 722-5094
Wells Fargo Financial	<i>Scheduled to open Spring 2006</i>	

Website: www.firstpro.com

STRIP MALLS

Located throughout St. John's are several strip malls offering a variety of merchandise.

LIQUOR STORES

Avalon Mall Liquor Store

48 Kenmount Road

Tel: (709) 724-1263
Hours: Mon. - Sat., 10:00 am - 10:00 pm
Sunday, 12:00 noon - 5:00 pm

Churchill Square Liquor Store

Elizabeth Avenue

Tel: (709) 724-1802
Hours: Mon. - Sat. 9:30 am - 6:00 pm
except Fri., 9:30 am - 9:00 pm
Sunday, 12:00 noon - 5:00 pm

Elizabeth Avenue East Liquor Store

55 Elizabeth Avenue

Tel: (709) 724-1291
Hours: Mon. - Wed., 10:00 am - 10:00 pm
Thurs. - Sat. 10:00 am - 11:00 pm
Sunday - 10:00 am - 10:00 pm

Kenmount Road Liquor Store

90 Kenmount Road

Tel: (709) 724-1180
Hours: Mon. - Sat., 10:00 am - 10:00 pm
Sunday, 12:00 noon - 5:00 pm

Murray Premises Liquor Store

The Murray Premises

Tel: (709) 724-1600
Hours: Mon. - Sat., 9:30 am - 5:30 pm
except Fri., 9:00 am - 9:00 pm
Sunday, 12:00 noon - 5:00 pm

Stavanger Drive Dominion Liquor Store

55 Stavanger Drive

Tel: (709) 724-1206
Hours: Mon. - Sun., 10:00 am - 10:00 pm

Topsail Road Liquor Store

470 Topsail Road

Tel: (709) 724-1876
Hours: Mon. - Sat., 10:00 am - 10:00 pm
Sunday, 12:00 noon - 5:00 pm

Village Mall Liquor Store

430 Topsail Road

Tel: (709) 724-1274
Hours: Mon. - Sat., 10:00 am - 10:00 pm
Sunday, 12:00 noon - 5:00 pm
Website: www.nfliquor.com

ARTS AND CULTURE

ART GALLERIES

THE ART EMPORIUM

(2 locations)

30 Ropewalk Lane

Telephone: (709) 738-2787

Fax: (709) 738-2788

16 Stavanger Drive

Telephone: (709) 722-6116

Fax: (709) 722-6306

Email: rjvincer@mfkelly.com

Website: www.newfoundlandfineart.com

THE ART & FRAME SHOPPE

29 O'Leary Avenue

Telephone: (709) 738-0360

Toll Free: 1-877-709-0360

Fax: (709) 738-0371

Email: artframe@nfld.net

Website: www.newfoundlandart.net

ART GALLERY OF NEWFOUNDLAND AND LABRADOR

The Rooms

9 Bonaventure Ave., Fort Townshend

Telephone: (709) 757-8040

Fax: (709) 757-8041

Season: Open Year Round

Website: www.therooms.ca

CHRISTINA PARKER GALLERY

7 Plank Road

Telephone: (709) 753-0580

Fax: (709) 753-6469

Email: cpg@nfld.net

Website: www.christinaparkergallery.com

CLARKE'S CUSTOM FRAMING & ART GALLERY

1053 Topsail Road

Telephone: (709) 747-8386

Fax: (709) 747-8394

CRAFT COUNCIL SHOP & GALLERY

59 Duckworth Street

Devon House

Telephone: (709) 753-2749

Fax: (709) 753-2766

Email: info@craftcouncil.nf.ca

Website: www.craftcouncil.nf.ca

CYNTHIA I. NOEL GALLERY

119-121 Long's Hill

Telephone: (709) 754-5560

Email: cynthianoel@nl.rogers.com

DOWNHOME SHOPPE AND GALLERY

303 Water Street

Telephone: (709) 722-2970

Toll Free: 1-888-588-6353

Fax: (709) 726-2135

(709) 726-6800

Email: shoppe@downhomelife.com

Website: www.downhomelife.com

EASTERN EDGE GALLERY

72 Harbour Drive (at Baird's Cove)

Telephone: (709) 739-1882

Fax: (709) 739-1866

Email: egallery@nfld.net

Website: www.easternedge.ca

EMMA BUTLER GALLERY

111 George Street West

Telephone: (709) 739-7111

Fax: (709) 753-7163

Email: emmab@nl.rogers.com

Website: www.emmabutler.com

ARTS AND CULTURE

FRAME OF MINE

279 Portugal Cove Road
Telephone: (709) 739-7272
Fax: (709) 739-6425

LANE GALLERY

Fairmont Newfoundland Hotel
Telephone: (709) 753-8946
Toll Free: 1-800-366-5263
Fax: (709) 753-9805
Email: donlane@lanegallery.com
Website: www.lanegallery.com

THE LEYTON GALLERY OF FINE ART

Clift Baird's Cove/Water Street
Tel: (709) 722-7177
Email: leytongallery@nf.aibn.com
Website: www.theleytongallery.com

NEVILLE FRAMING, ART GALLERY & POSTER SHOPPE LTD.

78 Prescott Street
Telephone: (709) 753-2914

POLLYANNA GALLERY

214 Duckworth Street
Telephone: (709) 726-0936
Fax: (709) 726-0936
Email: pollyanna@nf.sympatico.ca

RANDY DAWE PHOTOGRAPHY & FRAMING INC.

390 Elizabeth Avenue
Telephone: (709) 722-5812
Fax: (709) 722-8881
Email: rdawe@randydawe.com
Website: www.randydawe.com

RAY COX

(Quidi Vidi Hand Wrought Pewter)
111 Quidi Vidi Road
Telephone: (709) 739-8371
Email: qv@rogers.nl.com

RED OCHRE GALLERY

96 Duckworth Street
Telephone/Fax: (709) 726-6422
Email: info@redochregallery.ca
Website: www.redochregallery.ca

RESOURCE CENTRE FOR THE ARTS GALLERY & THEATRE

LSPU Hall, 3 Victoria Street
Telephone: (709) 753-4531
Fax: (709) 753-5778
Email: rcainfo@nfd.net
Website: www.rca.nf.ca

RICHARD STEELE STUDIO

63 Harvey Road
Telephone: (709) 754-6741
Email: rsteale@cornerboyeditions.com
Website: www.cornerboyeditions.com

ROY PITCHER GALLERY

284 LeMarchant Road
Telephone/Fax: (709) 738-7810

ST. MICHAEL'S PRINT SHOP

Baird's Cove
Telephone: (709) 754-2931
Fax: (709) 754-0464
Email: stmichaelsprintshop@nf.aibn.com
Website: www.wordplay.com/st_michaels

SHADES OF GRAY

Telephone: (709) 576-6050

SPURRELL GALLERY

87 Long's Hill
Telephone: (709) 753-6600
Toll Free: 1-877-753-6604
Fax: (709) 753-6605
Email: myra@spurrellgallery.com
Website: www.spurrellgallery.com

ARTS AND CULTURE

YOUR ARTS DESIRE

21 Patrick Street

Tel: (709) 579-5222

Fax: (709) 579-5230

PERFORMING ARTS

ARTS & CULTURE CENTRE

Allandale Road & Prince Philip Drive

Telephone: (709) 729-3900/3650

Fax: (709) 729-5952

Email: dstoker@artsandculturecentre.com

Website: www.artsandculturecentre.com

Theatre, music and dance by a variety of Newfoundland and national performers.

Arts & Culture Centre Basement Theatre

Allandale Road & Prince Philip Drive

Telephone: (709) 729-3650

Offers a variety of local professional and amateur dramatic productions, music, comedy, poetry readings and visual art displays.

CULTURE CLUB

Folk Night at the Ship

Location: The Ship Inn

Solomon's Lane

Telephone: (709) 753-3870

Weekly guests include musicians, singers and poets.

DONALD F. COOK RECITAL HALL

Location: M. O. Morgan Building
Memorial University of Nfld.

Telephone: (709) 737-7486

Website: www.mun.ca/music/conc

Student and faculty performances, local and visiting artists.

L.S.P.U. HALL THEATRE

3 Victoria Street

Telephone: (709) 753-4531

Fax: (709) 753-5778

Email: rcat@nfld.net

Website: www.rca.nf.ca

Variety of drama, music and comedy by Newfoundland performers. Newfoundland alternative theatre.

NEWFOUNDLAND SYMPHONY ORCHESTRA

Allandale Road & Prince Philip Drive

Telephone: (709) 722-4441

Fax: (709) 753-0561

Email: mary@nso.nfld.net

Website: www.nso.nfld.net

This year-long program of music often features national and international guest musicians.

NEWFOUNDLAND SYMPHONY YOUTH ORCHESTRA (SHALLAWAY)

P.O. Box 5457

St. John's, NL A1C 5W4

Telephone: (709) 738-6792

Cell: (709) 727-8648

Fax: (709) 738-6626

Email: nsyc@nf.aibn.com

Website: www.shallaway.ca

RABBITTOWN THEATRE

Merrymeeting Rd./Linscott St.

Telephone: (709) 739-8220

Email: rabbittown@nf.aibn.com

A locally owned and operated independent company committed to the production of quality theatre and the promotion of local artists.

REID THEATRE

Arts & Administration Building

Memorial University of Newfoundland

Telephone: (709) 737-8297

ARTS AND CULTURE

ST. JOHN'S HAUNTED HIKE

Anglican Cathedral, Church Hill

Season: mid June -mid Sept.

Contact: Dale Jarvis

Telephone: (709) 685-3444

Telephone: (709) 739-5413 (*off season*)

Email: info@hauntedhike.com

Website: www.hauntedhike.com

An ambulatory theatrical exploration of the macabre, June to August, every Sunday to Thursday night. Starts at 9:30 pm from the west entrance to the Anglican Cathedral, Church Hill, St. John's. Wear comfortable shoes.

ST. JOHN'S CABOT 500 AMPHITHEATRE

City of St. John's Recreation Dept.

Location: Bowring Park

Telephone: (709) 576-8499

Fax: (709) 576-8469

Email: bwade@stjohns.ca

SHAKESPEARE BY THE SEA

St. John's Cabot 500 Amphitheatre located in Bowring Park.

Season: July - mid August

Telephone: (709) 576-0980 (April - Sept.)

Fax: (709) 576-8073 (year round)

Email: sbts@nfld.com

Website: www.nfld.com/%7Esbts/

DINNER THEATRES

ATLANTIC OCEAN DINNER CRUISES

Locations: Foxtrap in season

St. John's Harbour off season

Telephone: (709) 726-9693

(709) 834-6663

Toll Free: 1-877-834-6663

Fax: (709) 834-7217

Email: info@atlanticoceandinnercruises.com

Website: www.atlanticoceandinnercruises.com

From parties of two to groups of 150, offering fine dining and dancing on board multi-level vessel. Two hour lunch cruises or four hour dinner cruises.

SPIRIT OF NEWFOUNDLAND PRODUCTIONS

390 Duckworth Street (*Majestic Theatre*)

Telephone: (709) 579-3023

Fax: (709) 579-3056

Email: spirit@nl.rogers.com

Website: www.spiritofnewfoundland.com

A complete Newfoundland experience of hilarious wit, spirited character interplay, musical talent and a memorable three-course meal.

STEELE N' STEPS

Locations may vary.

Telephone: (709) 754-8687

Toll Free: 1-866-819-8687

Fax: (709) 754-8687

Email: info@newfoundlandtours.com

Website: www.newfoundlandtours.com

Experience over 500 years of culture preserved and portrayed through music, song and dance of the Steele n' Steps entertainers, following a traditional Newfoundland meal.

SPECIAL EVENTS

CALENDAR OF EVENTS FOR 2006 & 2007

ST. JOHN'S DAYS CELEBRATIONS

June 23 - 26, 2006

June 22 - 25, 2007 *

Celebrate the City's birthday through outdoor concerts, historical characters and exciting art and cultural events.

Contact: Tourism St. John's
Telephone: (709) 576-8106

MAGNETIC NORTH THEATRE FESTIVAL

June 28 - July 8, 2006

A national festival of the best in contemporary Canadian theatre.

Telephone: (709) 729-3900 or
(613) 947-7000, ext. 719
Toll Free: 1-800-6630-9449
Fax: (709) 729-0247 or
(613) 943-1401
Email: info@magneticnorthfestival.ca
Website: www.magneticnorthfestival.ca

This festival features 11 days of exhilarating theatre from across the country and a host of events, and includes a series featuring staged readings of new Canadian plays, celebrity speakers, and young audience programming.

LUNCHTIME CONCERT SERIES

July - August, 2006

Telephone: (709) 576-8106

Held every Wednesday and Friday through July and August. These free concerts showcase the best of the St. John's music scene.

CANADA DAY CELEBRATIONS

July 1

Each July 1st, when the sun rises over Signal Hill, the people of St. John's become the first in Canada to celebrate this country's birthday. Outdoor entertainment caps off the day of birthday celebrations. Fireworks at Quidi Vidi Lake. Happy Birthday Canada!

Contact: Tourism St. John's
Telephone: (709) 576-8106
Email: tourism@stjohns.ca
Website: www.stjohns.ca

FESTIVAL 500 – SHARING THE VOICES

July 1 - 8, 2007 * (*bi-annual event*)

World renowned international festival of choral music will feature more than 60 concerts throughout St. John's. Grande Finale concert to take place at Mile One Stadium.

Telephone: (709) 738-6013
Fax: (709) 738-6014
Email: information@festival500.com
Website: www.festival500.com

SPECIAL EVENTS

SIGNAL HILL TATTOO

July 4 - August 13, 2006

The Signal Hill Tattoo is an internationally known award winning historical animation program. Each summer audiences thrill to the echo of the cannon, mortars and musket fire combined with the stirring tunes of the Fife and Drum Band which beckons visitors to a bygone age of 19th Century British military might. Set atop famous Signal Hill, the Tattoo portrays the garrison life and duties of His Majesty's Royal Newfoundland Regiment of Foot and the 27th Company - 2nd Battalion-Royal Regiment of Artillery who endured the harsh conditions of the Newfoundland Station in the late 1790s.

Contact: Jim Lynch/Aubrey Halfyard
Telephone: (709) 772-7982 (*summer*)
Fax: (709) 772-8036 (*summer*)
Off Season Tel: (709) 364-9240
Off Season Fax: (709) 334-2078
Email: jameslynch@esdnl.ca
Website: www.signalhilltattoo.ca

SOUND SYMPOSIUM XIII

July 7 - 15, 2006 (*bi-annual event*)

St. John's becomes a celebration of sound, new music, theatre, dance and art during the Sound Symposium. A growing collection of artists provide audiences with unforgettable and unique artistic performances.

Fax: (709) 753-4630
Email: soundart@nfld.com
Website: www.soundsymposium.com

5th ANNUAL ST. JOHN'S JAZZ FESTIVAL

July 19 - 23, 2006

A great coming together of over 50 local and international jazz musicians at various venues throughout the city. A 9 day festival of sound, artistry, exploration and collaboration set in the oldest city in North America...an explosion of creativity on the edge of the continent...an unforgettable experience.

Telephone: (709) 739-7734
Fax: (709) 739-7706
Email: info@stjohnsjazzfestival.com
Website: www.stjohnsjazzfestival.com

GEORGE STREET FESTIVAL

July 27 - August 2, 2006

July 26 - August 1, 2007 *

George Street, in downtown St. John's, is the focal point of the City's nightlife. The pubs and taverns lining this historic cobblestone street offer everything from traditional Newfoundland music to the latest rock music. The festival features five nights of live outdoor entertainment featuring some of Newfoundland's top acts.

Location: George Street
Contact: Tourism St. John's
Telephone: (709) 576-8106

SPECIAL EVENTS

ROYAL ST. JOHN'S REGATTA

August 2, 2006 (*weather permitting*)
August 1, 2007* (*weather permitting*)

What probably began as a few fishermen competing to see who could row his dory the fastest has grown into the annual Royal St. John's Regatta, North America's oldest continuing sporting event. The Regatta began officially in 1825 and has run the first Wednesday in August ever since.

Regatta Day is probably the only Municipal Holiday in Canada that is dependent on the weather. If it is raining or too windy, the holiday is simply put off until the next suitable day.

Location: Quidi Vidi Lake
Telephone: (709) 576-8921
Fax: (709) 576-3315
Email: stjohnsregatta@nf.aibn.com
Website: www.stjohnsregatta.org

BUSKERS FESTIVAL

August 4 - 6, 2006
August 3 - 5, 2007 *

Every year clowns, magicians and musical talent come out into the streets to perform. The festival hosts a number of great acts all around the downtown area.

Contact: Downtown Dev. Commission
Telephone: (709) 726-8244
Email: gaylynne@downtownstjohns.com
Website: www.downtownstjohns.com

NEWFOUNDLAND AND LABRADOR FOLK FESTIVAL

August 4, 5, 6, 2006
August 3, 4, 5, 2007 *

This is the 30th year of the festival and is also a come home year for participants. The Festival will be held in Bannerman Park featuring musicians, dancers and storytellers from around the province. It is a perfect opportunity to get a taste of the traditional Newfoundland lifestyle with music, dancing, storytelling and traditional good times.

Location: Bannerman Park
Contact: St. John's Folk Arts Council
Telephone: (709) 576-8508
Toll Free: 1-866-576-8508
Fax: (709) 757-8500
Website: www.sjfac.nf.net

TUCKAMORE FESTIVAL

August 7 - 20, 2006
August 5 - 19, 2007 *

The Tuckamore Festival offers both an outstanding chamber music series of internationally acclaimed artists and an inspiring program for emerging artists. The festival's goal is to create an intimate and challenging environment of intense musicmaking, collaboration and mentoring for young and established artists in an extraordinarily beautiful corner of Canada. The festival presents numerous concerts and master classes in a number of superb venues in historic St. John's.

Telephone: (709) 737-2372
Email: tuckamorefestival@nfld.com
Website: www.tuckamorefestival.ca

SPECIAL EVENTS

DOORS OPEN

September 9, 10, 2006

September 8, 9, 2007 *

Doors Open in St. John's began in 2003 as a way for citizens and visitors to celebrate local architecture and heritage buildings. Buildings that are normally closed to the public or charge admission fees welcome visitors for free to experience some of our hidden historical and architectural gems.

Telephone: (709) 739-6592
Fax: (709) 739-5413
Email: doorsopen@heritagefoundation.ca
Website: www.doorsopendays.com

TARGA NEWFOUNDLAND

September 9 - 16, 2006

Targa Newfoundland is the first and only event of its kind to be held in North America. It is an annual event and forms a 2200 km long, high quality automotive adventure. It is held over a seven day period in September of each year on the paved roads of the eastern and central parts of the province.

Telephone: 1-877-332-2313
Email: info@targanewfoundland.com
Website: www.targanewfoundland.com

GREAT RUBBER DUCK RACE & FESTIVAL

August 27, 2006

Get your rubber duckies ready. This fun family event offers all who sponsor one of the thousands of the rubber ducks a chance to win prizes totalling thousands of dollars. The race begins from the Stephen Rendell Herder Bridge and finishes at King's Bridge Road.

Telephone: (709) 722-3825 or
(709) 754-FISH (3474)
Fax: (709) 754-5997
Email: djpg@fluvarium.ca
Website: www.fluvarium.ca

ST. JOHN'S INTERNATIONAL WOMEN'S FILM FESTIVAL

October 18 - 22, 2006

Held in October at various venues throughout St. John's, this week-long screening series of 50-70 works by women directors, producers and writers also features a workshop/seminar series (for filmmakers, the general public and youth), galas, receptions and other networking events. This dynamic event attracts over 4,000 film industry players and enthusiasts from around the province, Canada and the world.

Telephone: (709) 754-3141
Fax: (709) 579-2386
Email: womensfilmfest@nfld.net
Website: www.womensfilmfestival.com

ST. JOHN'S HALLOWEEN MARDI GRAS

October 27, 28, 2006

October 26, 27, 2007 *

If you thought you had to go to New Orleans to experience a real Mardi Gras, then you have not been to the annual St. John's Halloween Mardi Gras. This is an event of all-out fun with spectacular costumes, good music, good fun and good times on George Street.

Location: George Street
Contact: Tourism St. John's
Telephone: (709) 576-8106
Email: tourism@stjohns.ca

SPECIAL EVENTS

THE DOWNTOWN CHRISTMAS PARADE

November 26, 2006

November 24, 2007 *

With over 100 entries and a crowd estimated at 40,000 people, the parade is the largest in the province. It features zany clowns, marching bands, colourful cheerleaders and fantastic floats. A food drive is included in the festivities benefiting the community food sharing association.

Contact: Downtown Development
Commission
Telephone: (709) 579-4139
Fax: (709) 579-1636
Email: info@downtownstjohns.com
Website: www.downtownstjohns.com

NORTH AMERICA'S FIRST NEW YEAR

December 31

When the clock strikes midnight on December 31st, the people of St. John's are the first in North America to celebrate the New Year. The New Year's Eve Celebrations include a spectacular fireworks display at the St. John's waterfront.

Contact: Tourism St. John's
Telephone: (709) 576-8106

**** Dates of 2007 Events to be confirmed by organizers.**

RECREATIONAL FACILITIES

If you are interested in swimming, golfing, tennis or other recreational pursuits while on your convention, you're in luck! St. John's has excellent facilities for almost any recreational activity you can dream of. So, bring along your golf clubs, tennis racquet, swimming trunks and anything else. When you visit St. John's, you may need them!

CROSS-COUNTRY SKIING

BUTTERPOT PROVINCIAL PARK

Avalon Nordic Ski Club

Telephone: (709) 739-7375
Email: corbett@mun.ca
Website: www.avalonnordic.ca

Cross country skiing and snowshoeing. Equipment rentals available. Groomed trails.

PIPPY PARK

Northbank Lodge
Nagle's Place

Telephone: (709) 737-3651
(709) 576-8522
Fax: (709) 576-8469
Email: mkenny@stjohns.ca

Cross country skiing and snowshoeing. Equipment rentals available. Groomed trails.

EQUESTRIAN ACTIVITIES

CIRCLE SQUARE RANCH

Fowler's Road
P.O. Box 14233, Station Manuels
Conception Bay South, NL A1W 3J1

Telephone: (709) 781-5330
Fax: (709) 781-5430
Email: manuel@csranch.ca
Website: www.csranch.ca

Trail rides, by reservation only.

EQUESTRIAN INSIGHT

Clovelly Stables
Logy Bay

Telephone: (709) 687-0306
Website: www.equestrian-insight.com

RECREATIONAL FACILITIES

FITNESS CENTRES

ACTIVE WOMEN

265 Torbay Road
Telephone: (709) 753-2348
Website: www.activewomen.ca

30 minute weight loss and fitness centre for women.

CABOT COURTS

120 New Gower Street
(Delta Hotel)

Telephone: (709) 570-1630
Fax: (709) 570-1620

Cardio room, modern weight room, squash, pool, sauna, whirlpool.

GLOBAL GYM

92 Elizabeth Avenue

Telephone: (709) 722-0431
Website: www.eglobalgym.com

Aerobics classes, cardio room, weight room., nutrition centre.

GOODLIFE FITNESS CLUB

260 Blackmarsh Road
Telephone: (709) 739-7892
Fax: (709) 739-7911
Website: www.goodlifefitness.com

Full service gym just for women.

NEW WORLD FITNESS

644 Topsail Road

Telephone: (709) 368-3422
Fax: (709) 368-3455
Website: www.newworldfitness.com

Yoga, pilates, fitness, cardio room, free/fixed weight, water fitness, spinning/rowing.

NUBODY'S FITNESS

272 Torbay Road

Telephone: (709) 753-8347
Fax: (709) 753-8552
Website: www.nubodysfitness.com

NUBODY'S FITNESS

12 Merchant Drive
Mount Pearl

Telephone: (709) 368-8347
Fax: (709) 368-8409
Website: www.nubodysfitness.com

RECREATIONAL FACILITIES

THE WORKS

17 Westerland Road

The Works is the leader in aquatics, fitness, recreation and leisure in Atlantic Canada. It has something for everyone including an Olympic size swimming pool, two giant indoor water slides, 6-lane indoor track, squash, basketball, volleyball, tennis and badminton courts, multiple fitness centres and aquatic facilities as well as a Tim Horton's that serves fresh and delicious coffee, donuts and much more.

Aquarena

The Aquarena has two giant water slides, a swimming pool, Tarzan rope, diving boards and tons of water toys. There is also a fully equipped fitness centre, fitness classes and even a Tim Horton's store in the main lobby.

Telephone: (709) 737-3799
Fax: (709) 737-3091
Website: www.theworksonline.ca

Field House

Indoor track, courts, pool.
Telephone: (709) 737-3000

YMCA-YWCA

34 New Cove Road

Telephone: (709) 754-2960
Fax:: (709) 576-0410
Email: vparmenter@ymywca.nf.net
Website: www.ymywca.nf.net

The YMCA-YWCA provides guests with cardio room, free/fixed weights, stretching room, fitness classes of mixed levels, yoga, spin cycling classes, gymnasium, squash/racquetball courts, soccer, basketball. Honour international YMCA-YWCA membership cards.

GOLF

BALLY HALY GOLF & CURLING CLUB

Logy Bay Road
P.O. Box 21158
St. John's, NL A1A 5B2

Telephone: (709) 726-4021
Fax: (709) 753-5010
Email: ballyhaly@nl.rogers.com
Website: www.ballyhaly.com

Private club with golf and curling facilities. Dining room has great view of Cabot Tower and Atlantic Ocean. On-site Pro Shop.

CLOVELLY GOLF COURSE

Stavanger Drive
P.O. Box 1045
St. John's, NL A1C 5M3

Telephone: (709) 722-7170
Toll Free: 1-888-397-6259
Fax: (709) 576-0489
Email: clubhouse@clovellygolf.com
Website: www.clovellygolf.com

36 hole public/private golf facility, 18 hole par 72 "osprey" championship course, 18 hole par 62 "black duck" course, full service bar/restaurant in clubhouse. Driving range, club rentals, pro shop.

MALONEY'S R.V. & GOLF CENTRE

1382 Topsail Road
Paradise A1L 1C2
(just 2 kms from St. John's)

Telephone: (709) 782-GOLF (4653)
Fax: (709) 782-5234

Driving range and offering golf lessons.

RECREATIONAL FACILITIES

C. A. PIPPY PARK GOLF COURSES

Nagle's Hill, Pippy Park
P.O. Box 1615
St. John's, Newfoundland A1C 5P3

Telephone: (709) 753-7110
Toll Free: 1-888-397-6259
Website: www.pippyparkgolf.com

Two courses, an 18-hole and a 9-hole.

Admiral's Green Golf Course

18-holes, par 71, slope 134

Captain's Hill Golf Course

The original 9-hole course

TERRA NOVA GOLF COURSE AND RESORT

Terra Nova National Park
P.O. Box 160
Port Blandford, NL A0C 2G0

Telephone: (709) 543-2525
Fax: (709) 543-2201
Email: info@terranovalgolf.com
Website: www.terranovalgolf.com

150 miles west of St. John's, on the Trans Canada Highway. 83 guest room resort including 5 suites and 6 efficiency units, complimented by an 18-hole championship golf course, 9-hole golf course, driving range, 18-hole mini golf, 2 tennis courts, heated outdoor swimming pool, complimentary children's recreation program, lounge and dining room.

WILDS AT SALMONIER RIVER GOLF CLUB

P.O. Box 851, Stn. "C"
St. John's, NL A1C 5K4

Telephone: (709) 229-5444
Toll Free: 1-866-888-Wild
1-888-397-6259
Fax: (709) 229-7366
Email: info@thewilds.ca
Web Site: www.thewilds.ca

An 18-hole championship golf course and resort located just 45 minutes from St. John's.

WILLOW BROOK GOLF COURSE

Holyrood
P.O. Box 2592
St. John's, NL A1C 6K1

Telephone: (709) 229-1007
Toll Free: 1-866-888-Wild
Fax: (709) 229-1063
Email: info@thewilds.ca
Website: www.thewillows.ca

Scenic 9-hole course just 30 minutes from St. John's, plus a driving range.

THE WOODS AT SOUTHLANDS GOLF COURSE

P.O. Box 2592, Stn. "C"
St. John's, NL A1C 6K1

Telephone: (709) 368-4747
Off Season Tel: (709) 229-5444
Toll Free: 1-866-563-4653
Fax: (709) 368-4758
Email: info@thewilds.ca
Website: www.thewoods.ca

A par 70 course designed to favour a full spectrum of golfers. New clubhouse opened in 2002.

RECREATIONAL FACILITIES

ICE SKATING

GOULDS ARENA

Main Highway
Goulds
Telephone: (709) 745-5850

MILE ONE STADIUM

50 New Gower Street
Telephone: (709) 576-7657
Website: www.mileonestadium.ca

MOUNT PEARL GLACIER

Smallwood Drive
Mount Pearl
Telephone: (709) 748-1102

INDOOR SWIMMING POOLS

THE AQUARENA

17 Westerland Road
St. John's, Newfoundland A1B 3R7

Telephone: (709) 737-3799
Fax: (709) 737-3091
Website: www.theworksonline.ca

The Aquarena is the only place to go for non-stop fun and excitement. We've got two giant water slides, a huge swimming pool, Tarzan rope, diving boards and tons of water toys. There's also a fully equipped fitness centre, fitness classes and even a Tim Horton's store in main lobby. Don't miss out, join in the fun.

THE BATTERY POOL

The Battery Hotel & Suites
100 Signal Hill Road

Telephone: (709) 576-0043, ext. 756
Fax: (709) 576-6943

Olympic size swimming pool.

H.G.R. MEWS COMMUNITY CENTRE

40 Mundy Pond Road

Telephone: (709) 576-8408
Fax: (709) 576-8469

This 25 m swimming pool with co-ed steam and dry sauna offers family, public and adult lane swimming in addition to shallow and deep water fitness and Red Cross swimming lessons for children and adults.

WEDGEWOOD PARK RECREATION CENTRE

47 Gleneyre Street

Telephone: (709) 576-8155
Fax: (709) 576-8146

This 18 m swimming pool with water slide offers family, public and adult swimming, deep water fitness classes and Red Cross swimming lessons for children and adults.

RECREATIONAL FACILITIES

OUTDOOR SWIMMING POOLS

BANNERMAN PARK POOL

Bannerman Street
Telephone: (709) 576-7671
Season: Open during the summer months

BOWRING PARK POOL

Waterford Bridge Road
Telephone: (709) 576-7708
Season: Open during the summer months

SAILING

ROYAL NEWFOUNDLAND YACHT CLUB

Long Pond, Conception Bay South
Telephone: (709) 834-5151

SQUASH/RACQUETBALL/ BADMINTON

THE AQUARENA (THE WORKS)

17 Westerland Road
St. John's, Newfoundland A1B 3R7

Telephone: (709) 737-3799
Fax: (709) 737-3091
Website: www.theworksonline.ca

H.G.R. MEWS COMMUNITY CENTRE

Mundy Pond Road, St. John's
Telephone: (709) 576-8499
Fax: (709) 576-8469

YMCA-YWCA

34 New Cove Road
P.O. Box 21291
St. John's, NL A1A 2G6

Telephone: (709) 754-2960
Fax: (709) 576-0410

Recognizes YM-YWCA membership cards worldwide.

ST. JOHN'S RECREATION CENTRE

25 Buckmaster's Circle
St. John's, NL A1C 4V7

Telephone: (709) 576-0531

TENNIS

GREENBELT TENNIS CLUB

Newtown Road
P.O. Box 728
St. John's, Newfoundland A1C 5L4

Telephone: (709) 722-3840
Fax: (709) 722-1670
Website: www.greenbelttennis.com

Complete with outside courts, walk-in service.

RIVERDALE TENNIS CLUB

Portugal Cove Road
P.O. Box 9452
St. John's, Newfoundland A1A 2Y4

Telephone: (709) 579-6600

Six tennis courts, canteen, saunas, lighted courts, change rooms, club house.

RECREATIONAL FACILITIES

WEDGEWOOD PARK TENNIS PROGRAM

47 Gleneyre Street

Telephone: (709) 576-8518
Fax: (709) 576-1846
Website: www.stjohns.ca

Outdoor summer tennis program and court rentals.

WATER SPORTS

HEALEY'S POND

(Rotary Park)

Located off Thorburn Road, Route 50
(near Bennett's Road turn off)

Telephone: (709) 576-8522

Public beach area. Non-motorized boating only.
Located adjacent to Rotary Sunshine Park. Canoeing
and kayaking available for group bookings only.

WALKING/HIKING TRAILS

EAST COAST TRAIL

Winding coastal trail of 400 km spans from Topsail, north of Cape St. Francis, south to Cape Race and on to Trepassey. This trail exposes the rugged beauty of the province while tracking through abandoned communities, lighthouses and ecological reserves. All levels from amateur to expert are welcome. Trail maps are available for purchase at various locations.

Telephone: (709) 738-4453
Email: office@eastcoasttrail.com
Website: www.eastcoasttrail.com

GRAND CONCOURSE WALKING TRAILS

100 kms of walking trails spanning across 3 municipalities. The Grand Concourse incorporates a network of lakes, ponds and rivers with supportive boardwalk to make the walk most comfortable. Trail maps are available for purchase at various locations.

Location: Primarily St. John's
Telephone: (709) 737-1077
Fax: (709) 737-1014
Email: info@grandconcourse.ca
Website: www.grandconcourse.ca

MANUELS RIVER WALKING TRAIL

The Manuels River Natural Heritage Society has developed the river and its banks as a conservation area with walking trails, a car parking lot, and a visitors centre. The varied ecosystems contain interesting and sometimes rare flora and fauna. Enjoy guided geological tours and see the famous trilobite fossils, swim in the popular "flats" or enjoy a picnic along the trail.

A variety of programs, activities and events are offered such as: family campfires and sing-alongs, nature walks and talks, geology tours, and exhibits and displays. See the annual "Watch Your Bobber Race" which takes place in mid-July.

Location: Manuels, Conception Bay South
Telephone/fax: (709) 834-2099
Email: info@manuelriver.com
Website: www.manuelriver.com

NEWFOUNDLAND T'RAILWAY

Known as the Newfoundland T'Railway Provincial Park, the rail bed route extends for 883 kms (548 miles) linking urban, rural and wilderness areas and providing travellers with first hand experience of the province's varied flora and fauna. The Park forms the Newfoundland section of the Trans Canada Trail stretching from Victoria, BC and to Tuktoyaktuk, NWT. When complete the Trans Canada Trail will extend for more than 15,000 kms, the longest continuous trail in the world. Work on the T'Railway is being carried out in a number of phases. Planned as a multi-use recreational trail, the T'Railway Park is open not only to hikers but cyclists, horseback riders, snowmobilers, ATV riders, and cross-country skiing enthusiasts, as well. On road motorized vehicles are not permitted.

Telephone: (709) 256-8833
Fax: (709) 651-3849
Email: trailway@nfld.net
Website: www.trailway.ca

TRANSPORTATION

ST. JOHN'S INTERNATIONAL AIRPORT AUTHORITY

The St. John's International Airport is located 10 kms north of the City's historic downtown, all major hotels, convention and port facilities. The Airport is serviced by carriers providing direct/connecting flights to major Canadian and North American cities, as well as direct flights to the United Kingdom.

Affiliate airlines provide regular service within Newfoundland and Labrador, Atlantic Canada, and Saint Pierre, France.

Numerous charter aircraft companies offer a broad range of services to the province and within the province at various times throughout the year.

St. John's International Airport Authority

Box 1, Airport Terminal Building
80 Airport Terminal Access Road
St. John's, NL A1A 5T2
Telephone: (709) 758-8500
Fax: (709) 758-8595
Website: www.stjohnsairport.com

AIRLINES SERVICING ST. JOHN'S

AIR CANADA

Toll Free: 1-888-247-2262 (Canada)
Toll Free: 1-800-776-3000 (US)
Website: www.aircanada.ca

AIR CANADA – JAZZ

Tel: (902) 873-5000
Website: www.flyjazz.ca

AIR CANADA – TANGO

Toll Free: 1-888-247-2262
Website: www.flytango.com

AIR LABRADOR

Telephone: (709) 753-5593
Toll Free: 1-800-563-3042
Email: sa.es@airlabrador.com
Website: www.airlabrador.com

AIR SAINT-PIERRE

Telephone: (709) 726-9700
Email: stjohns@airsaintpierre.com
Website: www.airsaintpierre.com

AIR TRANSAT

Toll Free: 1-877-872-6728
Email: information@airtransat.com
Website: www.airtransat.com

CANJET

Toll Free: 1-800-809-7777
Website: www.canjet.com

CONQUEST VACATIONS

Toll Free: 1-866-266-7974
Website: www.conquestvacations.com

Provides air charter service between St. John's and Halifax, Toronto and Calgary.

TRANSPORTATION

CONTINENTAL

Telephone: 1-800-523-3273
Website: www.continental.com

PROVINCIAL AIRLINES

Telephone: (709) 576-1666
Toll Free: 1-800-563-2800
Website: www.provincialairlines.com

WEST JET

Telephone: 1-888-937-8538
Website: www.westjet.com

MOTORCOACH CHARTER SERVICES (St. John's Region)

BRITISH ISLAND TOURS

15 Tracey Place
St. John's, NL A1A 4T1

Contact: Larry Daley
Telephone: (709) 738-8687
Fax: (709) 738-3293
Email: doubledeckerbus@nfld.net
Website: www.britishislandtours.com

Maintain one Double Decker Bus plus several coach and mini buses and mini vans. Provide city tours and shuttles for conferences, weddings, etc.

DRL COACHLINES

P.O. Box 40
Triton, NL A0J 1V0

Toll Free: 1-888-263-1854
Fax: (709) 263-2172
Email: drl@nfld.com
Website: www.drlgroup.com

Offering a/c coach rentals that accommodate 47 or 56 passengers.

FLEETLINE MOTORCOACH SERVICE

P.O. Box 400
Holyrood, NL A0A 2R0

Contact: Anne Marie Furey
Telephone: (709) 722-2608/(709) 229-7600
Fax: (709) 229-0264

Rental of one 40 passenger coach.

TRANSPORTATION

PARSONS & SONS TRANSPORTATION COMPANY LIMITED

P.O. Box 19005
Stn. Seal Cove, CBS, NL A1X 5C7

Contact: Scott Parsons
Telephone: (709) 744-3050
Fax: (709) 744-2187
Email: connie.dobbin@parsonsandsons.ca
[a](#)

Rental of buses that accommodate from 22 - 47
people.

ST. JOHN'S TRANSPORTATION COMMISSION

Metrobus Transit Centre
245 Freshwater Road
St. John's, NL A1B 1B3

Telephone: (709) 570-2020
Fax: (709) 570-2034
Email: infoservices@metrobus.com
Website: www.metrobus.com

Maintain 60 buses that accommodate 46 - 50 people.

CAR RENTAL AGENCIES

AVIS RENT-A-CAR

136 Airport Road
St. John's, NL A1A 4Y3

Location: 140 Water Street
Telephone: (709) 753-6815

Location: 136 Airport Road
Telephone: (709) 722-6620
Toll Free: 1-800-879-2847
Fax: (709) 722-6623
Email: rodpike@nf.aibn.com
Website: www.avis.ca

BUDGET RENT-A-CAR

P.O. Box 5219
St. John's, NL A1C 5W1

Locations: 85 Kenmount Road
St. John's Airport
954 Topsail Road
Contact: Mark Campbell
Telephone: (709) 747-1234
Toll Free: 1-800-268-8900
Fax: (709) 747-0716
Email: mcampbell@budgetnf.com
Website: www.budget.com

DISCOUNT CAR & TRUCK RENTALS

P.O. Box 1210
St. John's, NL A1C 5N2

Locations: 350 Kenmount Road
92 Elizabeth Avenue
Topsail Rd. (Dodge City)
Telephone: (709) 722-6699
Toll Free: 1-800-263-2355
Fax: (709) 753-6229
Email: discount.stjohns@thezone.net
Website: www.discountcar.com

TRANSPORTATION

DOLLAR THRIFTY CAR RENTAL

4 Airport Terminal Access Road
St. John's, NL A1A 4Y3

Locations: 278 Kenmount Road
St. John's Airport
685 Topsail Road
4 Airport Terminal Access Rd.
Telephone: (709) 722-6000
Toll Free: 1-800-563-8411
Email: glens@thrifty.nf.net
Website: www.thrifty.com
www.dollar.com

ENTERPRISE RENT-A-CAR

835 Topsail Road, Unit #3
Mount Pearl, NL A1N 3J6

Locations: 835 Topsail Road, Unit #3
Telephone: (709) 739-6570
Location: 229 Kenmount Road
Telephone: (709) 722-9480
Toll Free: 1-800-736-8222
1-800-325-8007
Fax: (709) 739-6580
Website: www.enterprise.com

HERTZ RENT-A-CAR

P.O. Box 8114
St. John's, NL A1B 3M9

Location: St. John's Airport
Telephone: (709) 722-4333
Toll Free: 1-800-263-0600
Fax: (709) 722-4377
Email: info@woodfordrentals.nf.net
Website: www.hertz.com

NATIONAL CAR RENTAL

P.O. Box 21297
St. John's, NL A1A 5G6

Location: 152 Airport Road
Telephone: (709) 722-4307
Fax: (709) 722-4014
Toll Free: 1-800-227-7368
Email: o'gradyC@nationalcar.com
Website: www.nationalcar.com

RENT-A-WRECK

909 Topsail Road
Mt. Pearl, NL A1N 3K1

Telephone: (709) 753-2277
Toll Free: 1-800-327-0016
Fax: (709) 753-1108
Email: rwreck@nf.rentawreck.ca
Website: www.nf.rentawreck.ca

TRANSPORTATION

TAXI COMPANIES

AVALON TAXI

Court House Corner
190 Water Street
St. John's, NL A1C 1A9

Telephone: (709) 722-6070

BUGDEN'S TAXI

5 LeMarchant Road
St. John's, NL A1C 2G4

Telephone: (709) 726-4400
Fax: (709) 722-3600

CASINO CABS

P.O. Box 1587
Paradise, NL A1L 1A9

Location: 31 Golf Ave.
Telephone: (709) 579-5999

CO-OP TAXI

P.O. Box 23007
St. John's, NL A1B 4J9

Location: 11 LeMarchant Road
Telephone: (709) 579-4197 (*office*)
(709) 726-6666
Fax: (709) 579-3025

EXECUTIVE TAXI

P.O. Box 484
St. John's, NL A0A 1J0

Location: 135 Campbell Avenue
Telephone: (709) 726-2600
(709) 689-0130
Fax: (709) 747-1500

GOULDS TAXI

P.O. Box 141
Goulds, NL A1S 1G3

Location: Howlett's Line
Telephone: (709) 747-7800

GULLIVER'S CITY WIDE TAXI

P.O. Box 2072, Stn. "C"
St. John's, NL A1C 5R6

Location: 5 Adelaide Street
Telephone: (709) 722-0003
Fax: (709) 722-6012

JIFFY CABS (Lockey Haven Ltd.)

P.O. Box 2222
St. John's, NL A1C 6E6

Location: 322 Pennywell Road
Telephone: (709) 722-2222
Fax: (709) 488-8888

NEWFOUND CABS

P.O. Box 5642, Stn. "C"
St. John's, NL A1C 5W8

Location: 298 Pennywell Road
Telephone: (709) 744-4444
Fax: (709) 739-4739

NORTH WEST TAXI

128 Canada Drive
St. John's, NL A1E 2M8

Location: Village Mall
Telephone: (709) 364-1451
Fax: (709) 364-3227

TRANSPORTATION

FERRY SERVICES

Marine Atlantic superferries carrying hundreds of vehicles and passengers operate year round between North Sydney, Nova Scotia and Port aux Basques in southwestern Newfoundland. A superferry also sails between North Sydney and Argentia, 90 minutes from St. John's on the Avalon Peninsula from June to September. In summer a passenger ferry operates between St. Pierre and Miquelon, a little piece of France just off the Burin Peninsula, and Fortune just 20 kms away. A coastal passenger and freight vessel sails along the North Shore of the Gulf of St. Lawrence from Natashquan at the end of Quebec, Route 138 to Blanc Sablon where you can either drive along Route 510 in southern Labrador, or take the Strait of Belle Isle ferry to St. Barbe on Newfoundland's west coast.

Island communities around the coast are connected by ferries. Remote communities on Newfoundland's south coast and on the coast of Labrador are connected to the main highways by coastal boats which carry freight and passengers, but not automobiles. There is a seasonal, summer car ferry from Lewisporte in central Newfoundland to Cartwright and Happy Valley-Goose Bay in Labrador, which connect with Route 500 at Happy Valley-Goose Bay.

Marine Atlantic Reservations

Toll Free: 1-800-341-7981

Website: www.marine-atlantic.ca

Local Ferry Schedule Information

Website: www.gov.nf.ca/ferryservices

Fortune - St. Pierre

Telephone: (709) 722-3892

(709) 832-2066

Toll Free: 1-888-959-8214

1-800-563-2006

RESOURCE PEOPLE AND TECHNICAL SPECIALISTS

Resource People and Technical Specialists	
<p>Jean Pierre Andrieux St. Pierre Tours c/o 118 Duckworth Street St. John's NL A1C 1E8 Tel: (709) 687-6429</p>	<p>St. Pierre Tours. This St. Pierre based tour operator will relay stories of St. Pierre's past and life on the French Islands, as well as the history of the fishery and shipwrecks in the area will enthral the listener. This is just a taste of what this experienced speaker has to offer, as he is well versed in many areas of Atlantic Canada.</p>
<p>Eric Baggs Memorial University of NF St. John's, NL A1B 3X5 Tel: (709) 737-7525 (w) (709) 781-2505 (h) Email: ebaggs@morgan.ucs.mun.ca</p>	<p>Marine Biology/Ecology and wildlife expert.</p>
<p>Beverley Barber Anna Templeton Centre 276 Duckworth Street St. John's, NL A1C 1H8 Tel: (709) 739-7623/5894 Fax: (709) 739-7624 Email: bevbarber@hotmail.com</p>	<p>Will give a rug-hooking workshop on board, where passengers can view samples and buy rug-hooking materials.</p>
<p>Carol Brice-Bennett 37 Smith Avenue St. John's, NL A1C 5E8 Tel: (709) 754-3914</p>	<p>Special lecturer on Labrador society and culture.</p>
<p>Dr. Stephen E. Bruneau 55 Bond St., Suite 201 St. John's, NL A1C 5H5 Tel: (709) 753-7330 Fax: (709) 753-7338</p>	<p>Icebergs of Newfoundland and Labrador.</p>
<p>Glen Downey 108 Springdale Street St. John's, NL A1C 5B6 Tel: (709) 753-6616</p>	<p>Provide a combination of home-grown Newfoundland comedy and music.</p>
<p>Ms. Lil Hawkins The Colony of Avalon Ferryland, NL A0A 2H0 Tel: (709) 432-3200 Fax: (709) 432-2842</p>	<p>Executive Director - working from The Colony of Avalon, a 17th century colony.</p>

RESOURCE PEOPLE AND TECHNICAL SPECIALISTS

Resource People and Technical Specialists	
<p>Dr. James Hiller Memorial University of NF St. John's, NL A1B 3X5 Tel: (709) 737-8435 Fax: (709) 737-3123/2164</p>	<p>Expert in many aspects of Newfoundland and Labrador history.</p>
<p>Frank Holden 502 Blackmarsh Road St. John's, NL A1E 4V1 Tel: (709) 579-9990</p>	<p>Actor, folk singer and story-teller of old Newfoundland.</p>
<p>Dr. Jon Lien Psychology Department Memorial University of Newfoundland Elizabeth Avenue St. John's, NL A1C 5S7 Tel: (709) 737-7638</p>	<p>Internationally renowned whale specialist. Full-time professor/ Researcher at Memorial University of Newfoundland.</p>
<p>Kevin Major 27 Poplar Avenue St. John's, NL A1B 1C7 Tel: (709) 738-3374 Web: www4.newcomm.net/kmajor</p>	<p>Award winning Canadian novelist. Author of ten novels for young people and adults. Kevin has adapted two of his novels for the stage. Author of best selling <u>History of Newfoundland and Labrador</u></p>
<p>Dennis Minty 3 York Street St. John's, NL A1C 1K6 Tel: (709) 722-4463</p>	<p>A photographer, biologist and author that is well versed in the flora and fauna of Newfoundland and Labrador.</p>
<p>Dr. Bill Montevecchi Memorial University of NF St. John's, NL A1B 3X9 Tel: (709) 737-7673 Email: mont@mun.ca</p>	<p>Seabird and ecology expert. Lecture on a broad range of topics such as: eco-tourism, conservation biology, penguins of the North Atlantic, the ocean, what's unique about Newfoundland seabirds, seabirds in the cold ocean, etc.</p>
<p>Keith Nicol 36 Raymond Street Corner Brook, NL A2H 2S1 Tel: (709) 639-1770 Fax: (709) 639-8125</p>	<p>A professor of Geography at Sir Wilfred College of Memorial University of Newfoundland. His research and writing interests are varied and include aspects of environmental interpretation and outdoor recreation.</p>

RESOURCE PEOPLE AND TECHNICAL SPECIALISTS

Resource People and Technical Specialists	
<p>Shane O’Dea English Department Memorial University of Newfoundland St. John’s, NL A1C 5S7 Tel: (709) 737-8119 (w) (709) 722-0562 (h) Fax: (709) 737-4569 Email: sodea@mun.ca</p>	<p>Local University professor and historian and specialist in Newfoundland history and folklore. Preservationist and architectural historian who has written and lectured on the architecture and culture of Newfoundland.</p>
<p>Patrick O’Flaherty P.O. Box 2676 St. John’s, NL A1C 6K1 Tel: (709) 722-0784</p>	<p>Author of <u>Old Newfoundland: A History to 1843</u> and <u>Come Near at Your Peril</u>. Has also written tourist guides for the Province.</p>
<p>Paul O’Neill 115 Rennies Mill Road St. John’s, NL A1B 2P2 Tel: (709) 722-7372</p>	<p>Newfoundland Historian who has been speaking about the historical background of Newfoundland, in particular the City of St. John’s, since the 1950s.</p>
<p>Jim Payne P.O. Box 6371 St. John’s, NL A1C 6J9 Tel: (709) 726-8622</p>	<p>Specializing in folk and traditional music, in experiencing Newfoundland traditions and culture.</p>
<p>Deborah Picco Garland Newfoundland Freshwater Resource Centre Fluvarium 5 Nagle’s Place St. John’s, NL A1B 2Z2 Tel: (709) 754-3474 Fax: (709) 754-5947</p>	<p>Executive Director of the Fluvarium. Discuss the organization and its work in St. John’s, as well as the scenic inner city walking trails.</p>
<p>Lou Thomas/Bob Piercey Newfoundland Freshwater Resource Centre The Fluvarium 5 Nagle’s Place St. John’s, NL A1B 2Z2 Tel: (709) 754-3474 Fax: (709) 754-5947</p>	<p>Well versed in Newfoundland’s freshwater wildlife.</p>
<p>Doug Robbins Labrador Straits Historical Dev. Corp. P.O. Box 81 Forteau, Labrador A0K 2P0 Tel: (709) 927-5825 (709) 931-2103 Fax: (709) 927-5833</p>	<p>Executive Director of the Labrador Straits Historical Development Corporation.</p>

RESOURCE PEOPLE AND TECHNICAL SPECIALISTS

Resource People and Technical Specialists	
<p>Kelly Russell Pigeon Inlet Productions P.O. Box 1202, Station "C" St. John's, NL A1C 5M9 Tel: (709) 464-2060</p>	<p>Renowned for his musical talents and fiddling, Kelly has performed around the world and can provide a range of talents from story telling, music and historical backgrounds on the music culture of Newfoundland and Labrador.</p>
<p>John Ryan P.O. Box 129 Colliers, NL A0A 1Y0 Tel: (709) 229-4065</p>	<p>Known for his humorous commentary dealing with Newfoundland folklore. Well versed in Newfoundland dialects and folktales.</p>
<p>David Snow Wildland Tours 124 Water St., P.O. Box 383 St. John's, NL A1C 5J9 Tel: (709) 722-3123 Fax: (709) 722-3335 Email: wildtour@nfld.com</p>	<p>Newfoundland born writer and marine biologist, operates Wildland Tours, a local tour company specializing in nature based holidays. Winner of Governor General's Award for Conservation. Author of booklets on Newfoundland seabirds, land mammals and prehistory.</p>
<p>Michael Sullivan Image Inspired P.O. Box 5563 St. John's, NL A1C 5W4 Tel: (709) 722-7617</p>	<p>Discuss the history of icebergs in Newfoundland, including notable icebergs that have passed by Newfoundland, as well as other topics such as the Titanic.</p>
<p>Dr. Jim Tuck Archaeology Department Memorial University of Newfoundland St. John's, NL A1B 3X9 Tel: (709) 737-8156</p>	<p>Archaeologist - working from The Colony of Avalon, a 17th century colony.</p>
<p>Birgitta Wallace 7 Ladyslipper Drive Halifax, NS B3M 3R5 Tel: (902) 443-5281 Email: birgitta_wallace@pch.gc.ca</p>	<p>Renowned Viking historian affiliated with the Department of Canadian Heritage.</p>

NOTE: Memorial University of Newfoundland has a Speakers Bureau. For more information contact:

Division of University Relations
Memorial University of Newfoundland
St. John's, NL A1C 5S7
Tel: (709) 737-2140

CONSULATE SERVICES

BRITAIN	MR. FRANK D. SMITH Honorary Consul for Britain P.O. Box 452, Stn. C St. John's, NL A1C 5K4 Email: fsmith@nfld.com	Tel: (709) 579-2002 or Fax: (709) 579-0475
DENMARK	MR. STEVEN OUTERBRIDGE Honorary Consul of Denmark 92 Elizabeth Avenue St. John's, NL A1C 5X8	Tel: (709) 726-0027 Fax: (709) 726-6013
FRANCE	MS. MIREILLE THOMAS Honorary Vice-Consul for France 275 Empire Avenue St. John's, NL A1C 3J1 Email: mireille.thomas@nl.rogers.com	Tel: (709) 579-8756 Fax: (709) 579-8756
GERMANY	MR. WALDEMAR SCHARWEY Honorary Consul for Germany 2 Winter Place St. John's, NL A1B 1J6	Tel: (709) 579-2222 Fax: (709) 739-8911
ICELAND	MR. JOHN L JOY, Q.C. Honorary Consul of Iceland 6 th Floor, Baine Johnston Centre 10 Fort William Place, P.O. Box 5457 St. John's, NL A1C 5W4 Email: jlj@wob.nf.ca	Tel: (709) 570-7301 Tel: (709) 722-7584 Fax: (709) 722-9210
IRELAND	MR. CRAIG DOBBIN Honorary Consul of Ireland CHC Helicopters Corp. 34 Harvey Road P.O. Box 5188 St. John's, NL A1C 5V5	Tel: (709) 570-0511 Fax: (709) 570-0506
ITALY	MR. GUIDO DEL RIZZO Italian Consul Agent of Italy 8 Circular Road St. John's, NL A1C 2Z1 Email: delcontracting@nl.rogers.com	Tel: (709) 722-5337 or (709) 368-8800
JAPAN	MR. VIC YOUNG Honorary Consul General of Japan 9 Primrose Place St. John's, NL A1B 4H1 Email: vicyoung@hotmail.com	Tel: (709) 722-4166

CONSULATE SERVICES

MALTA	MS. FRANCES PUGLISEVICH-BOLAND Honorary Consul of Malta 611 Torbay Rd., Suite 1 St. John's, NL A1A 5J1 Email: frances@puglisevich.com	Tel: (709) 722-2744, Ext. 223 Fax: (709) 722-3208
MEXICO	MR. JOHN C. CROSBIE Honorary Consul of Mexico Patterson, Palmer, Hunt, Murphy P.O. Box 610 St. John's, NL A1C 5L3	Tel: (709) 570-5501 Fax: (709) 722-0483
NETHERLANDS	DR. ANGUS BRUNEAU Honorary Consul of Netherlands 12 th Floor, Fortis Bldg. St. John's, NL A1B 3T2	Tel: (709) 737-5616 Fax: (709) 737-5307
NORWAY	MR. ROBERT COLLINGWOOD Honorary Consul for Norway c/o Baine Johnston Bldg. P.O. Box 5367 St. John's, NL A1C 5W2 Email: rcollingwood@bainejohnston.com	Tel: (709) 576-1780 Fax: (709) 576-1273
PHILIPPINES	MS. HAZEL OUANO ALPUERTO Honorary Consul for The Philippines 27 Symonds Avenue St. John's, NL A1E 3A4	Tel: (709) 754-2823
SPAIN	MR. JEAN-PIERRE ANDRIEUX Honorary Consul for Spain Harbour View Inn 54 Water Street St. John's, NL A1C 1A3 Email: info@harbourviewinn.net	Tel: (709) 726-8000 Fax: (709) 738-3775

CANADA BORDER SERVICES AGENCY

CRUISE SHIP OPERATIONS (CSO) DESIGNATED PORTS OF ARRIVAL – ATLANTIC REGION

The Canada Border Services Agency (CBSA) has identified and designated seven ports for processing cruise ships in the Atlantic Region. Cruise ships are required to report to one of these CSO designated ports during core business hours before proceeding to other ports in the Atlantic Region.

THE CSO designated ports of arrival in the Atlantic Region are as follows:

- Halifax, Sydney and Yarmouth, Nova Scotia
- Saint John, New Brunswick
- Charlottetown, Prince Edward Island
- St. John's and Corner Brook, Newfoundland and Labrador

There will be no charge for CBSA services during core business hours at the CSO designated ports. Any CBSA services requested outside of the core business hours will be subject to cost recovery.

Additionally, cruise ships requesting arrival at a non-CSO designated port (CBSA or non-CBSA) will be subject to cost recovery. All requests for services subject to cost recovery must be submitted to the local CBSA district office, a minimum of three months in advance of arrival.

If CBSA is unable to grant permission for the requested service at a non-CSO designated port, due to logistical or operational reasons, the cruise ship **will not** be permitted to go to that port prior to reporting to a CSO designated port for full processing.

Small cruise ships (under 200 passengers and crew):

- Small cruise ships may be fully processed at one of the seven CSO designated sites or at a non-designated port where permission has been granted. Cost recovery will be charged for this service at a non-CSO port.

- All passengers will be required to complete a *CBSA Declaration Card* and present it to CBSA officials upon arrival.
- Small cruise ships may not require further CBSA processing during their cruise in Canadian waters. *This service is provided to facilitate (but is not restricted to) the coastal eco-tourism vessels.*

Large cruise ships (over 200 passengers and crew):

- CBSA officers will meet large cruise ships at **all ports** of call.
- Large cruise ships that have been granted permission to call at a non-CSO designated port will be subject to cost recovery.

For detailed information about the CSO designated ports and their core business hours, please call our Automated Customs Information Service (ACIS) at:

From within Canada call:

1-800-461-9999 (toll free)

From outside Canada call:

(204) 983-3500 or (506) 636-5064
(long distance charges apply)

For further information or to request the supply of services outside of core business hours or at non-CSO designated ports (cost recovery requests), please contact the district office servicing the port of destination.

CANADA BORDER SERVICES AGENCY

Canada Border Services Agency (CBSA) – District Offices, Atlantic Region

Canada Border Services Agency
Nova Scotia District Office
P.O. Box 520, 1583 Hollis Street
Mezzanine Level, Bank of Canada Bldg.
Halifax, Nova Scotia B3J 2R7
Telephone: (902) 426-2066
Fax: (902) 426-2359

Canada Border Services Agency
Newfoundland and Labrador District
Sir Humphrey Gilbert Building
165 Duckworth Street, 6th Floor
St. John's, NL A1C 1G4
Telephone: (709) 772-4335
Fax: (709) 772-0241

Canada Border Services Agency
Southern New Brunswick &
Prince Edward Island District
65 Canterbury St., Floor 1
Saint John, New Brunswick E2L 2C7
Telephone: (506) 465-2092
Fax: (506) 636-4079

PORT SERVICES

PORT AUTHORITY

St. John's Port Authority
P.O. Box 6178
St. John's, NL A1C 5X8

Telephone: (709) 738-4782
Toll Free: 1-888-277-0319
Fax: (709) 738-4784
Contact: Mr. Bob McCarthy
Manager, Business Development
Email: bmccarthy@sjpa.com
Website: www.sjpa.com

International Ship and Port Facility Security (ISPS)
Certified.

LOCATION

The Port of St. John's is where North America begins and ends. It is situated on the east side of the Avalon Peninsula in the Province of Newfoundland and Labrador at Latitude 47°34'03"N and Longitude 52°42'41"W, and boasts of the finest natural harbours in the world. The Port is strategically positioned near the North Atlantic shipping lanes and is the centre of choice for both the traditional fishery and the rapidly growing offshore oil and gas industry. Its modern year-round facilities cater to ships of many nations. Modern berths, a plentiful supply of clean, fresh water, along with quality provisions and bunker fuel accessibility are major attractions. By-law enforcement and security services are provided by the Harbour Master's Office to ensure a safe port environment. If you operate in the marine environment, or depend on port facilities for your business, the Port of St. John's is ready to handle your needs faster and with greater cost-efficiency than ever before.

TIME ZONE

GMT minus 3.5 hours

TIDE VARIATION

Rises 4.5 feet (1.38 metres) - Spring

PREVAILING WINDS

Southwesterly

HARBOUR ENTRY RESTRICTIONS

Entrance to St. John's Harbour is made through a channel with leading lights (green) in line passing over Merlin Rock, with a depth of 38 feet (11.8 metres), reduced to lowest normal tide.

COMMUNICATIONS

- (1) Canadian Coast Guard, St. John's Traffic Centre, St. John's Harbour

Channel 6	-	156.30 MHZ
Channel 11	-	156.55 MHZ
Channel 12	-	156.60 MHZ
Channel 14	-	156.70 MHZ
Channel 16	-	156.80 MHZ

- (2) Canadian Coast Guard, St. John's Marine Radio

Call Sign: VON
R/T 2182
VHF Channel 16

PORT SERVICES

CRUISE SHIP BERTHING FACILITIES

BERTH	LENGTH (Metres)	DRAFT low tide (Metres)
No. 11	150	9.1
No. 10	150	9.1
No. 17	180	8.9 to 12.3

PORT SERVICES

TARIFFS APPLICABLE TO CRUISE SHIPS

The passenger charges for tour boats operating on Authority property for each person is \$1.30.

HARBOUR FEES

- (1) in the case of a vessel of Canadian registry engaged, at the time it comes into the harbour, in the carriage by water of goods or passengers from a place in Canada or within the limits of the continental shelf of Canada to another place in Canada or within the limits of the continental shelf of Canada, per gross registered tonne \$0.0329.
- (2) in the case of a vessel other than a vessel referred to in paragraph (a), per gross registered tonne \$0.0655.

BERTHAGE FEES

The berthage rates per gross registered tonne are:

- (1) for the first period of 12 hours or part thereof \$0.0534.
- (2) for the second period of 12 hours or part thereof \$0.0534.
- (3) for each succeeding period of 12 hours or part thereof \$0.0323.

PASSENGER FEES

The passenger charges in respect of a continuous voyage:

- | | | |
|-----|---------------------------|--------|
| (1) | For each adult | \$7.37 |
| (2) | For each child (under 12) | 3.68 |
| (3) | For each vehicle | 12.00 |

The passenger charges in respect of voyages originating or terminating a harbour are:

- | | | |
|-----|---------------------------|---------|
| (1) | For each adult | \$27.63 |
| (2) | For each child (under 12) | 13.85 |
| (3) | For each vehicle | 14.96 |

OTHER RELATED FEES

Pilotage

- (1) The unit charge for a one way trip is \$3.50, the basic charge is \$357.00, and a minimum charge of \$650.00.
- (2) The charge for a movage is 90% of the charges set out in subsection (1) if a pilot boat is used for the movage and 80% of the charges set out in subsection (1) if no pilot boat is used for the movage.

Water Services

- | | | |
|-----|-----------------------|----------|
| (1) | For the first 4 hours | \$180.00 |
| (2) | Per hour thereafter | \$75.00 |

NOTE: Water provided by the City of St. John's.

Garbage Removal

Domestic garbage, depends on size of container, approximately \$200.00

Foreign garbage, depends on size of container, approximately \$350.00

Customs Overtime Charges

From 0800 hours to midnight - special service charges may be applicable.

From midnight to 0800 hours - cost recovery agreement.

NOTE: The above outlined charges are accurate for 2006 and subject to change annually.

PORT SERVICES

PILOTAGE

Port of St. John's pilotage is administered by the Atlantic Pilotage Authority (APA) pursuant to the Pilotage Act, Canada. The objectives of APA are to establish, operate, maintain, and administer a safe and efficient pilotage service within designated Canadian waters.

The Port of St. John's is a compulsory pilotage area. Pilots are dispatched through the APA Halifax. Twelve hours advance notice should be sent providing ship's ETA. Vessels requiring pilots for departing port or moving within the port should provide four hours notice and, in each case, time must be confirmed two hours beforehand. See St. John's Harbour Chart No. L/C 4846. Dispatch Number: 1-877-272-3477.

SHIP REPAIRS

Newdock – St. John's Dockyard Ltd.	Tel:	(709) 758-6800
D. F. Barnes Ltd.		(709) 579-5041
East Coast Marine & Industrial Ltd.		(709) 722-8600
Mercer's Machine Shop Ltd.		(709) 726-6820

BUNKERING

Imperial Oil Ltd. (Esso Petroleum Canada)	Tel:	(709) 726-1551
Irving Oil Ltd.		(709) 758-3000
Petro Canada		(709) 726-4301
North Atlantic Petroleum Products		(709) 579-5831
Ultramar Canada Inc.		(709) 754-1880

TUGS

Newdock – St. John's Dockyard Ltd.	(709) 758-6800
Miller Shipping	(709) 754-4543

LAUNCH

Harbour Services	(709) 726-5000
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DIRTY BALLAST

Crosbie Industrial Services Ltd.	(709) 722-8212
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PORT SERVICES

FRESH WATER

City of St. John's	(709) 576-8600
Harbour Services	(709) 726-5000
Vessel Services	(709) 722-0378

SHIP CHANDLERS

Campbell's Ship Supplies	(709) 726-6932
Karlo Corp.	(709) 738-1811

STEVEDORING

A. Harvey & Co. Ltd.	(709) 726-8000
Atlantis International Ltd.	(709) 739-5200
Edison Offshore	(709) 364-1637
Oceanex Ltd.	(709) 722-6280
Seabase Ltd.	(709) 737-0600

GANGWAY AVAILABILITY

Campbell's Ship Supplies	(709) 726-6932
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Available upon request, normally vessel utilizes own gangway.

LINE HANDLERS

Vessel Services	(709) 722-0378
Harbour Services	(709) 726-5000

CRUISE SHIPPING AGENCIES

ATLANTIS INTERNATIONAL LTD.

P.O. Box 5341
St. John's, NL A1C 5W2

Contact: Mr. John Stevenson
Telephone: (709) 739-5200
Fax: (709) 739-5202
Telex: 063671627
Email: atlantis@thezone.net

Represents ship owners and operators throughout Newfoundland and Labrador. We are port agents for a wide variety of vessels and proudly represent Royal Caribbean and Clipper Cruise Lines throughout Newfoundland and Labrador.

AVALON CUSTOM BROKERS

A Division of A. Harvey & Co. Ltd.

60 Water Street
c/o P.O. Box 5774
St. John's, NL A1C 5X3

Contact: Mr. Paul Aitken
Telephone: (709) 576-4761
Cell: (709) 685-1549
Fax: (709) 576-0159
Email: acb@aharvey.nf.ca

A. Harvey & Co. Ltd. has been in the shipping business for over 135 years. We have handled cruise vessels calling at Newfoundland ports since the early 1980s. Our agency department prides itself on first-rate service to allow vessels to have an efficient port stay, thus allowing the passengers to make the most of their visit.

CKC MARINE SERVICES

10 Kent Place
St. John's, NL A1B 1V5

Contact: Mr. Chris Clancy
Telephone: (709) 739-0981
Cell: (709) 682-0959
Fax: (709) 739-5169
Email: clancy@nl.rogers.com

P. F. COLLINS CUSTOMS BROKER

P. O. Box 5514
St. John's, NL A1C 5W4

Contact: Sean Fleming
Telephone: (709) 726-7596
Fax: (709) 739-5939
Telex: 389-403-224837
Email: sfleming@pfcollins.com
Website: www.pfcollins.com

A comprehensive international trade logistics provider including: customs brokerage, customs counselling, freight forwarding, ship's agency, immigration consulting, project forwarding, administration, warehousing, crating and distribution.

EIMSKIP NEWFOUNDLAND

33 Pippy Place, Suite 305
St. John's, NL A1B 3X2

Contact: Jackie Clayton
Telephone: (709) 754-7222
Fax: (709) 754-7999
Email: ext@eimskip.ca
Website: www.eimskip.com

Eimskip offers total port agency services to vessels calling ports in St. John's and Newfoundland including large cruise lines. Services include port clearance, crew handling services, arrangements of pilots, tugs or emergency situations, fuel supplies, ship chandler service.

PENAUILLE SERVISAIR

(Air Service Agency)
Box 5, 80 Airport Terminal Road
Torbay Airport
St. John's, NL A1A 5T2

Contact: Tony Westcott, General Manager
Telephone: (709) 722-7947
Cell: (709) 728-6745
Email: tony.westcott@am.servisair.com

CRUISE SHIPPING AGENCIES

PESANTEZ & SEGOVIA TRADING INC.

139 Water Street, Suite 1002
P.O. Box 29114
St. John's, NL A1A 5B5

Contact: Jennifer Murray, President
Telephone: (709) 754-7477
Cell: (709) 682-8660
Fax: (709) 754-6589
Email: j.murray@nl.rogers.com
Website: www.pesantezandsegovia.com

PUDDISTER TRADING CO. LTD.

P.O. Box 38, Stn. "C"
St. John's, NL A1C 5H5

Contact: Gerald Puddister
Telephone: (709) 722-4000
(709) 726-0015
Fax: (709) 722-8008
Email: info@webpage.ca

ST. PIERRE TOURS

c/o 118 Duckworth Street
St. John's, NL A1C 1E8

Contact: Jean Pierre Andrieux
Telephone: (709) 687-6429 (*cell*)
Fax: (709) 738-3775
Email: harbourview@mobility.blackberry.net

Contact: Charlie Carr
Telephone: (709) 739-5245
Fax: (709) 739-5219
Email: charlie@nfld.com

ST. JOHN'S CRUISE VISITATION

YEAR	DATE OF VISIT	VESSEL	CREW	PASSENGERS	TOTAL VISITORS
2005	October 4	Star Princess	1,200	2,896	4,096
2005	October 3	Oriana	794	2,016	2,810
2005	September 22	Polar Star		105	
2005	September 21	Sea Princess	900	1,950	2,850
2005	September 19	Mona Lisa	330	750	1,080
2005	September 15	Saga Ruby	380	655	1,035
2005	September 14	Akademik Ioffe	53	110	163
2005	September 13	Crystal Symphony	545	940	1,485
2005	September 11	Black Watch		798	
2005	September 9-10	Seabourn Pride	150	177	327
2005	September 6	Silver Whisper		388	
2005	September 3	Queen Elizabeth II	921	1,850	2,771
2005	August 17-18	Discovery	321	680	1,001
2005	July 19	Maasdam	557	1,155	1,712
2005	July 17-18	Akademik Keldysh	26	34	60
2005	July 16	Akademik Ioffe	51	110	161
2005	July 7	Akademik Ioffe	51	110	161
2005	July 6-7	Akademik Keldysh	26	34	60
2005	June 16	Akademik Keldysh	26	34	60
2004	September 26	MS Rotterdam	644	1320	1964
2004	September 23/24	Deutschland		580	
2004	September 22/23	Polar Star		98	
2004	September 16	Crystal Symphony	545	940	1385
2004	September 11	Seabourn Pride	150	208	358
2004	September 9	Grand Princess		2600	
2004	September 2	Clipper Adventurer	50	122	172

ST. JOHN'S CRUISE VISITATION

YEAR	DATE OF VISIT	VESSEL	CREW	PASSENGERS	TOTAL VISITORS
2004	August 28/29	Lyubov Orlova	53	110	163
2004	August 20	Lyubov Orlova	53	110	163
2004	August 15	Le Levant	50	90	140
2004	August 9	Seven Seas Navigator	324	490	814
2004	July 23/24	Le Levant	50	90	140
2004	July 14	Akademik Ioffe	53	110	163
2004	July 13	MS Rotterdam	644	1320	1964
2004	July 1-5	Akademik Ioffe	53	110	163
2004	June 12	Orion	70	106	176
2004	June 9	MS Rotterdam	644	1320	1964
2004	June 5	Orion	70	106	176
2003	September 19	Akademik Ioffe	53	110	163
2003	September 19	Polar Star		98	
2003	September 19	Seabourn Pride	150	204	354
2003	September 17/18	Norwegian Dream	614	1750	2364
2003	September 10/11	Akademik Ioffe	53	110	163
2003	August 30	Crystal Symphony	545	940	1485
2003	August 28/29	Clipper Adventurer	50	122	172
2003	August 18	Rotterdam	644	1320	1964
2003	August 12	Rotterdam	644	1320	1964
2003	August 10	Le Levant	50	90	140
2003	August 2	Le Levant	50	90	140
2003	July 15	Rotterdam	644	1320	1964
2003	July 11	Europa	264	408	672
2003	July 11	Le Levant	50	90	140
2003	June 10	Rotterdam	644	1320	1964

ST. JOHN'S CRUISE VISITATION

YEAR	DATE OF VISIT	VESSEL	CREW	PASSENGERS	TOTAL VISITORS
2003	May 15	Astor	375	590	965
2002	September 27	Polar Star		94	
2002	September 21	Braemar	320	733	1053
2002	September 21	Norwegian Dream	614	1748	2362
2002	September 21	Astor	375	590	965
2002	September 18	Polar Star		94	
2002	September 18	Akademik Ioffe	53	110	163
2002	September 17	Carnival Legend	930	2124	3054
2002	September 14	Royal Princess	532	1200	1732
2002	September 12	Silver Shadow	295	382	677
2002	September 10/11	Akademik Ioffe	53	72	125
2002	September 9	Rotterdam	644	1316	1960
2002	September 2	Clipper Adventurer	50	122	172
2002	August 31	The World	285	320	605
2002	August 13	Rotterdam	644	1316	1960
2002	June 16	Rotterdam	644	1316	1960
2002	June 8	Rotterdam	644	1316	1960
2002	May 28	Le Levant	50	90	140
2002	May 16	Le Levant	50	82	132
2001	October 18	Europa	267	129	396
2001	October 5	Professor Multanovskiy	12	0	12
2001	October 5	Europa	267	127	394
2001	September 28	Professor Multanovskiy	12	30	42
2001	September 22	Norwegian Sun	962	1771	2733
2001	September 17	Seabourn Sun	400	605	1005
2001	September 9	S.S. Norway	905	1911	2816

ST. JOHN'S CRUISE VISITATION

YEAR	DATE OF VISIT	VESSEL	CREW	PASSENGERS	TOTAL VISITORS
2001	September 7	Royal Princess	532	1164	1696
2001	September 6	Crown Princess	696	1559	2255
2001	September 4	Amsterdam	661	1320	1981
2001	September 2	Hanseatic	113	154	267
2001	August 30	Akademik Keldysh	90	20	110
2001	August 27	Clipper Adventurer	74	240	314
2001	August 24	Le Levant	50	82	132
2001	August 20	M. S. Delphin	244	406	650
2001	August 7	Caronia	390	621	1011
2001	August 4	Le Levant	50	80	130
2001	August 3	Akademik Keldysh	90	20	110
2001	August 2	Le Levant	50	78	128
2001	July 13	Le Levant	50	85	135
2000	October 6	Marine Discovery	63	781	141
2000	October 4	Maasdam	602	1237	1839
2000	September 29	Marine Discovery	63	1061	169
2000	September 26	Maasdam	602	1234	1836
2000	September 22	Marine Discovery	63	1271	190
2000	September 18	Silver Wind	205	261	466
2000	September 15	Marine Discovery	63	1151	178
2000	September 15	Albatros	250	402	652
2000	September 15	Seabourn Pride	140	170	310
2000	September 9	Akademik Keldysh	90	28	118
2000	September 8 - 9	Le Levant	50	78	128
2000	September 7	Maasdam	602	1241	1843
2000	August 24	Le Levant	50	77	127

ST. JOHN'S CRUISE VISITATION

YEAR	DATE OF VISIT	VESSEL	CREW	PASSENGERS	TOTAL VISITORS
2000	August 23	Akademik Keldysh	90	28	118
2000	August 22	Crown Princess	696	1561	2257
2000	August 22	Le Levant	50	60	110
2000	August 19	Columbus	174	388	562
2000	August 2	Le Levant	50	51	101
2000	July 17	Deutschland	240	457	697
2000	June 30/July 1	Marine Discovery	63	63	126
1999	October 4	Arkona	207	288	495
1999	September 16	Seabourn Pride	140	168	308
1999	September 9	Norwegian Sky	810	1727	2537
1999	September 6	Hanseatic	125	140	265
1999	September 4	Le Levant	50	77	127
1999	September 2	Royal Princess	532	1154	1686
1999	August 28	Deutschland	240	425	665
1999	August 15	Le Levant	50	80	130
1999	August 13	Le Levant	50	79	129
1999	August 12	Regal Empress	400	650	1050
1999	August 12	Maxim Gorkiy	370	530	900
1999	July 24	Le Levant	50	80	130
1999	July 22	Regal Empress	400	550	950
1998	September 25	Black Watch	410	566	976
1998	September 15	Astor	260	495	755
1998	August 27	Royal Princess	534	1148	1682
1998	July 23	Regal Empress	401	801	1202
1998	June 19	Regal Empress	401	600	1001
1997	October 11	Black Watch	N/A	N/A	N/A

ST. JOHN'S CRUISE VISITATION

YEAR	DATE OF VISIT	VESSEL	CREW	PASSENGERS	TOTAL VISITORS
1997	October 9	Silver Cloud	185	216	401
1997	September 29	Black Watch	410	657	1067
1997	September 27	Akademik Ioff	43	64	107
1997	September 16	Astor	260	496	756
1997	September 15	Akademik Ioff	43	148	191
1997	September 11	Seabourn Pride	140	170	310
1997	August 23	S.S. Norway	918	1830	2748
1996	September 22	Astor	308	255	563
1996	September 16	Arkona	186	301	487
1996	September 10	Gripsholm	325	521	846
1996	September 9	Royal Princess	538	1182	1720
1995	October 7	Europa	300	550	850
1995	September 14	Polaris	40	69	109
1995	July 27	Alla Tarasova	35	94	129
1995	July 10	Europa	300	546	846
1994	October 8	Sagafjord	300	369	669
1993	September 16	Polaris	40	69	109
1993	September 11	Columbus Caravelle	122	138	260
1992	December 3	Northern Ranger	35	41	76
1992	October 6	Europa	300	431	741
1992	September 23	Fedor Dostoyevskij	250	510	760
1992	September 15	Columbus Caravelle	110	185	295
1992	September 5	Royal Viking Sun	435	504	939
1991	N/A	Sea Princess	370	670	1040
1991	N/A	Royal Viking Sun	435	680	1115
1991	N/A	Polaris	40	67	107

ST. JOHN'S CRUISE VISITATION

YEAR	DATE OF VISIT	VESSEL	CREW	PASSENGERS	TOTAL VISITORS
1991	N/A	Europa	300	550	850
1990	N/A	Society Explorer	N/A	100	N/A
1990	N/A	Society Explorer	N/A	100	N/A
1990	N/A	Polaris	N/A	81	N/A
1989	N/A	World Discoverer	N/A	140	N/A
1987	N/A	Society Explorer	N/A	100	N/A
1987	N/A	Polaris	N/A	81	N/A
1987	N/A	Europa	N/A	600	N/A
1987	N/A	Astor/Arkona	N/A	500	N/A
1985	N/A	Stefan Batory	N/A	N/A	N/A
1985	N/A	Maxim Gorkiy	N/A	140	N/A
1984	N/A	Mermoz	N/A	600	N/A
1984	N/A	Lindblad Explorer	N/A	N/A	N/A
1983	N/A	Royal Viking Sea	N/A	700	N/A
1983	N/A	Europa	N/A	600	N/A
1982	N/A	Royal Viking Star	N/A	700	N/A
1982	N/A	Eugenio Costa	N/A	950	N/A
1981	N/A	Royal Viking Sky	N/A	700	N/A
1980	N/A	Alexandr Pushkin	N/A	550	N/A
1980	N/A	Alexandr Pushkin	N/A	550	N/A
1978	N/A	Europa	N/A	600	N/A
1977	N/A	Alexandr Pushkin	N/A	550	N/A
1975	N/A	World Discoverer	N/A	140	N/A
1975	N/A	Lindblad Explorer	N/A	N/A	N/A

GENERAL NAVIGATIONAL INFORMATION

Distances from St. John's, Newfoundland to:

Aberdeen, Scotland	1,980
Amsterdam, Netherlands	2,260
Baltimore, Maryland	1,400
Battle Harbour, Newfoundland & Labrador	310
Belfast, Ireland	1,825
Bergen, Norway	2,150
Bonavista, Newfoundland & Labrador	75
Bonne Bay, Newfoundland & Labrador	475
Boston, Massachusetts	885
Bremen, W. Germany	2,470
Brest, France	1,910
Codiz, Spain	2,134
Copenhagen, Denmark	2,455
Corner Brook, Newfoundland & Labrador	470
Francois, Newfoundland & Labrador	235
Gdansk, Poland (<i>via Kiel Canal</i>)	2,760
Goose Bay, Newfoundland & Labrador	588
Gothenburg, Sweden	2,345
Halifax, Nova Scotia	531
Lisbon, Portugal	1,959
Liverpool, England	1,930
London, England	2,150
Montreal, Quebec (<i>via Strait of Belle Isle</i>)	1,146
Montreal, Quebec (<i>via Cabot Strait</i>)	1,043
Nain, Newfoundland & Labrador	670
New York City, New York	1,093
Nuuk, Greenland	1,005
Oslo, Norway	2,380
Red Bay, Newfoundland & Labrador	320
Reykjavik, Iceland	1,416
Rotterdam, Netherlands	2,220
St. Anthony, Newfoundland & Labrador	260
Saint John, New Brunswick	802
Saint Pierre, Saint Pierre & Miquelon	206
Southampton, England	2,025
Sydney, Nova Scotia	378
Trinity, Newfoundland & Labrador	65

NOTE: All distances are in nautical miles and by the most direct route, unless otherwise noted.

APPENDIX “A”

**Cruise Ship Visit Profiles
Newfoundland Circumnavigation Cruises**

Cruise Ship Visit Profiles - Newfoundland and Labrador Circumnavigation Cruises

	Regal Empress July 23, 1998	Regal Empress July 22, 1999	Regal Empress Aug 12, 1999	Marine Discovery 1 Sept 22, 2000	Akademik Ioffe 1 Sept 11-18, 2002	Akademik Ioffe 1 Sept 11-19, 2003
Geographical Cruise Region	Newfoundland and Labrador Circumnavigation	Newfoundland and Labrador Circumnavigation	Newfoundland and Labrador Circumnavigation	Newfoundland and Labrador Circumnavigation	Newfoundland and Labrador Circumnavigation	Newfoundland and Labrador Circumnavigation
Passenger Turn Around/Home Port	New York, Ny	New York, Ny	New York, Ny	St. John's, NL	St. John's, NL	St. John's, NL
% Passengers Surveyed	38%	39%	32%	27%	83%	89%
Passenger Origins	U.S. (91%) Can (9%)	U.S. (91%) Can (3.6%)	U.S. (90.9%) Can (6.7%)	Can (86%) U.S. (14%)	Can (83%) Other (17%)	Can (81%) U.S. (9.5%) Other (9.5%)
# Passengers on ship	801	567	662	106	71	47
Ave. # Previous Cruises Visited St. John's Before	11.4	8.9	9.5	3.3	5.8	2.3
Cruised Alaska	15%	14%	15%	13%	27%	25%
Cruised Eastern Canada	62%	68%	52%	33%	38%	21%
	41%	31%	33%	13%	24%	13%
<u>Group Composition</u>						
Husband/Wife	57%	50%	51%	67%	51%	33%
Family/Friend(s)	30%	42%	34%	20%	41%	48%
Alone	13%	8%	15%	13%	8%	19%
Age 60 years or more	70%	72%	65%	45%	61%	75%
Household Income	\$75,000+ U.S. (30%)	\$75,000+ U.S. (34%)	\$75,000+ U.S. (32%)	\$100,000+ Can (60%)	\$75,000+ Can. (49%)	\$75,000+ Can. (35%)
Average Expenditure Per Passenger In St. John's	\$46.14	\$69.60	\$76.00	\$299	\$263	\$248
% that shopped	80%	78%	82%	n/a	n/a	n/a
Direct Economic Benefit Per Passenger	n/a	n/a	n/a	\$1,073	n/a	n/a
Total Vessel Impact	n/a	n/a	n/a	\$113,745	n/a	n/a
Most Popular Highlight of Visit to St. John's	Signal Hill/ Friendliness	Friendliness	Signal Hill	n/a	n/a	n/a

	Regal Empress July 23, 1998	Regal Empress July 22, 1999	Regal Empress Aug 12, 1999	Marine Discovery 1 Sept 22, 2000	Akademik Ioffe 1 Sept11-18, 2002	Akademik Ioffe 1 Sept11-19, 2003
% Passengers Surveyed Who Took Shore Excursion	53%	71%	62%	No Shore Excursions Offered	No Shore Excursions Offered	n/a
Tour Company Utilized for Shore Excursions	Blue Peter/ Wildland Tours St. John's	Blue Peter/ Wildland Tours St. John's	Blue Peter/ Wildland Tours St. John's	No Shore Excursions Offered	No Shore Excursions Offered	n/a
Shore Excursion Satisfaction Rates						
% <u>Satisfied</u> with						
Overall Shore Excursion	95%	96%	95%	n/a	n/a	n/a
Quality of Tour Coach	93%	94%	94%	n/a	n/a	n/a
Tour Guide Service	97%	96%	98%	n/a	n/a	n/a
% <u>Very Satisfied</u> with						
Overall Shore Excursion	49%	64%	55%	n/a	n/a	n/a
Quality of Tour Coach	47%	51%	52%	n/a	n/a	n/a
Tour Guide Service	72%	73%	63%	n/a	n/a	n/a
Satisfaction Rates % <u>Satisfied</u> With....						
Feel Safe and Secure	100%	100%	100%	100%	100%	100%
Friendliness of Locals	100%	100%	99%	100%	100%	100%
Natural Environment/Scenery	99%	100%	98%	100%	100%	100%
Dockside Welcome in St. John's	n/a	n/a	99%	n/a	n/a	n/a
Overall Visit to St. John's	99%	97%	99%	100%	100%	100%
Historical Sites/Landmarks	96%	99%	98%	100%	100%	100%
# of Things to See and Do	96%	98%	98%	100%	100%	100%
Local Performers on Ship	n/a	100%	96%	n/a	n/a	n/a
Shopping	91%	92%	94%	92%	66%	77%
St. John's as Turn Around Port	n/a	n/a	n/a	100%	100%	100%
Availability of Tourist Information	n/a	n/a	n/a	87%	97%	100%
Dining in St. John's	n/a	n/a	n/a	100%	84%	n/a
Weather Conditions	n/a	n/a	n/a	n/a	n/a	100%
Wildlife (birds, whales, caribou etc)	86%	97%	87%	n/a	n/a	n/a
Waterfront Expo in St. John's	n/a	94%	n/a	n/a	n/a	n/a
Dockside Entertainers in St. John's	n/a	100%	n/a	n/a	n/a	n/a
Newfoundland Dogs	n/a	100%	n/a	n/a	n/a	n/a
Honour Guard	n/a	100%	n/a	n/a	n/a	n/a

	Regal Empress July 23, 1998	Regal Empress July 22, 1999	Regal Empress Aug 12, 1999	Marine Discovery 1 Sept 22, 2000	Akademik Ioffe 1 Sept11-18, 2002	Akademik Ioffe 1 Sept11-19, 2003
<u>Recommend St. John's to Family and Friends</u>						
Yes	80%	76%	70%	100%	84%	92%
No	16%	3%	3%	0%	0%	0%
Maybe	4%	21%	27%	0%	16%	8%
<u>Planning a Return Visit</u>						
Yes	43%	35%	37%	47%	27%	42%
No	45%	47%	48%	53%	0%	4%
Maybe	12%	18%	15%	0%	73%	54%
<u>Tour Awareness</u>						
Cruise Line Broch/Mailouts	35%	32%	36%	20%	n/a	n/a
Travel Agent	30%	35%	24%	0%	n/a	n/a
Word of Mouth	15%	13%	18%	13%	n/a	n/a
Advertisements for Cruise	20%	14%	17%	60%	n/a	n/a
TV programs/editorials on Newfoundland	4%	4%	2%	n/a	n/a	n/a
Saga Holidays	n/a	13%	10%	n/a	n/a	n/a
<u>% Indicating Travel Motivator Important</u>						
Natural Environment/Scenery	93%	81%	85%	100%	97%	96%
Experience NF Culture/History	n/a	86%	77%	n/a	n/a	n/a
Safety of Ports of Call	64%	64%	61%	80%	56%	34%
Overall Price of Trip	88%	85%	87%	80%	64%	83%
Opportunity to Visit Newfoundland	n/a	97%	94%	100%	100%	100%
Opportunity to Visit Eastern Canada	n/a	81%	82%	n/a	n/a	n/a
Wildlife -birds, whales, caribou etc	79%	70%	70%	93%	89%	100%
To See icebergs	65%	68%	59%	n/a	n/a	n/a
Experience Local Culture	84%	n/a	n/a	100%	97%	92%
Historical Significance	78%	n/a	n/a	93%	84%	84%
Influence of Titanic Story	13%	n/a	n/a	n/a	n/a	n/a
To see Viking Landfall	n/a	n/a	n/a	93%	n/a	n/a
Opportunity to See Labrador	n/a	n/a	n/a	93%	80%	75%
Cruising Close to Home	n/a	n/a	n/a	n/a	n/a	21%

	Regal Empress July 23, 1998	Regal Empress July 22, 1999	Regal Empress Aug 12, 1999	Marine Discovery 1 Sept 22, 2000	Akademik Ioffe 1 Sept11-18, 2002	Akademik Ioffe 1 Sept11-19, 2003
<u>% Satisfied With Ports of Call</u>						
St. John's, NL	99%	97%	99%	100%	100%	100%
Halifax, NS	n/a	100%	97%	n/a	n/a	n/a
St. Anthony, NL	93%	93%	95%	n/a	n/a	n/a
Bonavista, NL	96%	98%	93%	n/a	97%	n/a
Bonne Bay/Gros Morne, NL	n/a	85%	91%	93%	97%	100%
Sydney, NS	n/a	94%	91%	n/a	n/a	n/a
Corner Brook, NL	96%	n/a	n/a	n/a	n/a	n/a
Red Bay, NL	85%	n/a	n/a	100%	n/a	100%
Terra Nova National Park, NL	n/a	n/a	n/a	100%	85%	100%
L'Anse Aux Meadows, NL	n/a	n/a	n/a	100%	n/a	100%
Francios	n/a	n/a	n/a	100%	n/a	n/a
St. Pierre, NL	n/a	n/a	n/a	87%	86%	58%
St. Anthony/L'Anse Aux Meadows, NL	n/a	n/a	n/a	n/a	100%	n/a
Battle Harbour, NL	n/a	n/a	n/a	n/a	n/a	100%
Ramea, NL	n/a	n/a	n/a	n/a	n/a	100%
Cape St. Mary's, NL	n/a	n/a	n/a	n/a	n/a	100%
<u>% Very Satisfied With Ports</u>						
St. John's, NL	73%	73%	69%	87%	53%	58%
Halifax, NL	n/a	67%	60%	n/a	n/a	n/a
St. Anthony, NL	62%	57%	57%	n/a	n/a	n/a
Sydney, NS	n/a	44%	54%	n/a	n/a	n/a
Bonavista, NL	72%	76%	52%	n/a	73%	n/a
Bonne Bay/Gros Morne, NL	n/a	47%	40%	80%	71%	79%
Corner Brook, NL	66%	n/a	n/a	n/a	n/a	n/a
Red Bay, NL	59%	n/a	n/a	87%	n/a	81%
Terra Nova National Park, NL	n/a	n/a	n/a	67%	30%	75%
L'Anse Aux Meadows, NL	n/a	n/a	n/a	87%	n/a	92%
Francios, NL	n/a	n/a	n/a	100%	n/a	n/a
St. Pierre	n/a	n/a	n/a	53%	61%	21%
St. Anthony/L'Anse Aux Meadows, NL	n/a	n/a	n/a	n/a	91%	n/a
Battle Harbour, NL	n/a	n/a	n/a	n/a	n/a	92%
Ramea, NL	n/a	n/a	n/a	n/a	n/a	71%
Cape St. Mary's, NL	n/a	n/a	n/a	n/a	n/a	92%

	Regal Empress July 23, 1998	Regal Empress July 22, 1999	Regal Empress Aug 12, 1999	Marine Discovery 1 Sept 22, 2000	Akademik Ioffe 1 Sept11-18, 2002	Akademik Ioffe 1 Sept11-19, 2003
<u>Most Favourite Port on Cruise</u>						
St. John's, NL	n/a	46%	44%	13%	6%	n/a
Bonavista, NL	n/a	23%	17%	n/a	15%	n/a
St. Anthony, NL	n/a	3%	17%	n/a	n/a	n/a
Halifax, NS	n/a	13%	10%	n/a	n/a	n/a
Bonne Bay/Gros Morne, NL	n/a	10%	6%	13%	35%	17%
Sydney, NS	n/a	5%	6%	n/a	n/a	n/a
Terra Nova National Park, NL	n/a	n/a	n/a	0%	n/a	0%
L'Anse Aux Meadows, NL	n/a	n/a	n/a	13%	n/a	31%
Francios, NL	n/a	n/a	n/a	47%	n/a	n/a
St. Pierre	n/a	n/a	n/a	0%	3%	0%
St. Anthony/L'Anse Aux Meadows, NL	n/a	n/a	n/a	n/a	35%	n/a
Ramea, NL	n/a	n/a	n/a	n/a	6%	13%
Battle Harbour, NL	n/a	n/a	n/a	n/a	n/a	39%
Cape St. Mary's, NL	n/a	n/a	n/a	n/a	n/a	0%
Red Bay, NL	n/a	n/a	n/a	n/a	n/a	0%
<u>Home Porting Extended Stays</u>						
% Extending Stay in St. John's	n/a	n/a	n/a	93%	86%	88%
Average # Nights Spent in St. John's	n/a	n/a	n/a	2.5	2.0	1.95
% Overnighting in St. John's Before Cruise	n/a	n/a	n/a	87%	78%	79%
% Overnighting in St. John's After Cruise	n/a	n/a	n/a	60%	46%	50%
% Extending Stay in NL (Excluding City)	n/a	n/a	n/a	27%	5%	17%

Notes: n/a means the question was not asked or the results were not available.

1. St. John's was the turn around port for passenger changeovers.

APPENDIX “B”

Cruise Ship Visit Profiles Transatlantic and Canada/New England Cruises

Cruise Ship Visit Profiles - Transatlantic and Canada/New England Cruises

	Sagafjord Oct 7, 1994	Europa Jul 10, 1995	Gripsholm Sept 10, 1996	Royal Princess Sept 2, 1999	Maasdam Sept 26, 2000	Maasdam Oct 4, 2000	Amsterdam Sept 4, 2001	Norwegian Sun Sept 22, 2001	Rotterdam Sept 9, 2002	Carnival Legend Sept 17, 2002	Rotterdam Aug 12, 2003	Norwegian Dream Sept 18, 2003	Grand Princess Sept 9, 2004
Geographical Cruise Region	Transatlantic	Transatlantic	Transatlantic	Transatlantic	Canada/New England	Canada/New England	Transatlantic	Transatlantic	Transatlantic	Transatlantic	Transatlantic	Transatlantic	Transatlantic
% Passengers Surveyed	20%	12%	22%	71%	28%	18%	27%	16%	34%	13%	35%	38%	16%
Passenger Origins	U.S. (59%) U.K. (31%) Other (10%)	Germany (91%) Other (9%)	Germany (98%) Other (2%)	U.S. (72%) Can (16%) Other (12%)	U.S. (89.5%) Can (9.5%)	U.S. (92.4%) Can (4.8%) Other (2.8%)	U.S. (97.8%) Can (1.1%) Other (1.1%)	U.S. (88%) Can (5.8%) Other (6.2%)	U.S. (84%) Can (9%) Other (7%)	U.S. (91%) Other (8%) Can (1%)	U.S. (81%) Other (12%) Can (7%)	U.S. (87%) Can (10%) Other (3%)	U.S. (78%) Can (15%) Other (7%)
# Passengers on ship	369	546	521	1,146	1,234	1,237	1,320	1,771	1,212	2,052	1,217	1,621	2,559
Ave. # Previous Cruises	14.0	9.0	8.0	10.9	4.9	6.4	13.8	12.5	14.5	10.1	14.4	10.5	10.9
Visited St. John's Before	5.0%	12%	8.0%	11%	6%	3%	10%	11%	22%	7%	n/a	n/a	n/a
Visited NL Before	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	26%	14%	13%
Cruised Alaska	n/a	n/a	n/a	76%	76%	80%	80%	71%	80%	53%	81%	75%	77%
Cruised Eastern Canada	n/a	n/a	n/a	35%	21%	12%	32%	29%	36%	20%	35%	34%	27%
Cruised Northern Transatlantic	n/a	n/a	n/a	n/a	18%	15%	47%	36%	53%	20%	n/a	n/a	n/a
Cruised Transatlantic	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	69%	57%	59%
<u>Group Composition</u>													
Husband/Wife	60%	62%	48%	74%	62%	60%	75%	64%	65%	59%	66%	65%	62%
Family/Friend(s)	28%	23%	25%	23%	35%	36%	19%	32%	31%	36%	25%	32%	36%
Alone	12%	15%	27%	3%	4%	4%	6%	4%	4%	5%	9%	3%	2%
Age 60 years or more	79%	58%	79%	81%	80%	75%	89%	70%	86%	65%	75%	78%	78%
Household Income	\$100,000+Can (53%)	\$100,000+Can (68%)	100,000+ DM (11%) or \$67,000 Can	\$75,000+ U.S. (60%)	\$75,000+ U.S. (54%)	\$75,000+ U.S. (51%)	\$75,000+ U.S. (83%)	\$75,000+ U.S. (74%)	\$75,000+ U.S. (82%)	\$75,000+ U.S. (68%)	\$75,000+ U.S. (63%)	\$75,000+ U.S. (47%)	\$75,000+ U.S. (81%)
Average Expenditure Per Passenger In City	\$35.14	\$58.00	\$32.35	\$62.12	\$58.41	\$43.33	\$61.59	\$58.96	\$75.30	\$96.23	\$53.60	\$83.40	\$62.29
% that shopped	n/a	n/a	n/a	91%	82%	76%	92%	91%	84%	88%	86%	89%	85%
Direct Economic Benefit Per Passenger	\$120.00	\$137.00	\$92.00	n/a	\$105.17	\$88.27	\$113.67	\$101.28	\$120.70	\$153.02	n/a	\$141	\$118.92
Total Vessel Impact	\$44,310	\$75,000	\$47,720	n/a	\$129,783	\$109,191	\$150,039	\$179,361	\$146,288	\$313,974	n/a	\$228,069	\$304,308
Most Popular Highlight of Visit to St. John's	Signal Hill	Signal Hill	Signal Hill	Signal Hill	Signal Hill	Signal Hill	Signal Hill	Signal Hill	Signal Hill	Friendliness	Signal Hill	Signal Hill	Signal Hill
% Passengers Surveyed Who Took Shore Excursion	55%	65%	84%	60.1%	73%	67%	68%	51%	52%	54%	52%	62%	55%
Tour Company Utilized for Shore Excursions	I.H. Mathers Halifax, NS	Harvey's St. John's, NF	I.H. Mathers Halifax, NS	I.H. Mathers Halifax, NS	I.H. Mathers Halifax, NS	I.H. Mathers Halifax, NS	I.H. Mathers Halifax, NS	DRL Vacations St. John's, NL	I.H. Mathers Halifax, NS	DRL Vacations St. John's, NL	Atlantic Cruise Ship Services Halifax, NS	Atlantic Cruise Ship Services Halifax, NS	Wildland Tours St. John's, NL

	Sagafjord Oct 7,1994	Europa Jul 10, 1995	Gripsholm Sept 10, 1996	Royal Princess Sept 2, 1999	Maasdam Sept 26, 2000	Maasdam Oct 4, 2000	Amsterdam Sept 4, 2001	Norwegian Sun Sept 22, 2001	Rotterdam Sept 9, 2002	Carnival Legend Sept 17, 2002	Rotterdam Aug 12, 2003	Norwegian Dream Sept 18,2003	Grand Princess Sept 9, 2004
% Indicating Travel Motivator Important													
Opportunity Visit St. John's, Nf	n/a	n/a	n/a	n/a	92%	83%	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Natural Environment/Scenery	n/a	n/a	n/a	n/a	88%	87%	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Opportunity to Visit Canada	n/a	n/a	n/a	n/a	84%	82%	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Too See Fall Foliage	n/a	n/a	n/a	n/a	78%	84%	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Experience NF Culture/History	n/a	n/a	n/a	n/a	76%	73%	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Safety of Ports of Call	n/a	n/a	n/a	n/a	69%	63%	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Overall Price of Trip	n/a	n/a	n/a	n/a	68%	65%	n/a	n/a	n/a	n/a	n/a	n/a	n/a
% Satisfied With Port of Call to St. John's, NL	92%	85%	99%	98%	n/a	99%	99%	100%	99.5%	100%	98%	99%	98%
% Very Satisfied With Port of Call to St. John's, NL	n/a	n/a	n/a	68%	n/a	42%	79%	75%	85%	78%	70%	76%	76%

Notes: n/a means the question was not asked or the results were not available.